

Back Given Out?
It's hard to do one's work when every day brings morning lameness, throbbing backache and a dull, tired feeling. If you suffer thus, you are not alone. Likely it's your kidneys. Headaches, dizziness and bladder irregularities may give further proof that your kidneys need help. Don't risk neglect. Use Doan's Pills. A stimulant, diuretic and cathartic. Thousands have been helped by Doan's. They should help you. Ask your neighbor.



DOAN'S PILLS
60c
STIMULANT, DIURETIC TO THE KIDNEYS
Foster-McCormac Co., Mfg. Chem., Buffalo, N. Y.

We mention on others the attitude we hold toward them.

WOMEN NEED SWAMP-ROOT

Thousands of women have kidney and bladder trouble and never suspect it. Women's complaints often prove to be nothing but kidney trouble, or the result of kidney or bladder disease. If the kidneys are not in a healthy condition they may cause the other organs to become diseased. Pain in the back, headache, loss of ambition, nervousness are oftentimes symptoms of kidney trouble. Don't delay starting treatment. Dr. Kilmer's Swamp-Root, a physician's prescription, obtained at any drug store, may be just the remedy needed to overcome such conditions. Get a medium or large size bottle immediately from any drug store. However, if you wish first to test this great preparation, send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing, be sure and mention this paper—Advertisement.

Something is always turning up. Why shouldn't a man look for it?

Genuine
ASPIRIN
Say "Bayer" - Insist
For Pain Headache
Neuralgia Rheumatism
Lumbago Colds
Safe Accept only
Bayer package
which contains proven directions
Handy "Bayer" boxes of 12 tablets
Also bottles of 24 and 100—Druggists
Aspirin is the trade mark of Bayer Manufacturing Co. of Monroeville, Pa.

FOR OVER 200 YEARS

haemol oil has been a world-wide remedy for kidney, liver and bladder disorders, rheumatism, lumbago and uric acid conditions

GOLD MEDAL
HAARLEM OIL
CAPSULES
correct internal troubles, stimulate vital organs. Three sizes. All druggists. Insist on the original genuine GOLD MEDAL

Redeliver Moisture
Rain tears of the Island of Ferro collect the moisture of drifting clouds and allow it to drift to the ground in steady streams.



The right way to skin beauty

EVERY skin will respond to correct treatment, but don't overlook that word correct—it means the difference between success and failure. In addition to being unexcelled for general toilet use, Resinol Soap, advised by Resinol Ointment improves poor complexion. Blotches, roughness, clogged pores, redness, and even the more serious itching, smarting skin disorders gradually disappear when the Resinol treatment is used. Ask your druggist today for Resinol Soap and Ointment and use them as directed. Within a week you will begin to notice a difference in your skin.

RESINOL

STATE NEWS IN BRIEF

Albion—Farmers in several sections reported frost here. Little damage to the cucumbers and light garden truck being touched in low places.

Muskegon—Joseph T. Jerka, 32 years old, of Chicago, drowned in Big Blue Lake, near here. Jerka was rowing a boat and fell overboard, drowning in seven feet of water.

Manistee—More than \$50,000 has been lost to the growers in Manistee county this season through black rot, according to report. Growers are dusting their crop to curb the ravages of the plant disease.

Iron Mountain—An increase of nearly 50 per cent in population in the last two years was shown by registration figures for 1924. The total registration here this year was in excess of 6,500, a figure without precedent in the city's history.

Monroe—The Yargerville road, running from the Ida B. Wells of life and connecting with the Dixie highway, has been completed and is open for traffic. The road is 7 miles long, constructed of macadam, 14 feet wide, and cost approximately \$20,000 per mile.

Owosso—One hundred executives of Rotary clubs of the Eighteenth district met here to discuss plans for the year's work. The meeting was called by Grover Good, of Grand Rapids, district governor, and was presided over by Paul King, of Detroit, past governor.

Grand Haven—Physicians are fighting to save the life of the fifth child, of Mr. and Mrs. Charles Lasert, of Grand Haven township, whose four other children have died within the last year of epidemic meningitis. Mrs. Lasert herself is critically ill, but is believed to be recovering.

L'Anse—Women of the upper peninsula in general are rejoicing over the victory of Mrs. Cora Raynolds Anderson, of L'Anse, in the primaries. She defeated F. L. Jackson, of Crystal Falls and Jeremiah Greenleaf, of L'Anse, in a three-cornered race, for the Republican nomination for the state legislature.

Ironwood—Ironwood electors voted for the committee manager form of government with the scant majority of 146 here. In the order named, R. A. Douglas, Henry Rowe, H. M. Wick, Fred J. Jepperson, Dr. G. F. Goons, R. P. Zinn, A. N. Ladin, Bryon M. Bryan and John F. Kluck, were chosen charter commissioners.

Escanaba—Joseph Semper, 23 years old, watchman with a street construction company working at Gladstone, near here, was burned to death when he poured kerosene on a bed of hot coals to start the fire beneath the boiler of the cement mixer. The explosion, which blew the kerosene can to pieces, was heard for blocks.

Alpena—The gasoline fish tug Thunder Bay, owned by W. P. Kavanaugh, of Bay City, and engaged in trap net fishing from the coast, died during a 35 mile gale and sank in 45 feet of water, two miles from Scarecrow Island. The crew managed to get aboard a 14-foot rowboat and after a battle with the gale, reached Scarecrow Island.

Detroit—Herbert A. Thompson, of Detroit, former publisher of the Williamston Enterprise, has been elected grand sire of the Independent Order of Odd Fellows at the annual international session of the Sovereign Grand Lodge of that organization in Jacksonville, Fla. It is the first time this rank has been conferred upon a member from Michigan.

Owosso—Tribute was paid by the 1924 class of the Owosso high school to the memory of John Bell, a member of the class, who was drowned this summer. A John Bell memorial cup was presented to the high school. Each year the high school student coming closest to John Bell, who was at the head of his class, will have his or her name inscribed on the cup.

Lansing—Nick Peterson, 27 years old, was seriously wounded when he accidentally shot by 3-year-old John Danielowski, at whose home Peterson was a roomer. Peterson was packing a suitcase preparatory to a trip when the child crept up to his bag, took out a revolver and while playing with it pulled the trigger. The bullet lodged in Peterson's lung, just over his heart.

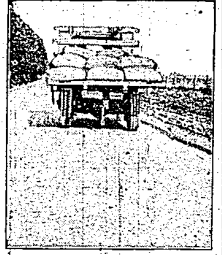
Port Huron—A million dollars of government money will be spent in Huron county next year in the construction of the shore pike between Port Hope and Sebawing, the county, paying 25 per cent of the cost. The state will pay 25 per cent and the federal government 50 per cent. J. J. Campbell, chairman of the county road commission, announces the road has been approved by the United States bureau of roads.

Lansing—Michigan farm is 20 per cent below the condition of one year ago, according to reports made public by Verne Church, government statistician. The estimate of the grain crop of the state exclusive of silage and feed is \$9,000,000. The condition is 17 per cent below the 10-year average in the state. Estimates of the spring grain crops of Michigan: spring wheat, 138,000 bushels; oats, 58,825,000 bushels; barley, 4,018,000 bushels; buckwheat, 887,000 bushels. All these crops show a larger yield than one year ago.

ROAD BUILDING

TRANSPORTATION IS COMMUNITY FACTOR

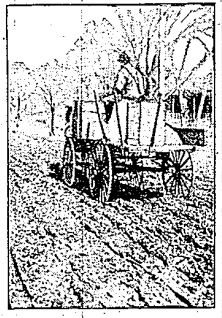
A community cannot hope to progress rapidly if its roads are bad, for transportation is one of the prime factors in the upbuilding of any community, and where the roads are inadequate transportation will be inefficient. Tests have shown that it requires more than four times as much power to start a wagon on a dirt road as on concrete pavement. They also have



Big Load Is Easily Hauled Over Concrete Road.

shown that a motor truck will run twice as far on a gallon of gasoline on a concrete road as it will on a dirt road with the same amount of fuel.

The illustrations shown here speak for themselves in bearing out these facts. On the concrete road the heavily laden truck glides along smoothly. The even surface of the pavement offers no bumps or ruts.



Hard to Navigate a Road Like This.

There is virtually no resistance to the wheels. The muddy, rutty earth road shown in the other photograph, however, illustrates an altogether different condition. Because of the many irregularities and the great resistance to the wheels of vehicles, only small loads can be carried. The large load is moved as easily on the paved road as is the small load carried in the wagon being drawn over the earth road.

Tennessee Has Big Sum to Spend for Highways

Tennessee has available for highway construction during 1924, \$9,854,360.85, with a maintenance fund from the counties of \$1,400,000, or a total of \$11,254,360.85. It is stated in "Tennessee Highways and Public Works," the official organ of the state highway department. This means that the state has available for highways during 1924 eleven and a quarter million dollars, this subject being given first position in the initial appearance of the new highway magazine.

It is shown that the state has now under construction 434.12 miles of the approved system of highways, and with funds available for work upon 477.04 more miles, the department will have 911.16 miles under construction by the end of the year.

Analyzing the above figures a little further, the magazine states: "It will be seen that by December 31, 1924, 748.6 miles of primary roads will be under construction, leaving 485.3 miles to be let to contract at later dates. The program for the remainder of the year will place under construction 243 miles of primary roads. Contracts let February 8, April 4 and May 9 have already placed under contract 88.8 miles of primary roads. Continuing the same rate, the primary roads in the state system will be under contract by the end of two additional construction seasons. By the end of January, 1925, 50 per cent of the primary mileage will be under contract, 16.7 per cent of the secondary mileage, and 14.9 per cent of the state-aid mileage.

Many Trucks in Use

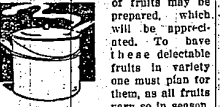
There are approximately 300,000 motortrucks in use on farms in the United States at the present time. This averages very near one truck to every sixteen farms. This is a remarkable development of truck usage in the rural districts which it is remembered that fifteen years ago was a truck was a curiosity even in the cities. The farmer now realizes that the varied services rendered by a truck are of such value that he can not afford to be without one.

The Kitchen Cabinet

"From four things God preserves us—a painted woman, a concealed violet, salt beef without mustard, and a late planter."

FOR SPECIAL OCCASIONS.

When canning or preserving a small jar or two of something quite choice



Here is something that one may enjoy preserving which will prove a rare treat.

Fruit Melange—A stone crock or a large glass jar will be best for this combination. The fruits are preserved separately, when one is making any particular kind of preserves, have a cupful for the melange jar. Arrange in layers without stirring and keep closely covered and in a cool place between filling jars, pears and all of the other fruits may go into the jar; when it is full, the fruit may be stirred lightly and just before closing it add a pint jar of maraschino cherries. Let ripen a month before using. Do not add water to jams if it can be avoided. Usually there will be small broken bits of fruit which will form sufficient juice when crushed. Unripe fruit added to the ripe fruit will provide the pectin which gives the proper texture to the finished product.

Peaches Preserved in Raspberry Juice—Two quarts of raspberries, four quarts of peaches and seven pounds of sugar will make eight ten pints of this preserve. As peaches are not so plentiful in most markets when raspberries are ripe, one may use tinned fruit, straining and adding one or two cupfuls of water, and half of the sugar; less sugar is needed with already sweetened fruit. Boil the strained juice and sugar, skimming until a thin syrup is formed, adding a few crushed peach stones for flavor. Now add the rest of the sugar and the halved peaches a few at a time, cooking them quickly until clear, remove from the fire, cool and pour the boiling hot syrup over them, allowing them to stand until perfectly cold before canning. The juice is then bottled up again and poured over the fruit which is packed in jars. Pineapple juice, grape juice, strawberry juice may be used, making most delightful sweets.

"We must express ourselves in order to grow and in order to reach our destined goal. And we express ourselves properly only when we are in harmony with the truth both in ourselves and in our environment."

MEALS FOR TWO

It seems quite a problem to most folks to have a variety without waste in a family of two. Usually the foods liked, will have to be served in some form of disguise for two. Here is a soup for two:

Tomato Soup—Melt one-tablespoonful of butter in a saucepan, add one-tablespoonful of oil, and one cupful of canned tomatoes, one slice of onion, a few grains of clove or a whole one, and one teaspoonful of sugar with a cupful of stock or water. Simmer for ten to fifteen minutes, then put through a sieve and serve hot with crostons.

Canned soup is a great saver for a small family and one can will be sufficient for two. A quick toast makes a fine dinner, with potatoes baked around it. There will be some left for slicing cold and one dinner with the slices heated in a Mexican sauce. The bone covered with cold water will make a small amount of brown soup stock.

Mexican Sauce—Cook one onion finely chopped in two tablespoonfuls of butter for five minutes. Add one red and one green pepper and one clove of garlic, each finely chopped, also two tomatoes peeled and cut into pieces. Cook fifteen minutes, add one teaspoonful of Worcestershire sauce, one-fourth teaspoonful of celery salt and salt to taste. Lay the cold roast beef cut in thin slices in the sauce, heat and serve on a platter with the sauce poured over the meat.

Vanilla Sponge—Take one cupful of top milk, three tablespoonfuls of sugar, a few grains of salt, one-half tablespoonful of gelatin, two tablespoonfuls of cold water to soften it, one egg white. Scald the milk, add sugar, salt and soaked gelatin, strain and cook. When the mixture begins to thicken beat until light, add the egg white beaten stiff and a teaspoonful of vanilla. Mold and serve with berries and whipped cream.

Smothered Cauliflower—Cook a fine head of cauliflower until tender, salt in the last of the cooking. Place in a deep buttered baking dish, pour around it a mixture of a pint of milk, one-half cup of butter and one-half cup of onion and two of butter have been added. Cover with the crumbs, add a layer of grated cheese and set in a hot oven to brown.

Write us today about your fruit and vegetable storage problem. We have some valuable information which is yours for the asking.

YOUR DAUGHTER'S HEALTH
Mothers of Ailing Daughters, Attention

How Two Mothers Helped Their Daughters by Giving them Lydia E. Pinkham's Vegetable Compound

Every mother possesses information of vital importance to her young daughter, and the responsibility for the girl's future is largely in her hands. When a school girl's thoughts become sluggish, when she suffers the consequences of wet feet, pain, headaches, fainting spells, loss of sleep and appetite and is irregular, her mother should have a care for her physical condition and give her Lydia E. Pinkham's Vegetable Compound, which has proved a reliable aid to nature for just such conditions in so many cases.

First Bottle Helped Her

Richmond, Indiana.—"I am sending this letter to tell you how much good Lydia E. Pinkham's Vegetable Compound did my daughter. She was troubled with nervousness so that she was restless at night, and then she could not sleep and she was afraid of everything. She could not work as she was not strong enough, and she had to quit school at 14 because she was ill so much. The doctor said she had anervous breakdown and her system was all run down. She had pain in her right side and through her back, and the medicine she took did her no good at all. I saw Lydia E. Pinkham's advertisement in your paper, telling all that the Vegetable Compound had done for other women, so I said, 'We will try it out and see what it does.' She had not taken the first bottle before it began to help her, and we will always say that Lydia E. Pinkham's Vegetable Compound is the best medicine she ever took."—Mrs. E. DUNN, 911 N. 15th Street, Richmond, Indiana.

An Ohio Mother Reports

Columbus, Ohio.—"When my daughter became 14 years of age she was ailing very much. The doctor gave her medicine, but she was very weak, and he always had to write excuses for her as she could not attend the 'gym' classes, and I often had to keep her home from school. I had taken Lydia E. Pinkham's Vegetable Compound for my nerves and run-down condition, so I gave her three doses daily, and also Lydia E. Pinkham's Blood Medicine. Our friends were surprised to see how fine and tall she is getting and how well she is. I will gladly answer letters and give you a fine recommendation for other mothers."—Mrs. MARISSA MURPHY, 814 Eber Street, Columbus, Ohio.

Over 100,000 women have so far replied to our question, "Have you received benefit from taking Lydia E. Pinkham's Vegetable Compound?" 58 per cent of these replies answer "Yes." That means that 88 out of every 100 women who have taken the Vegetable Compound have been helped by it. For sale by druggists everywhere.

The Right Direction

Allice—Dick proposed so suddenly I made me jump. Virginia—At it?—From Life.

An apple a day keeps the doctor away. Half a dozen are likely to bring him.

Be sure of good bread; use Yeast Foam

Every girl should learn how to make good bread; it should be the starting point in her home cookery training.

YEAST FOAM
Send for free booklet "The Art of Baking Bread"
Northwestern Yeast Co.
1730 North Ashland Ave.
Chicago, Ill.

"Top Prices" and the Concrete Storage Cellar

When you dump your crops on the market while everyone else is doing the same thing, you are throwing away money.

Only by waiting until the market is no longer glutted with apples, potatoes and the other produce you raise can you get "top prices."

Here's where the concrete storage cellar comes in. Many a man who has one can tell you that its total cost was returned to him the first year by enabling him to hold his crops until prices were right.

Write us today about your fruit and vegetable storage problem. We have some valuable information which is yours for the asking.

PORTLAND CEMENT ASSOCIATION

Dime Bank Building
DETROIT, MICH.
A National Organization
to Improve and Extend the Use of Concrete
Offices in 29 Cities