

## WRIGLEYS

after every meal

Cleanses mouth and teeth and aids digestion. Relieves that over-eaten feeling and acid mouth.

Its 1-2-3-4-5-6 Flavor attracts the craving for sweets.

Wrigley's is double value in the benefit and pleasure it provides.

Served in its Purify Packages.



The flavor lasts

## Waiting for You

With a book of New Style Yacht Club Salad Dressing in the house a new salad delight awaits you.

Yacht Club has been a favorite for 35 years. It is mild, rich and creamy—always ready—always good. Get a book of New Style Yacht Club Salad Dressing in the house a new salad delight awaits you.

## YACHT CLUB

New Style SALAD DRESSING

Charles E. Harrington, Inc. Chicago, Ill.



## PLANTS SEEDS RIGHT

\$1.95



THE HARRISON GARDEN PLANTER plants all garden seeds—mild to hot, early and late, and all sorts of flowers, fruits and vegetables. It is a real money-maker for the home gardener.

Write for Catalog and Order Form. Direct from the source. HARRISON MFG. CO., Van Nuys, California.

## Kill All Flies!

THEY SPREAD DISEASE. Kill all flies. That does prevent, repel and kill all flies. It is a real money-maker for the home gardener.

Write for Catalog and Order Form. Direct from the source. HARRISON MFG. CO., Van Nuys, California.

## No Fee for That

Costroom Boy (anger)—Check anything, sir!

Crusty Gentleman (passing by)—Yes, your enthusiasm—Boston Transcript.

## Shake Into Your Shoes

And sprinkle in the footbed Allen's Foot-Ease, the antiseptic, healing powder for Tired, Swollen, Smarting, Sweating feet. It takes the friction from the shoe, prevents blisters and sore spots and takes the sting out of corns and bunions. Always use Allen's Foot-Ease to break in new shoes and enjoy the bliss of feet without an ache. Those who use Allen's Foot-Ease have solved their foot troubles. Sold everywhere. The big package and a Foot-Ease Walking Doll sent Free. Address Allen's Foot-Ease, Dr. Roy, N. Y.

## Impractical

She was in an imaginative mood. "Henry, dear," she said after talking for two hours without a stop, "sometimes I wish I were a mermaid!" "It would be fatal," snapped her husband.

## Famous Man Recommends

Dodd's.



DR. HERBERT M. HILL, Analyst and Consulting Chemist of Buffalo, N. Y., said of Dodd's Pills, a definite statement to the kidneys, and I find them free from all harmful-forming drugs. I am certain that they are valuable for the purpose intended when taken according to directions. I have low blood pressure. Get relief from your aches and pains. Every drug store sells Dodd's Pills. Or, direct from Dodd's Medicine Co., N. Y., 100 N. 3d St., Buffalo, N. Y.

## Dodd's Pills

Drives Stimulant to the Kidneys

W. N. U., DETROIT, NO. 20-1924.

## The KITCHEN CABINET

(c. 1924, Western Newspaper Union.)

I must go down to the sea again, stop of the long day, and the sea is a star to steer her by; and the wind is the wheel's heart; and the white sails are the wings of the wind; and a gray mist on the water's face and a gray day on the water's face.

—John Macaulay.

## THE FOUNDATION SAUCE

The foundation sauce for all creamed soups, sauces for escalloped dishes, soups and croquettes may be kept in mind so that there will be a right proportion of thickening for each dish to be served.

When preparing soups or thin sauces, the one-to-one proportion is used—one cupful of liquid to one cupful of flour and butter. This proportion is used for all soups, escalloped dishes, as well as most meat sauces. These sauces are made by melting one cupful of butter and one cupful of flour in a saucepan, stirring until the mixture is smooth and thick. This mixture is then used as a base for the sauce, with the addition of the liquid and other ingredients.

A tablespoonful always means full and leveled with a knife. A cupful is always one-half pint. When buying measuring utensils see that you get the standard sizes of spoons and cups. A measuring cup may look all right and still lack two tablespoonfuls of volume.

The one-to-two sauce is the same proportion of liquid to two tablespoonfuls each of flour and butter. Flour is always added before measuring for any food. This is the most accurate way to measure the flour. The number one and is better liked for all creamed vegetables.

When preparing escalloped dishes use the same quantity of sauce as food, adding in the butter and flour. The mixture is stirred with melted butter and brown in a moderate oven.

The one-to-three sauce is prepared in the same way, using three tablespoonfuls each of butter and flour. This mixture is then used as a base for the sauce, with the addition of the liquid and other ingredients.

When preparing escalloped dishes use the same quantity of sauce as food, adding in the butter and flour. The mixture is stirred with melted butter and brown in a moderate oven.

I come from haunts of cool and clear, I make a sudden-sally, And sprinkle out the fern, To tickle down a valley. —Tennyson.

## EVERYDAY GOOD THINGS

If you are fond of liver you will find the following recipe worthy of a trial:

Liver—2 pounds. Chop the liver into small pieces. Add one-half pound of butter, one-half pound of onion, one-half pound of carrot, one-half pound of celery, one-half pound of parsley, salt, pepper and a dash of nutmeg. Mix with two well beaten eggs and on each side with butter. Add enough the bread crumbs to form into balls and broil in soup stock. Serve in the soup.

Apricot and Banana Dessert.—Wash and cook one-quarter of a pound of dried apricots. Wash still, cut into sweeties to taste, adding the strip. Mash and drop through a sieve. When cold add three thinly-sliced ripe bananas. Stir together lightly and serve in a bowl with cream. Cooked apricots may accompany this dessert.

Virginia Baked Ham.—Select a ham weighing seven or eight pounds. Wash the ham thoroughly, sprinkle with soda, rubbing it all over the surface; then rinse in cold water. Place the ham in a deep kettle with ten pepper corns, six cloves, one-half teaspoonful of celery seed, one-half teaspoonful of ground cinnamon and a dash of sweet cider. Cover with boiling water and simmer for five hours. (Shimmering does not mean boiling, as that will toughen the ham.) Take from the kettle and remove the skin, sprigs and surface with sugar, using two table-spoonsful; brush with beaten egg and cover with fine bread crumbs. Stick cloves at even intervals and brown in a very hot oven. Trim the meat from the bone end and decorate with currants and leaves. Serve with currant sauce.

Corn Flake Macaroni.—Take one cupful each of sugar, cornflakes, macaroni or spaghetti, two table-spoonsful of flour, a little salt and a few drops of vanilla. Beat two egg whites until stiff, add the sugar gradually, then the cornflakes, nuts and fruit. Drop by teaspoon on a buttered baking sheet and bake in a moderate oven until a delicate brown.

Raisin Macaroni.—Take two cupfuls of sugar, two cupfuls of raisins, one cupful of macaroni, one cupful of flour, one cupful of egg whites until stiff, add the sugar gradually and then fold in the cornflakes and raisins. Add flavoring and drop by spoonful on a buttered baking sheet. This makes about two dozen macaroni.

## Neenie Maxwell

Neenie Maxwell

## STATE NEWS IN BRIEF

—Detroit.—The city council has voted to increase the number of "boulevard stop" blocks in Detroit by including all streets upon which car lines are located, and also 15 others.

Calumet.—Ell. Ojala, 38 years old, and John Hansen, 40 years old, were killed instantly at a grade crossing at Highway, near here, when their automobile was hit by a locomotive.

Grand Rapids.—Pursuing a ball which was batted into the street, Catherine Kizka, 4 years old, daughter of Mr. and Mrs. John Kizka, was killed instantly as she ran in front of a street car.

Hillsdale.—Hog cholera has appeared in two herds in this county and Dr. W. J. Madell, Federal officer, is co-operating with local veterinarians in an effort to prevent further spread of the disease.

Ypsilanti.—Chief of Police John Connors has asked city officials for permission to enlarge the local police force, declaring that the work done by the department during the last year was nearly double that of 1923.

Saginaw.—Michael Agurro, 28 years old, Marquette farm hand, is dead as a result of injuries received when a wagon from which he fell ran over his body. Agurro was working on the Ralph Leach farm in Taymouth township.

Footsc.—William A. Putnam, 42 years old, head of Oakland County's motorcycle squad, was seriously injured in his back, when his motorcycle collided with a truck on Woodward avenue in Bloomfield Township, throwing him from the pavement.

Adrian.—Grace Scott, seven years old, daughter of Mr. and Mrs. James Scott, of Ionia 15 miles southwest of here, died from injuries suffered when she was struck by an automobile. The child had just hung a May basket on a neighbor's door and was pushing the basket into the car as she ran from the house.

—Detroit.—Frances Duda, 8 years old, was instantly killed when she fell to the sidewalk in front of her home, 1212 E. 12th St., when she was thrown from the car as she ran from the house.

Owosso.—A jury in Circuit Court decided damages to Dr. Rosella Schwartz, in her suit against Samuel Thompson, of Owosso, for injuries suffered last fall when Thompson's automobile hit her as she stood in the middle of the street. The jury found that she looked neither way for cars, and the jury found her guilty of contributory negligence.

Lansing.—John Schallible, of Lansing, who has a state-wide reputation among Michigan builders as an artistic builder of fireplaces, is dead after a short illness. Examples of Schallible's handiwork are to be found in fine homes in all parts of Michigan. He has made his home in Lansing for 35 years, but his mastery of his craft has taken him to many other cities.

Grand Rapids.—Leslie Carlson and Walter Paulson, both 29 years old and of Greenville, were injured seriously when an automobile in which they were riding was wrecked in a head-on collision with a street car. Paulson and a pair of crutches in the car, the latter being used by Paulson, who was recovering from injuries to his foot.

Cadillac.—A new method of discipline for truuant high school girls is being tried out here. Seventy-five girls "skipped" one afternoon and when they appeared at school again were sentenced to report at 7:15 a. m. for an indefinite period. "It does no good to make them stay after school," then time "it," said Principal B. C. Shankland, "as they escape helping with the housework."

Almont.—W. F. Hammond, 42 years old, manager of the Almont branch of the Michigan Bell Telephone company, was killed when his automobile was struck by a Detroit United Interurban car, on mile south of Almont. Hammond's car stalled as he was crossing the rails. The impact threw the front trucks of the Interurban car from its axle and several passengers were injured.

Kalamazoo.—High school students make good police. So say the student council and faculty of Central High school following a tryout of the "patrol" system in the halls. One student is on duty for an hour at a time, his job being to watch the lockers and maintain quiet. In a recent fire at the school, the student corps displayed ability and efficiency in guiding 1,400 pupils out of the building.

Battle Creek.—Mrs. Leona McGowan, who with her husband, Elder Lycurgus McGowan, not long ago celebrated their sixty-eighth wedding anniversary, died here. She was 93 years old. For 40 years, Elder and Mrs. McGowan have been members of the same family, the former serving as chaplain. Mrs. McGowan was well known for charitable work, until age and an accident in which she broke her arm last July made her infirm.

—Detroit.—The death of her only grandson, C. MacSherridan, in April, also was a shock to Mrs. McCoy.

## If You Need a Medicine You Should Have the Best—Dr. Kilmer's Swamp-Root

Have you ever stopped to reason why it is that so many products that are advertised all at once drop out of sight and are soon forgotten? The reason is plain—the article did not fulfill the promises of the manufacturer. This applies more particularly to a medicine. A medical preparation that has real curative value almost sells itself, as like an endless chain system the remedy is recommended by those who have benefited to those who are in need of it.

A prominent druggist says, "Take for example Dr. Kilmer's Swamp-Root, a preparation I have sold for many years and never hesitate to recommend, for in almost every case it shows excellent results, as many of my customers testify. No other kidney remedy has so large a sale."

According to sworn statements and verified testimony of thousands who have used the preparation, the success of Dr. Kilmer's Swamp-Root is due to the fact, so many people claim, that it falls almost every way in overcoming kidney, liver and bladder ailments, corrects urinary troubles and neutralizes the uric acid which causes rheumatism.

You may receive a sample bottle of Swamp-Root by parcel post. Address Dr. Kilmer & Co., Poughkeepsie, N. Y., and enclose ten cents; also mention this paper. Large and medium size bottles for sale at all drug stores.—Advertisement.

## Naturally

"It was only a little after the breakfast hour when a young man rang the bell of his best girl's house, and, waiting in his hand, on the doorstep, if the girl's mother was surprised at this early call, she managed to appear gracious about it."

"Good morning," chirped the youth. "Can I see Pansy?" She was blooming at the ball last night."

"I'm afraid you can't see her," responded her mother, not unkindly. "Pansy is a trifle wilted this morning."

## He Didn't Fit

A new reason for being excluded from jury duty was offered recently to a California court. Eleven jurors had been accepted and sworn in. The crowd man, standing at the already well-filled box where the other jurors were seated and objected that he was fat, and that there was no room for him to sit. The objection was accepted, and the man was excused and a thin one was sworn in.—Youth's Companion.

## Cuticura for Sore Hands

Soak hands on retiring in the hot soda of Cuticura Soap, dry and rub in Cuticura Ointment. Remove surplus Ointment with tissue paper. This is only one of the things Cuticura will do for Soap, Ointment and Talcum are used for all toilet purposes.—Advertisement.

## Protecting Currency

The sheets of paper on which bills are printed are delivered daily by the loans and currency division of the secretary of the treasury's office to the bureau, upon requisition. From the time the blank sheets are delivered by careful count until 30 days later when the bills are sent to the treasury, the bureau must account for every sheet in its hands.

## Thrifty Man

A thrifty housewife used to put the coffee grounds in the chicken coop to get them where the chickens could get at them. She never really knew whether they ate any or not, but the fowls did peck at them a little. Her even more thrifty husband told her not to put the grounds in the chicken yard any more.

"Put the coffee grounds in the duck pen," directed he.

"What's the difference?" "Well, a duck is all dark meat."

## Oratory

"Many an orator has the crowd with him."

"Well?"

"Only they don't know what he wants, but neither does he, apparently." —Louisville Courier-Journal.

Poltleness saves life's joys:

## PROFESSIONAL NURSE SAYS TANLAC HAS NO EQUAL

Mrs. J. Clark Says Tanlac Was More Than Match for Her Troubles.

By reason of the fact that she speaks from her long experience as a professional nurse, the statement of Mrs. J. Clark, of 415 Waltham Ave., Oakland, Calif., will be of interest to all who are in need of an upbuilding tonic.

"In all my fifteen years' experience as a trained nurse," says Mrs. Clark's statement, "I never found the equal of Tanlac as a stomach medicine and tonic. Two years ago an attack of influenza left me without appetite and my stomach in such a bad fix that the little I did eat seemed to do me harm instead of good."

As a General Thing

White—Aggressive people are said to usually have black eyes. Green—Or get them.

It may be often that one doesn't praise because so few listen to praise.

## Children Cry for "Castoria"

A Harmless Substitute for Castor Oil, Paregoric, Drops and Soothing Syrups — No Narcotics!

Mother Fletcher's Castoria has been in use for over 30 years to relieve babies and children of Constipation, Flatulence, Wind Colic and Diarrhea, playing Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of

## CONSTITIPATION

Take a good dose of Carter's Little Liver Pills — then take 2 or 3 for a few nights after. They cleanse your system of all waste matter and Regulate Your Bowels. Mild — as easy to take as sugar. Genuine Bear Signature. Beware of Small Pill. Small Dose. Small Price.

## Increases Sugar Yield

The addition of small quantities of potassium iodide to fertilizers has been found by French scientists to increase materially the yield of sugar beets. Larger amounts decrease the yield of sugar in the beets. It is thought that the iodide has an important effect on the power of the plants to utilize the energy of the sunlight for the transformation of plant food into plant substance.

Man may dodge the earthly collectors, but he must pay the debt of nature as he goes.

## W. L. DOUGLAS

\$7.00 and \$8.00 SHOES FOR MEN Many of \$5.00 and \$6.00 Boys at \$4.50 W. L. Douglas Shoes are sold in 120 of our own stores in the principal cities and by over 5,000 shoe dealers.

WHEREVER you live, demand W. L. Douglas shoes. They are high-class and up-to-date, made in all the popular styles that appeal to men and women who want stylish and serviceable shoes at reasonable prices.

SELDOM have you had the opportunity to buy such wonderful shoe values as you will find in W. L. Douglas \$7.00 and \$8.00 shoes in our retail stores and in good shoe stores everywhere. Only by examining them can you appreciate their superior qualities.

FOR ECONOMY and dependable value, wear shoes that have W. L. Douglas name and the retail price stamped on the sole. If not for sale in your vicinity, write for Illustrated Catalog showing how to order shoes by mail. W. L. Douglas Shoe Co., 233 South Wabash, Chicago, Ill.

REPAIRS and alterations made. Corsets for women. Blacking outfit. Complete shoe repair outfit. \$7.50.

STAMPING THE RETAIL PRICE AT THE FACTORY

"Stomach pains would make me so weak I would feel right faint. The least exertion would completely exhaust me and six months before taking Tanlac I was so weak I had to hire my housework done. I was in bed most of the time for two months and was getting desperate."

"Tanlac was more than a match for my troubles and eight bottles let me feeling fine. I eat and sleep like a child and have energy and strength that makes life a pleasure. Tanlac is simply grand."

Tanlac is for sale by all good druggists. Accept no substitute. Over 40 million bottles sold.

Tanlac Vegetable Pills for constipation made and recommended by the manufacturers of TANLAC.

## The Old Story

Mrs. A.—"Do you keep a second girl?" Mrs. B.—"No; we can't keep the forty-second."

He who would climb the ladder must begin at the bottom.

## Food; giving natural sleep without opiates. The genuine bears signature of

Charles H. Fletcher

## CONSTITIPATION

Take a good dose of Carter's Little Liver Pills — then take 2 or 3 for a few nights after. They cleanse your system of all waste matter and Regulate Your Bowels. Mild — as easy to take as sugar. Genuine Bear Signature. Beware of Small Pill. Small Dose. Small Price.

## FOR THE PREVENTION OF SIMPLE GOITER

GOITER is caused by a deficiency of Iodine in the Thyroid Gland. A perfectly healthy Thyroid Gland contains, naturally, between 0.5 and 0.6 per cent of Iodine. When the supply falls below 0.1 per cent, thyroid enlargement begins.

Goiter is very prevalent in Michigan. Examinations of nearly 82,000 school children in four counties proved that 42.2 per cent of the boys and girls were goiters. Medical authorities have taken steps to stamp out Goiter in this state. They urge the use of Iodine Salt.

IT WILL PREVENT SIMPLE GOITER, beyond doubt or question.

We are co-operating in this public health service by offering Mulkey's Iodine Salt at a low price, within the reach of all. It contains the correct amount of Iodine, as determined by physicians who have made a special study of simple Goiter and its prevention.

Use Mulkey's Iodine Salt every day, just the same as regular Salt—for cooking as well as on the table. The Iodine does not affect the taste or seasoning quality.

## At Your Grocer's

Write for our pamphlet on Goiter and Iodine.

MULKEY SALT CO. DETROIT, MICH.

## MULKEY'S IODINE SALT

Especially in homes where there are children, Mulkey's Iodine Salt should be used regularly. If the Thyroid Gland is treated in this way until boys and girls reach the age of 16 or 17 years, they are not liable to be afflicted with Goiter later in life.