

pilot light Greg

lar tea is best under the sun

I could have entitled it Dr. Tea's So-lar Journal: notes and formulas scrawled in ballpoint pen over 13

lar Journal; notes and terminas scrawled in ballpoint pen over 13 months.

After 15 experiments, 51 hours of sunlight, nearly 29 quarts of water and 110 tea bags, I've come up with the best loced tea under the sun.

The refreshing results didn't come easy. The sun didn't always cooperate and Mother Nature sometimes drizzied on my parade of tea concocilons, I often drank my mistakes when they weren't dribbied down the kitchen sink.

Each experiment began the same way; wide-mouth solar tea jar filled with water, from 30 ounces to just under two quarts, tea bags immersed in water, tags removed, jar placed in back yard under sun, from four to six humans and the same consequences of the same consequences.

back yard under sun, from four to six hours.

Each experiment ended the same way: tea bags squeezed against inside of Jar, then discarded, cold tap water added, except on several occasions; tee cubes popped into tall glass, followed by the cold of the several consecutions of the cold of the cold of the several or several occasions, altred in I used regular and family-size tea bags. I used all three types of tea, but mostly relied on the plain black tea available at every store; orange pckoe. I tried flavored tea, the mint variety, I even sampled expensive herbal tea, which for years has been popular in Europo.

BY EXPERIMENT No. 7, I arrived at the correct amount of water to use:

one quart for the tea to brew in, one quart to altr in.

By experiment No. 8, I had the solar time down pat: 4th hours. I learned that constant bright smallght wasn't required. While an overcast sky that produced cool breezes inhibited brewing, passing clouds didn't—a lang as the temperature was warm.

By experiment No. 12, I deduced that nine regular-size tea bags produced the best results.

By experiment No. 15, I was sure I had the correct blend of tea for the best flavor-orange pekoe and mint.

I also made several other discoveries: The best time to brew solar tea is between noon and 5 pm. Family-size tea bags offer less leeway to experiment for taste. It takes less artificial swectoner to sweeten tea than sugar. There's no need to refrigerate tea until retiring for the night. Good iced tea shouldn't cost more than three cents a glass.

The biggest disappointment came

glass.
The biggest disappointment came The biggest disappointment came during experiments No. 10 and No. 11. I tried herbal tea for the first time. I purchased a brand that promised to be especially nice over ice. The ingredients included hibiscus and chamomile flowers, spearmint and peppermint leaves, orange and lemon peel, rose hips and cinamon.

Nice Over Ice contained no artificial coloring, no artificial flavoring, no preservatives and no calfelne. Unfortunately, it didn't taste like tea.

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Now, without futher glowing reports, I present the best iced tea under the

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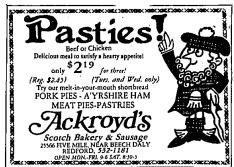
Limit 6

GROVES ORANGE JUICE

1/2 GALLON

Fill wide-mouth jar with one quart cold tap water, immerse nine tagless regular-size ten bags — nine orange pekoe or one mint flavored and eight orange pekoe — screw on ild and place under aun 4½ hours. Remove lid, squeeze tea bags against inside of jar

and discars, one was a way water and let stand five minutes. Fill leed tea glass three-quarters full with ce cubes and pour in tea, leaving space for several more cubes. For plain tea, sitr in sugar or sweetner and lemon juice. For mint-flavored (ea, just stir in sugar or sweetner.



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