

Time can be on your side

Shortcut cooking with imagination can reward you and your family with delicious meals in a hurry. With help from some clever convenience foods found in your freezer, these two terrific one-dish meals are quick and tasty suppers even on your busiest days. And both distinctive entrees include chicken, a popular and economical source of protein today.

The Chicken and Broccoli Bake is a combination of family favorites. Start with a package of frozen broccoli spears, top with chicken patties and bake. Cover with American cheese slices and heat until melted. Garnish with crisp bacon curls and watch how the aroma brings the family to the table. Toss together a salad and your dinner is served.

Delicious Chicken Parmigiana features tender breaded chicken sticks. Simply sprinkle with shredded mozzarella cheese and top with spicy tomato sauce. Add more cheese and bake until bubbly hot and

mouthwateringly delicious.

Don't assume you have to be rushing against the clock to serve these time-saving recipes. You'll want to be sure to add them to a variety of menus for delicious dining your family and friends can take time to enjoy.

CHICKEN AND BROCCOLI BAKE

1 package (16 oz) frozen broccoli spears
1/4 cup water
1 package (12 oz) frozen prepared breaded chicken patties
3 slices pasteurized process American cheese
4 slices bacon, crisp-cooked or cooked in curls

Place frozen broccoli under hot water until spears can be separated in 1 1/4 quart round baking dish, place broccoli spears around the bottom with the stems pointing

toward the center. Pour water over broccoli; place patties on top. Bake in 400° F oven 30 minutes or until hot. Overlap cheese slices on top of chicken patties and bake an additional 5 minutes. Garnish with bacon. Makes 4 servings.

CHICKEN STICKS PARMIGIANA

1 package (12 oz) frozen prepared breaded stick-shaped chicken patties
1 cup (4 oz) shredded mozzarella cheese, divided
1 can (8 oz) tomato sauce
1 cup crushed pineapple leaves
1 tsp dried minced onion
1/2 tsp garlic powder
Dash pepper

In 8-inch square baking dish, place chicken sticks in single layer. Sprinkle 1/2 cup cheese on top. In small bowl, combine tomato sauce and spices; pour over chicken. Sprinkle remaining 1/2 cup cheese on top. Bake in 400° F oven 25 minutes or until hot and bubbly. Makes 4 servings.

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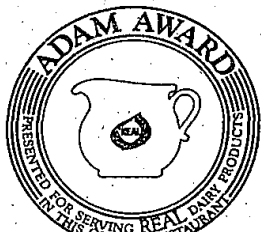
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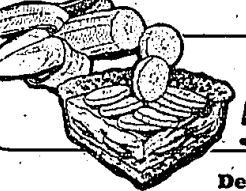
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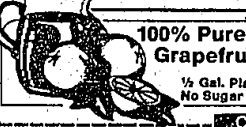
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Potato Salad, Macaroni Salad ... 59¢ lb.
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