## Check out a man's wardrobe, notice the colors and textures that he likes best and pick the tie to suit his personality Achoo -

Christmas trees can produce wheezing, says Dr. Paul J. Munzenberger, chairman of the the Child Lung Health Committee of the American Lung Assolation of Southeastern Michigan (ALASEM).

For more than 2 million children un-der the age of 17 who have asthma, the Christmas season harbors a number of

carrimas season narcors a number of allergens that can bring on an attack. First, is the seemingly harmless Christmas tree. Mold often begins to ac-cumulate on the branches especially if the tree has been cut several weeks before. When the tree begins to dry out, the mold spores are released. The spores

Luggage, lamps, leotards

Mittens, mufflers

are an altergen for many people, says

"He sure to pick your gifts for the as there to pick your gifts for the asthma sufferer carefully." Munzen-berger adds. "Pets often are poor gifts, since their skin flakes and fur are highly allergenic. Stuffed toy animals, too, an produce an episode. They retain dust and can become a home for the house dust mite."

The Lung Association warns that all clothing should be washed before it is put on for the first time. The finishing materials used by the manufacturer can be potent alergens.

Xmas trees, xylophones

Yarn, yogurt makers

hristmas

Art supplies, alarm clocks Night lights, note paper Books, bicycles, bears Overcoats, office supplies Crafts, cameras, candy Paints, pillows, perfume Dolls, dishes, decorations Quilts, quilting kits Electric appliances, eggnog Radios, records, razors Figurines, flowers, Min Slippers, sweaters, fudge shavers 🌎 Games, gloves, glasses Toys, towels, tools, Hair dryers, honey, hats : Utility cabinets, Irons, ice skates, umbrellas imports Vests, vacuum Jackets, jewelry, juicer cleaners Kitchen utensils, knits Watches, woolens, wagons

Zodiacs,

zithers,

zebras?

Thursday, November 24, 1983 Christmas Gift Guide

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