creative living

Her gourmet cooking and writing begin in the garden

"It's a pretty standard vegetable garden for someone who lives in the country, but I don't think you'll find one like it in the city," said Molly Hudson, who maintains a thriving vegetable garden at her Wimbleton Road home in the heart of Birming-ham.

Road home in the heart of Birmingham.

Her garden grows cucumbers, squash, eggplant, broccoll, lettuce, peas, carrols, beets, raspberries, peas, carrols, beets, raspberries, peas, carrols, beets, raspberries, can shake a garden hose at.

"You can grow a lot of food in the city," Budson said. "This garden feeds my family, my mother's family, several of my friends and my mother's friends."

Herba are a specialty, Hudson has the company of the special pease of the company of the compa

thers, all of which are used in Hud-on's gourmet cooking creations.

son's gourmet cooking creations.

THE COOKING came first, then the garden, Hudson said. Then this year Hudson formed a partnership with Young Gill, former owner of Tweepy's Cafe in Birmingham. Together they publish "The Food Entustast," a newsletter circulated among gourmet cooks nationwide. Hudson experiments with many of her garden products — "sometimes you have to experiment with heers to find out what they are," she said — before writing about how to prepare them in the newsletter. She said the newsletter officer a cooking class by mail. It gives lagredients, recipes but also experiment of the cooking class by mail. It gives lagredients, recipes but also explains methodologies of how to prepare foods.

"It progresses beyond the level of written recipes and gives (readers) access to a teacher when they don't have a teacher."



Molly Hudson's in-town gardek provides produce for friends and relatives as well as for her own family. In addition, it offers the freshest resources imaginable for her national newsletter, "The Food Enthusiast."

is an invaluable addition to the suc-cess of the newletter. "I realize it's not an inexpensive subscription," Hudson said of the newletter's cost of \$29 per year for 12 issues. "But it's a quality product with an upscale format, and it's typeset and illustrated, too."

HUDSON'S GARDEN "started with six tomato plants; then, in 1977, we dug the predecessor of the big vegetable garden and planted an herb garden and wildflowers," Hud-

niais and a kitchen herb garden followed.
"Owning a garden is like owning a sailboat," Hudson said. "As soon as you get one, you want one that's bigger."
The garden won't growb bigger anymore, however. Hudson, who works for Campbell Ewald advertising, is being transferred to New York City in the fail.
"I'm happy about the move," said Hudson, whose husband, Arnold Rosen, aiready lives in New York—near 57th Street and Third Avenue.
"The City's impossible," Hudson said, explaining that she would not

try to grow vegetables in town. In-stead the couple are looking for a country home in rural sections of New Jersey or Connecticut, where she can start another garden. The transfer date will allow her ample time to harvest this year's crop.

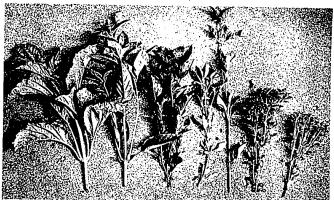
crop.

"IT'S MY IDEA of the best time to move because I can get the most out of this gardening season and be

in a new place to get the most out of the new planting season."
Although Hudson will be leaving her Birmingham garden behind, she won't be uprooting quite all of it.
'I have belthour flowers, iris and peonles, that belonged to my mother and my grandsmother, who came the distribution of the control of the land distribution." Hudson said. 'Til tale distribution to the East Coast with me.

Staff photos by Mindy Saunders





To illustrate the variety in even one herb such as basil which Molly Hudson has in her garden, she lined up a sampling. The types of basil are (from

Restoration

Builder/author loves old, abandoned houses

Arthur Wood Landry loves old bouses the way other people love prize race borses, diamonds or rare jade.

'I feel an old house has a lot to say. Somehow an old, abandoned, empty house is a sad thing to see. . . My heart reaches out for those old houses. When I pass one (along the read), I have to go back. God, when they tear them down, it hurt. I hate that."

A former Bloomfield Hills resident, now living in Cheboygan, Landry, long an expert removator of old houses, has taken his love a step further.

His first book, "Restoration of Old Houses," will be out about Aug. I. It is published by Skerling Publishing of New York, and the soft cover book sells for \$4.95.

working on the restoration of 200 houses in this metropolitan

Eventually I want to get to where I can buy a whole block and fix it up the way it should be. My reputation is such now that I can get investors.

- Arthur Wood Landry

area and continuing with the many he has done in and about the Cheboygan area where he has lived since 1974. Landry took all of the pelotographs and did all of the delagrams for the book.

LANDRY grow up in Bioomnfield Bills, attended St. Huge grade school, Sarine High School and the University of Dertoit. He said it took a while for him to do what he had always wanted to do, learn carpentry.

"I had always loved old houses and if they were run down and abandoned, I

he died, I was going to tell him I had dedicated the book to him, but I didn't because I wanted it to be a surprise. He was a wonderful person. He helped me more than any one In my life."

It was Fisher who helped Landry find his first house to restore in Che-boygan — a run-down, four-bedroom structure which he bought for \$6,000 at no money down and \$75 a month."

HE PAID \$1,000 for his own house in Cheboygan and it took him 10 months working full time to restore it. While Landry occassionally builds custom houses, be prefers restoration. "It's extremely creative and one of the most rewarding things I've ever done."

one."

He continued, "Eventually I want to to the to where I can buy a whole block and fix it up the way it should be. My sputation is such now that I can now

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When Arthur Landry of Bloomfield Hills finally took the hammer by the handle and became a carpenter, it opened up a world of excitanent and satisfaction for him — not to manifer assertion. mention several suc