

## obituaries

## MICHAEL D. BONNER

Michael, four month old son of David and Christine Bonner, died Oct. 5 in Redford Community Hospital.

Other survivors include his grandparents, Howard and Marlene Bonner, and Donald Thompson and Juanita Nitz.

Services were Oct. 7 at the Heene-Sundquist Funeral Home, Farmington, with the Rev. Jeffrey Dinsler officiating. Burial was in Glen Eden Cemetery, Livonia.

## THOMAS CHAPMAN BECKER

Mr. Becker, 65, of Farmington Hills died Oct. 7.

Born in Missouri, Mr. Becker was a custodian for the Clarenceville Schools. He was a member of Redford Moose Lodge.

Survivors include his wife, Ida; daughters, MaryAnn Cross and Ida May Selwick; sister, Mildred Gilliam; five grandchildren and one great-grandchild.

Services were Oct. 10 at the R.G. & G.R. Harris Funeral Home, Farmington, with Dr. V. Henderson officiating. Burial was in Mt. Hope Cemetery, Livonia.

## NELSON E. HAMMOND

Mr. Hammond, 76, of Farmington Hills died Oct. 7 in Botsford Hospital, Farmington Hills.

Born in Michigan, Mr. Hammond was a sheet metal worker for Local 80. Survivors include his wife, Addie; daughters, Phyllis McDonald and Carole Ford; brothers, Elmer and Robert; four grandchildren.

Services were Oct. 10 at St. Paul's Lutheran Church of Farmington Hills with the Rev. Ralph Unger officiating. Burial was in Glen Eden Memorial Cemetery, Livonia. Arrangements were made by the Heene-Sundquist Funeral Home, Farmington. Memorials may be made to St. Paul's Lutheran Church.

## JOSEPH M. ZILINSKY

Mr. Zilinsky, 93, of Farmington died Oct. 9 in St. Mary's Hospital, Livonia.

Born in Forest City, Pa., Mr. Zilinsky worked for Chrysler, retiring in 1955.

He was a life member of D.A.V. No. 60, Survivors include his daughter, Frances Hoelger; sister, Julia Dangel; a brother, Frank; four grandchildren and six great-grandchildren.

Services were Oct. 12 at the Thayer-Rock Funeral Home, Farmington. Mass was said in Our Lady of Sorrows Catholic Church with the Rev. Kean Cronin officiating. Burial was in Holy Sepulchre Cemetery, Southfield.

## DORORES CAWSON

Mrs. Cawson, 77, of Livonia died Oct. 12 in Botsford Hospital, Farmington Hills.

Mrs. Cawson worked for Grinnell Music Company.

Survivors include her husband, Alfred; sons, Ed and Ted Mazurek, Gene Fraser, Al Jr. and James; daughter, Maxine McDonald; 20 grandchildren and 13 great-grandchildren.

Services were Oct. 14 at the R.G. & G.R. Harris Funeral Home, Livonia, with the Rev. Foster Howard officiating. Burial was in Parkview Memorial Cemetery, Livonia.

By Judith Doner Berne  
staff writer

A craggy-faced pediatrician, who treats serious parenting with a sense of humor, charmed an estimated 1,100 parents who turned out for the sixth annual Alicia Joy Teshner Memorial Parenting Conference last week.

He gave them all food for thought. Dr. Lendon H. Smith, an Oregon pediatrician and father of five, is known for seven best selling books and frequent television and radio appearances.

He linked behavior to nutrition — in both children and adults — to the audience which filled the main sanctuary of Temple Israel, West Bloomfield.

Smith surveyed the child's growth and development and promoted a balanced, low-sugar diet, supplemented by vitamins.

YOUNGSTERS WHO have a pattern of good and bad days, sleep either too deeply or too lightly, are excessively ticklish or exhibit rhythmic tension (shaking a leg, banging their head, etc.),

can be helped by changing their diet, he said.

Excessive sugar is responsible for the Jekyll-Hyde behavior and the uneven sleep patterns, Smith said. "It looks like you can handle stress better if your blood sugar is even," he said. "Pectins and fiber keep everything at a level — that's what we're after."

He spiced up the normal growth and development of the child speech with anecdotes and wit.

The utter dependency of the newborn on the parents has its rewards, he said. "When you get old, they come back and take care of you."

He advocated having grandma and grandpa make frequent visits when the baby is 3-5 months since he/she "smiles at anyone," having learned to trust the person who's feeding them.

THAT SAME trust may backfire at 13, he interjected. "That's when you trust your peer group and find you're hooked on something."

The child's fear of separation sets in about 9-10 months, he said. "It's very important that the mother not die when

the baby is this age."

When the baby is 15 months and into temper tantrums, Smith said that every family should have "at least three rooms" for parents to flee to.

"At 18 months, they learn to say 'no,' because it's all they've heard."

"I'm 2, I'm supposed to whine," comes next and lasts a whole year, Smith warned. He advised that the growth rate has slowed down and "they don't eat much. Give tiny portions. Let the child ask you for more."

HE DESCRIBED 3- to 5-year-olds as "the lying, cheating, stealing age — they're getting ready for adolescence."

From 5-7, they're into dirty words. "They're finding their way" from 6-12, he said. "They need to be successful

in something they do."

He recalled that he wasn't good at sports — big at this stage — and still was bedwetting. "My mother kind of held me together." She turned him on to stamp collecting and took the blame for the wet bed, saying she shouldn't have given him so much to drink the day before.

Come adolescence, "they need to hear good things twice as much as bad," he cautioned.

When it comes time to leave home, they work on "what they can do to bother their parents. Don't be too nice or else he'll never leave home," he warned, remembering his wife forever picking up the wet towels after one of their five children.

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