

Remembering Thanksgiving

It is always a shocker to wake up to the first snow. We know that our wise, feathered friends have been preparing for the season and it is your responsibility not to forget them with feeders. Evergreens are a bird's best friend as a shelter from the cold and wind.

With the Thanksgiving season coming so soon you are probably remembering the joys of your early family gatherings.

I was brought up in the Northern High School area and from far and near the clan would gather.

I remember the scents of the cooking turkey and how the children were checked over for growth since the previous year? The adolescents were quizzed as to school progress and plans for college.

THE MEMORIES continue. The table was set with "the best" tablecloth and the family silver. There were large dishes of vegetables, cranberry sauce, and the Kluge was the golden breast-turkey with the aroma of sage dressing.

This description of Thanksgiving should stand on the telephone to crystallize your Thanksgiving list to



down to earth
Alice Burlingame

gather in those who yearn to share your happiness this special season.

After Christmas a pilgrimage to the southern states may be in your future. If you have an interest in art and are driving south you might like to look up Brookgreen Gardens, which is on Route 17, 18 miles south of Myrtle Beach.

It is a garden museum of American sculpture. Each displayed piece has its own appropriate garden setting. The landscaped site dates to the mid-1700s. Around 1930 the site was secured by Mr. and Mrs. Arthur M. Huntington.

As she was an artist and sculptor she could visualize the site as a garden park for choice sculpture, specializing in animals in a natural habitat.

THERE ARE winding open-work brick walls to define the grounds. More than 300 works are exhibited on the grounds. The quality of the plant material

is an important plus for the grounds. Your columnist has been there twice and found that part of the country well worth the stop. There are many fine accommodations for travelers.

Here are some horticultural tidbits to enrich your conversations. Plants in a room or hospital give off oxygen in the daytime and at night reverse themselves to give off a small amount of carbon dioxide.

A nurse walking into the room to remove plants or flowers releases 100 times as much CO₂ as plants or flowers.

In Germany, they made a study of the value of plants in an office. When workers are surrounded by plants they are happier than those without plants. As people spend 80 percent of their life indoors, "interior ecology" is important for psychological well-being.

More than 100,000 trees are needed to cancel the pollution of one jet making a round trip from New York City to Los Angeles.

Gardening is a waist-shrinker, a weight-reducer and a sleep inducer — a painless way to control the waistline. For one hour's work in the garden you use up more calories than you do by cycling or walking.

Share these facts for conversation at the Thanksgiving dinner table. Show your smarts.

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