One thing they like that's good for them

It sometimes seems the things that children like the most are just the ones it is best they shouldn't have. But here is one exception—Farm House Cocoa. Because it is pure and healthful, you can safely give them all they want. As a daily health drink for the children, use Farm House Cocoa, made with milk. It is smooth and rich and creamy. All children like it. And you know they're getting just what growing bodies need. Most all good grocers sell it. Why not order some today?

FARM HOUSE AMERICAN PROCESS COCOA Quality for 70 Years

NOTE: If you prefer Dutch process cocoa, always ask for Monarch. This choice cocoa is a true quality product, altho priced unusually low. Use it as a beverage and for all cooking.

REID, MURDOCH & CO. Established 1853 Chicago—Boston—Pittsburgh—New York

EDUCATION That Pays

Good Positions Waiting in Detroit

for graduates of the Detroit Business University. Big salaries with unlimited opportunities for advancement; for stenographers, accountants, secretaries, bookkeepers with D. B. U. training. Intensive courses; individual instruction; latest, up-to-date business methods — best placement service — over 7,000 calls for office help in one year.

Write for Bulletin 'A', giving rates and courses

DETROIT BUSINESS UNIVERSITY
Cor. Grand River and Park Place
DETROIT, MICH.
Established 1850
Members National Association of Accredited Commercial Schools

Who Could Blame Her?

The teacher, prompted by superior authority, had asked permission, by letter, of a girl's parents to have her take the Schiek mentality test. The permission was refused by the child's mother in a letter which ran as follows:

"I received your letter asking to have my girl take the Sheek test. I will not have my girl take no Sheek test. I have seen that Sheek at the theater, and I will have nothing to do with no test of his."—Boston Transcript.

Must Not Talk at Table

The Parsees are forbidden to talk while eating.

Each man makes his own salvation or shipwreck.

Cost Less

Champions cost less and there is no better spark plug. Champion X is 60 cents. Blue Box 75 cents. The manufacturing economies resulting from making two-thirds of all the spark plugs produced are passed on to the car owner.

Champion Spark Plug Co. Toledo, Ohio

CHAMPION Dependable for Every Engine

FOR OVER 200 YEARS

haarlem oil has been a world-wide remedy for kidney, liver and bladder disorders, rheumatism, lumbago and uric acid conditions.

GOLD MEDAL HAARLEM OIL CAPSULES

correct internal troubles, stimulate vital organs. Three sizes. All druggists. Insist on the original genuine GOLD MEDAL.

STATE NEWS IN BRIEF

Owosso—The American Legion of Owosso took out a rain insurance policy recently to the amount of $500, which would have been paid if one-tenth of an inch of rain fell between the hours of 10 a. m. and 2 p. m. on the day when they held their annual picnic and barbecue at Round Lake. Visitors from all over the eighth district attended.

Montague—Will Tormis, a Grand Marais boy, was very seriously injured as the result of a bullet wound inflicted by a companion, Clarence H. Hoen. The boys were chasing a chipmunk around a brush pile when Hoen's rifle was discharged accidentally. The bullet pierced Tormis', right lung and emerged from the right shoulder.

Grand Rapids—Falling overboard unnoticed, from a rowboat in which Earl Fisher, a member of the Carlisle United Brethren Church, was taking eight children of his Sunday school for a ride recently on Green Lake, Earl Fitzgerald, 10 years old, was drowned. His body has been recovered. The children were in attendance at a church picnic.

Detroit—Circuit Judge Arthur Webster has issued a decision restraining the Gas Co. from collecting new rates awarded by a board of arbitration. Judge Webster holds that a three year agreement, such as was made, is equivalent to a franchise and in order to be valid must be approved by either the electorate or the public utilities commission.

Jackson—Only the engine can be salvaged from a passenger airplane which crashed to earth recently at Hague Park, near Jackson, with pilot and one passenger. Neither pilot, "Galloping Gallop," nor the passenger were injured seriously. The plane was caught in shifting air currents, according to Gallup, and came down only five minutes after taking off.

Detroit—Although it ranks fourth in population, Detroit took third place in the United States for building construction in the first six months of 1924, according to word received recently from Washington. Los Angeles, which had been leading Detroit, dropped back to fourth place. Only New York and Chicago have higher construction programs ahead than has the auto city.

Detroit—Col. Charles Beecher Warren, ambassador to Japan under the Harding administration and to Mexico under President Calvin Coolidge, is at his home following resignation of the Mexico City post. With John Barton Payne, Colonel Warren drew up the protocols between Mexico and the United States which resulted in recognition of Mexico by Washington. He plans to remain in Detroit.

Kalamazoo—A campaign to raise an initial $50,000 building fund has been opened by a committee of the Kalamazoo Elks Lodge headed by Fred C. Putnam, postmaster. At a cost estimated at $100,000, the local club is planning to remodel and extend its present building into one of the finest temples in the State. The campaign is to close Aug. 13. Bids for the construction will be advertised for as soon as the first $50,000 is in, cash or pledges.

Lansing—Bond issues totalling $990,000 are to be voted on by city electors at the primary, September 9, as the result of action of the city council in voting to ask approval of $600,000 paving bond issues and $300,000 issue for sewer bonds. If the paving bond issue is passed, Michigan and Washington avenues, described by Lansing visitors as the worst main streets they have encountered in any city of this size in the United States, will be paved.

Grand Rapids—The formal petition of the city commission requesting the Michigan Public Utilities Commission to inventory and appraise the property of the Consumers Power Co., in this State, was recently signed by Mayor Elvin Swartbout. Several other cities joined with Grand Rapids in this request. The appraisal, the mayor explains, is to establish a fair value upon which rate schedules may be based for cities of the State when their franchises or present schedules expire.

Detroit—Six-year-old Harrison Daggitt, son of Mr. and Mrs. Arthur Daggitt, who was discharged from the Henry Ford Hospital last May after lying crippled there for months, suffered a broken leg when an unknown assailant threw him into a ditch recently. As a consequence he may after all have to spend the rest of his life on crutches. His mother said to him before he started for his walk Saturday that since he could walk again she might as well give his crutches away.

Sault Ste. Marie—The international bridge between the American and the Canadian Soos was damaged recently and will be out of commission for several days. A government tug was upbound and the operator in swinging the bridge hit the tug, damaging the locking jack of the bridge so that connections with shore pier could not be made. A special railroad wrecking crew was summoned but it was not expected there would be any railroad traffic to or from Canada, for several days. The tug was also seriously damaged.

The Kitchen Cabinet

(©, 1924, Western Newspaper Union.)

No talent will enable us to do any work without drudgery, but no childishness must tempt us to give it up because it is hard. No work can be well done by anyone who is unwilling to sacrifice ease to its accomplishment.

HOT WEATHER DISHES

During the warm weather salads and sandwiches form an important part of the summer menu.

Nuts and Green Peas.—Take a cupful of cooked green peas and add one-third of a cupful of walnut meats. Mix with a highly seasoned boiled dressing and serve on lettuce.

Banana and Pineapple Salad.—Place rings of canned pineapple on crisp lettuce and in the center place a small cone of banana, by cutting the end carefully and setting candlelike on the pineapple. Sprinkle the top with paprika and serve with salad dressing.

Summer Salad.—Drain and chill after cooking one quart of lima beans. Dice two tart crisp apples and two green peppers; finely dice, mix all together, adding a little onion juice and mix with mayonnaise. Serve on lettuce.

Chicken Salad Sandwiches.—Prepare chicken salad—using twice as much celery as chicken—well seasoned salad dressing and spread on buttered bread. One may take rolls, butter them on the inside after taking out the centers and fill with chicken salad. These are fine for picnics.

Fruit and Nut Sandwiches.—Put through the meat chopper a quarter of a pound of almonds, which have been blanched, with one-half pound of figs and a cupful of pecan meats, mixing and grinding so that they are well blended. Pack the mixture into baking powder cans, pressing it in firmly. When wanted remove and cut into very thin slices; place between rounds of bread well buttered and serve.

Lettuce and Peanut Salad.—Take one-half cupful of fresh-roasted peanuts, crush with the rolling pin until like coarse crumbs, sprinkle over head lettuce and serve with a French dressing. A little minced onion may be added if it is liked.

Celery Roots.—Wash and scrape the roots and cook in salted water until tender. Drain, cut into dice and cover with a drawn butter sauce. Simmer for five minutes, season to taste and serve.

Watermelon Cocktail.—Cut slices of ripe watermelon and with a potato ball cutter prepare balls to fill sherbet glasses. Prepare a sirup with lemon or orange juice and rind, cool and pour over the melon balls. Let stand an hour on ice to season and serve with a sprig of mint in the center of each glass.

Study simplicity in the number of the dishes and variety in the character of the meals.

To be able to have the things we want is riches; to be able to do without, that is power.—George McDonald.

REFRESHING SUMMER DRINKS

The acids and mineral salts in fruits are especially good to quench thirst.

For the teething baby whose gums are hot and swollen there is nothing more cooling than frequent spoonfuls of cool orange juice. If given between feedings, the best results are obtained.

Grape Nectar.—To one quart of grape juice add a pint of sirup and the juice of four oranges. The sirup may be made of sugar and water boiled together, cooled and kept for such purposes. When ready to serve add a quart of charged water.

Grape Juice. chipped ice and a third of a glass of ginger ale added make a most delightful drink.

Old-Fashioned Ginger Water.—This is a well-liked old-fashioned drink. To prepare it mix two tablespoonfuls of ginger with three tablespoonfuls of sugar, add a pint or more of chilled water and bits of ice. Stir well and serve. Molasses was the sweetening used in the old days before sugar was so common.

Reception Coffee.—Make a quart or two of strong coffee infusion, the amount depending upon the number to be served. Sweeten to taste, strain, cool and serve in tall glasses with a spoonful of vanilla ice cream on top.

Chocolate Sirup.—Melt two squares of chocolate with two tablespoonfuls of boiling water, a cupful of sugar and a pinch of salt. Add two cupfuls of boiling water, cook five minutes, strain and bottle. Keep in a cool place and use by tablespoonfuls in cold milk or water.

Pineapple Drink.—Add a can of grated pineapple or a fresh one grated to a pint of sugar sirup and a quart of water. Let stand on ice three hours, strain, add a little lemon juice and charged water.

Sheetiron cut the size of the oven, turned up on the edges a quarter of an inch and reinforced with wire, makes the ideal baking sheet; but just the piece of sheetiron answers every purpose.

Nellie Maxwell

Her Neighbor's Advice Helped Mrs. Frick

MRS. ADA FRICK
PERRYSBURG, OHIO

"YOU can be just as healthy, strong and happy as I am,' said one woman to her neighbor after listening to the description of her ailments,—'if you will take Lydia E. Pinkham's Vegetable Compound. My condition was very similar to yours, I suffered from those awful bearing down pains, weakness, backache, nervousness and headaches until I could hardly drag around. Today I am strong, well and happy because I followed the advice of a friend who had been greatly benefited by this old-fashioned root and herb medicine."

Nearly fifty years ago Lydia E. Pinkham of Lynn, Mass. prepared from medicinal roots and herbs Lydia E. Pinkham's Vegetable Compound. Its fame has spread from shore to shore. You will now find in every community or neighborhood some woman who has been restored to health by its use, or has some friend who has. Therefore ask *your* neighbor.

Thousands of unsolicited testimonials such as the following are on file at the Pinkham Laboratory at Lynn, Mass., and prove the merit of this medicine. Therefore no woman should continue to suffer from such ailments.

Mrs. Frick Tells of Her Experience

PERRYSBURG, OHIO—"I took Lydia E. Pinkham's Vegetable Compound because I suffered with pains in my sides all the time. I can't remember just how long I suffered but it was for some time. One day I was talking with a neighbor and I told her how I was feeling and she said she had been just like I was with pains and nervous troubles and she took the Vegetable Compound and it helped her. So then I went and got some and I certainly recommend it for it is good. Whenever I see a woman who is sick I try to get her to take Lydia E. Pinkham's Vegetable Compound."—Mrs. ADA FRICK, R. No. 3, Perrysburg, Ohio.

Such letters Should induce others to try

Lydia E. Pinkham's Vegetable Compound

LYDIA E. PINKHAM MEDICINE CO. LYNN, MASS.

Banish Pimples By Using Cuticura Soap to Cleanse Ointment to Heal Try our new Shaving Stick.

PAXTINE IS FOR WOMEN

who have feminine ills that need local treatment—Douches of Paxtine Antiseptic destroys disease germs, heals inflammation, ulceration and stops the discharge. The Lydia E. Pinkham Medicine Co. recommended Paxtine for years in their advertising. A pure white powder to be dissolved in water as needed—one box makes gallons of strong antiseptic solution that gives positive satisfaction—50c at druggists or postpaid by mail. THE COMFORT POWDER COMPANY, BOSTON, MASSACHUSETTS.

A strict mother often makes an indulgent grandmother.

Thousands Have Kidney Trouble and Never Suspect It

Applicants for Insurance Should Use Swamp-Root

Judging from reports from druggists who are constantly in direct touch with the public, there is one preparation that has been very successful in overcoming these conditions. The mild and healing influence of Dr. Kilmer's Swamp-Root is soon realized. It stands the highest for its remarkable record of success.

An examining physician for one of the prominent Life Insurance Companies, in an interview of the subject, made the astonishing statement that one reason why so many applicants for insurance are rejected is because kidney trouble is so common to the American people, and the large majority of those whose applications are declined do not even suspect that they have the disease. Dr. Kilmer's Swamp-Root is on sale at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to test this great preparation, send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing, be sure and mention this paper.—Advertisement.

Neatness and its reverse are almost a certain test of moral character.

Fish Rained From Sky

It sounds like a fish story, but John W. Garrett of Colorado Springs, Colo., maintains with a straight face that it actually rained fish in Colorado recently. He said he picked up 35 small swimmers in the gutter near his place and reported other tales of fish falling with the rain.

Don't chuckle if you put over a substitute when an advertised product is called for.

Maybe your customer will never come back.

Ben Mulford, Jr.

Good Men

Good men must make themselves more evident as propagandists for goodness. Great men have almost invariably cried out their convictions.—The Congregationalist.

Well-Timed

Doctor—"You are all right. Your pulse is as regular as clock work." Patient—"You have hold of my wrist watch."

While shame keeps its watch, virtue is not wholly extinguished from the heart.

Sure Relief FOR INDIGESTION

6 BELL-ANS Hot water Sure Relief

BELL-ANS 25¢ AND 75¢ PACKAGES EVERYWHERE

Not more than 20 per cent of the immigration quota of one nation can be admitted to the United States in a single month.

Without a Tail

"What are you drawing, Jack?" "Why, a dog!" "But, where's its tail?" "Oh, that's still in the inkwell!"

Shake into your Shoes ALLEN'S FOOT-EASE For Corns, Bunions, Tired and Aching Feet AT ALL DRUGGISTS

Trial package and a Foot-Ease Walking Doll sent Free. Address ALLEN'S FOOT-EASE, Le Roy, N. Y.

Pesky Devils Quietus P. D. Q.

P. D. Q. Pesky Devils Quietus, is the name of the new chemical that actually ends the bug family. Bed Bugs, Roaches, Ants and Fleas, as P. D. Q. kills the live ones and their eggs and stops future generations. Not an insect powder but a chemical unlike anything you have ever used.

A 35 cent package makes one quart and each package contains a patent spout, to get the Pesky Devils in the cracks and crevices.

Your druggist has it or he can get it for you. Mailed prepaid upon receipt of price by the Owl Chemical Wks, Terre Haute, Ind.

Kill All Flies! THEY SPREAD DISEASE

Placed anywhere, DAISY FLY KILLER attracts and kills all flies. Neat, clean, ornamental, convenient and cheap. Lasts all season. Made of metal, can't spill or tip over, will not soil or injure anything. Guaranteed.

DAISY FLY KILLER at your dealer or 5 by EXPRESS, prepaid, $1.00. HAROLD SOMERS, 150 De Kalb Ave., Brooklyn, N. Y.

O-HEAL-O—"World's Greatest Pile, Boil or Carbuncle Treatment." Satisfaction guaranteed or money refunded. Agents make big profits. Three packages O-HEAL-O and big agency offer postpaid $1; refunded on re-order. Other products. Burget Co., Martinsburg, Pa.

SELDOM SEE a big knee like this, but your horse may have a bunch or bruise on his ankle, hock, stifle, knee or throat.

ABSORBINE (REG. U.S. PAT. OFF.) will clean it off without laying up the horse. No blister, no hair gone. Concentrated—only a few drops required at an application. $2.50 per bottle delivered. Describes your case for special instructions, and Book 4 free.

W. F. YOUNG, Inc., 318 Lyman St., Springfield, Mass.

Dr. Isaac Thompson's HELPFUL EYE WASH EYEWATER 1120 River, Troy, N. Y. Booklet.

Children Cry for "Castoria"

A Harmless Substitute for Castor Oil, Paregoric, Drops and Soothing Syrups — No Narcotics!

Mother! Fletcher's Castoria has been in use for over 30 years to relieve babies and children of Constipation, Flatulency, Wind Colic and Diarrhea; allaying Feverishness arising therefrom, and, by regulating the Stomach and Bowels, aids the assimilation of Food; giving natural sleep without opiates. The genuine bears signature of

Chas. H. Fletcher