

## 'Life blood' of activities

# Volunteers brighten nursing home scene

Continued from Page 1

LYNN BULMAN, 35, of Farmington said she volunteers her time at Oakhill because she "likes the people."

But Bulman will be quitting shortly as she is moving out of state. "They need friends to talk to, because they don't have families," she said. "I'll miss the people that I've made friends with."

Karmanski and Gallesero break volunteers down into three categories — young, middle aged and senior citizens. Some volunteers work one-on-one with residents by visiting and talking; some help in group activities, and others feed residents unable to feed themselves. All the volunteers tap their own individual talents. Some are good conversationalists. Some are good listeners.

"The young people come because they think it may be something they may want to do in the future," Gallesero said. "This could be ideal for

them as they get to see if it's what they expect."

Some of the volunteers, friends and family of a resident got started by branching out and talking to other residents.

KARMANSKI estimated that only 5 percent of the residents have a family which takes them out of the home. The rest of the residents depend on the volunteers and their programs to get them out of their rooms and around other people.

"Most just stay here, and when the volunteers talk about their families and the outside world, they bring that word to the people," Karmanski said. "It brings back memories for them."

Williams said she usually visits about 15 residents and receives different responses from each.

"One lady is always asking for help, and she always says, 'Please help me, and when I do help, I think she really appreciates it,'" Williams said.

Continued from Page 1

United States, according to national statistics.

**NATIONWIDE, APPROXIMATELY 3.3-million teens are alcoholics, 60 percent of the people killed in drunk driving accidents are teen-agers and 30,000 teen-agers are killed annually because of drunk driving. More than 4,000 groups similar to FFIA have mushroomed across the nation to deal with these problems.**

The Farmington Area Advisory Council Inc., which counsels between 700 and 900 individuals a year (primarily teen-agers between 15-17 years old), in conjunction with the Birmingham/Bloomfield Families in Action pushed to get the group started in the Farmington area.

"We find a lot of similarities in the equally split numbers of male and female abusers — many come from homes where parents are abusing alcohol or other substances, some are trying to escape and sometimes they're dealing with low self-esteem," according to Jane Reiser Williams, education director at Farmington Area Advisory Council Inc.

**WILLIAMS SAYS** there are a lot of myths about drug abuse and most people don't realize that drug

abusing teen-agers come from all types of homes and social status. She says most people would be amazed by the following statistics:

• Four-million youngsters in the United States between 12 and 17 years old smoke marijuana.

• Street pot is 10 times stronger now than it was a decade ago.

• Marijuana smoke contains 70 percent more carcinogens than tobacco smoke.

• Approximately 33 percent of high school seniors use alcohol 50 times or more a year.

• About 19 percent of the 14- to 17-year-old teenagers are serious problem drinkers, which is defined as drinking at least once a week and consuming five to 12 drinks in a single occasion.

Peer pressure among teen-agers is the strongest influence affecting abuse, according to Williams. Parents and youngsters often aren't to blame, she said.

"The peer pressure is sometimes stronger than anything we can give them in value standards, and it depends on the child's independent making if they can deal with it," Williams said.

**FFIA WANTS** to control the prevalent drug-abused parties where alcohol and other drugs are commonplace, and usually abused, Nicolson said.

If the parents involved in the FFIA find a teenager who has a problem, then they are encouraged to contact agencies like the advisory council for its intervention, advice and information.

FFIA is trying to raise money to fund a town hall meeting 7:30-9:30 p.m., Thursday, October 20, 1983, at Harrison High School.

The panel will consist of community leaders who will be asked to speak for three minutes about their professional involvement in alcohol and drug abuse among teen-agers. Members will be invited to ask questions at the meeting.

## Listen to WCXI

FM-92 AM-1130

Sunday, August 21 - 7 A.M.

**EARL K. BOGRAW, D.D.S.,** a Southfield dentist will discuss **PREVENTATIVE DENTISTRY and DENTISTRY FOR CHILDREN**

...the most economical and least painful treatment

For Further Information  
CALL 568-5808  
18591 West 10 Mile  
Southfield

**Alan Barnes'**  
**WALNUT LANE FARM**

- TRAIL RIDES
- SUNSET RIDES
- BREAKFAST RIDES
- All Day Rides (by Appointment only)

\$5<sup>00</sup> off with this ad

**ENGLISH & WESTERN RIDING LESSONS**  
3028 Cooley Lake Rd., Milford, 350-1944  
(Just 15 Min. from W. Bloomfield)

**GET CARRIED AWAY IN STYLE**

**GOURMET BALLOONS**  
Continue to DECORATE YOUR PARTY in the style you've been accustomed to.

**661-9331**

**Gourmet balloons**

Our balloon bouquets are still the best in town (LOCAL OR NATIONWIDE)

## LIVONIA JEWISH CONGREGATION

31840 W. SEVEN MILE ROAD



### SUNDAY SCHOOL

Providing a Jewish Education for your children

### ANNOUNCES

### REGISTRATION SUNDAY

SEPT. 4 10 A.M.-12 Noon

Classes Begin

Sun., Sept. 11

For additional information call

474-3642

### HIGH HOLY DAYS SERVICES

Sept. 7-9, 16 & 17

Rabbi Martin D. Gordon

Officiating

Dr. Jay Azneer

Cantor

Tickets on Sale Sept. 4 only at

Livonia Jewish Congregation,

10 A.M.-12 Noon

For additional information, call

471-7389, 474-5557 or 525-4277

## INTERNATIONAL JEWELRY EXCHANGE

(NEW YORK - FLORIDA - LOS ANGELES COMES TO SOUTHFIELD)

Your favorite jeweler invites you to participate

### 4 DAYS ONLY

AUGUST 18TH, 19TH, 20TH & 21ST

SIZE ANY RING

ONE SIZE SMALLER

FREE NO PURCHASE NECESSARY

### GUESS THE WEIGHT CONTEST

WIN

\$500 CASH

NO PURCHASE NECESSARY

BY POPULAR REQUEST

### OMEGA WATCHES

35% OFF

SUGGESTED RETAIL ALL FACTORY WARRANTED

Let your favorite jeweler remount your diamonds or birthstone in a beautiful pendant setting. White or yellow gold.

At the exciting, new **INTERNATIONAL JEWELRY EXCHANGE**: Expert Jewelry Repair • Master Watchmakers • Fine Exquisite Antique Jewelry • G.I.A. Appraiser • Diamond Setting Specialist • Clock Repair Specialist • You will find your favorite jeweler in more than 30 mini stores under one roof. Complete selection of 14KT and 18 KT GOLD JEWELRY.

### INTERNATIONAL JEWELRY EXCHANGE

29758 Southfield Road • SOUTHFIELD PLAZA

1/2 Mile North of 12 Mile Road Hrs.: Daily 10-9

PHONE: 424-9190 Sun. 11-5

**Make 'em yourself for less.**

**FRESH-BAKED PIZZA SHELLS**

**SPECIAL 69¢ 1/2 doz.**

Reg. 99¢-1/2 doz. Offer good until Thursday, August 25, 1983. Limit 2 dozen per family while quantities last. Shell size approx. 7".

"You'll come in for the price... You'll come back for the taste."

**BUNS MASTER BAKERY**

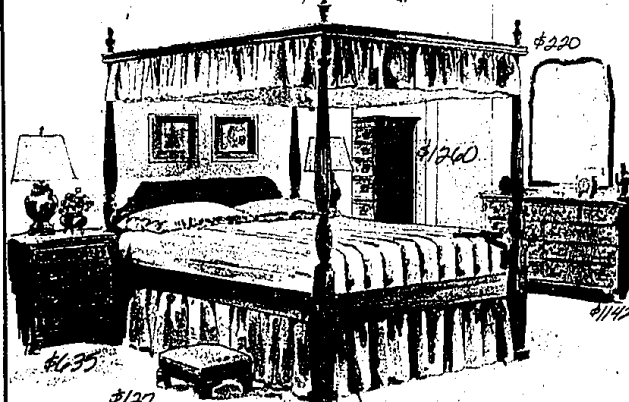
24370 W. TEN MILE • SOUTHFIELD 353-8060

Mon.-Thurs. 10-6; Fri.-Sat. 9-6; Sun. 9-4

**BAKED FRESH DAILY - OPEN 7 DAYS A WEEK**

Now over 100 locations to serve you

## Wiggs presents the Summer Storewide Sale that'll make you suite on us.



### American Masterpiece Bedroom and Dining room suites 20% off!

Right now, during Wiggs' Spectacular Summer Sale, you can save on magnificent 18th century pieces for the bedroom, dining room, and living room, from the American Masterpiece Collection by Hickory. Each piece features the authentic Queen Anne and Georgian period design and rich hand-finished Honduras mahogany that have made the American Masterpiece Collection famous. Each piece, with its exquisite carvings, solid brass hardware, and detailed inlays, reflects the "Golden Age of Furniture" and Wiggs quality.

Don't miss your chance for sizzling savings on American Masterpiece bedroom and dining room suites by Hickory and other beautiful top-quality home furnishings during Wiggs' Spectacular Summer Sale. It's the kind of Summer Sale that'll make you suite on Wiggs!

**SPEND YOUR SUMMER AT**

**Wiggs**

MasterCard, Visa  
Wiggs charge.

4080 Telegraph Rd.  
Bloomfield Hills, MI 48303  
244-7370

Hours: Mon. Thurs. 9:30-9:00  
Tues. Wed. Sat. 9:00-6:00

Your headquarters for Beauty Rest mattresses.