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Recovery After Taking Lydia
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STATE NEWS IN BRIEF

Kalamazoo—Mrs. S. C. Chamberlain of Decatur, died here of burns suffered when her clothing caught fire as she was attempting to light a fire in her kitchen stove.

Detroit—Three armed men took \$2,600 in payroll cash from Joseph J. Clark, cashier, and Peter J. Clark, bookkeeper, after locking them in a storeroom in the George H. Soffel Co., 561 Jefferson avenue.

Kalamazoo—Frank Beckwith, 40 years old, met almost instant death when he was thrown 20 feet to the frozen ground when a board he was prying off the roof of his ice house gave way.

Detroit—Steve Mago, 18 years old, was killed while working under his automobile. He had jacked up his car but was unable to move it when the jack slipped. His neck was broken.

Grand Rapids—The representative assembly of the Michigan State Teachers' association, holding its third annual meeting here, elected Superintendent E. E. Felt, of Holland, as president to succeed P. E. Ellsworth, of Kalamazoo.

Flint—Petitions are being circulated by the Corunna Road Community Club and the Flint Federation of Labor asking that a special election be called to vote on the proposition of establishing a commission form of government in Flint.

Traverse City—Douglas Fortine, Empire high school student, and basketball star, while hunting, was buried and killed under an avalanche of snow which slipped off Sleeping Bear Point; a giant sand dune which towers 200 feet above Lake Michigan. His body was recovered.

Menominee—Fire, believed to be of incendiary origin, on the docks in the lumber yard of the J. W. Wells Lumber company, caused a loss of lumber and docks, of \$100,000. More than four million feet of maple block and birch lumber were destroyed and 600 feet of dock was added to the loss.

Cincinnati—The Cleveland Iron Co. has purchased the coal lands owned by the Chicago, Milwaukee & St. Paul railroad. The new owners plan to remodel the dock and have it in operation by spring. This will permit them to supply their mines with coal. The dock has a capacity of 100,000 tons.

Battle Creek—When a bandit held up Sam Jordan, a tailor of Battle Creek, Sam took the bandit's revolver away from him, slapped his face and ordered him to move on. While the hold-up man was running, away Sam, who admitted he was "afraid of guns," tossed the revolver into a pond.

Marine City—William Bowers, an undertaker, who is chief of the fire department, had a busy time when his own place of business caught fire. Bowers temporarily resigned his job as fire chief, turning the task of directing the firemen over to his assistant while he carried out coffins and supplies.

White Cloud—Sheriff Noble McKinley has returned from Detroit with Mrs. Alice Dudgeon, who recently was granted a retrial by the state supreme court. Mrs. Dudgeon was convicted in Detroit of the murder of her non-lawyer, Romie Hodel. She has been serving a life sentence in the Detroit house of correction.

Azn Arbor—Dr. A. E. Pohle, of Cleveland, who attained a national reputation while at Franklin University, will come to the University of Michigan as teacher of X-ray therapy with the opening of the new University hospital. He has been announced here by Dr. Preston M. Hickey, head of internal medicine.

Lansing—Mandamus action to prevent the City of Lansing from enforcing an ordinance designating routes over which buses may travel in the city has been started by the Michigan Highway Transportation association in Circuit Court here. The case would test the power of cities to control buses operating on streets in cases where routes have received the sanction of the State Public Utilities Commission.

Munising—Carlisle Rudd, 22 years old, of Eben Junction, a village near here, voluntarily surrendered to the authorities after killing his six-month-old baby. The mother said he committed the deed or gave a motive. Mrs. Rudd, who is 21 years old, told the officers that she did not know how the child was killed. She declared her husband brought the baby to her while she was sleeping, awakened her, and placed it in her arms. The baby died a few minutes later.

Lansing—The State Administrative Board has directed the Attorney-General and Public Utilities Commission to represent it at a hearing set for Feb. 4, before the Interstate Commerce Commission, when a proposal to increase freight rates between Central Freight Association territory, which Lower Michigan is located, and Eastern Truck Line territory, embracing the Atlantic seaboard states, will be considered. The advances asked for by the carriers would boost rates in the first, second, third and fourth classifications

NEW YEAR MEMORIES

By MARY GRAHAM BONNER



"I" said the New Year, "am so full of memories."
"Ah, but how can that be?" asked the Old Year.
The Old Year was just about to make his departure. The New Year was just arriving and there was no reason for the Old Year to stay around much longer. But he lingered for a little while. He had so much to tell the New Year—beauties, secrets, the years all have.
"I will explain to you," the New Year said. "I have just arrived, it is true. But you know I have already heard people talking."
"They have talked of olden times, when it was the custom to make calls on New Year's Day."
"They have talked of their childhoods, they have talked of happy, happy New Years they have had."
"And when they talk about New Years—even though they don't exactly mean me, I feel that these are my memories, too—my New Year memories."
"It is so wonderful to be a New Year and yet feel one has memories, too."
"Oh, I understand," said the Old Year. "For I felt that way, too, last New Year's Day. But I must be off. Happy New Year, dear New Year, with your memories."
And the Old Year was gone. And the New Year was starting off.
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Good Resolutions

By THOMAS A. CLARK
Dean of Men, University of Illinois

NEWMAN never made good resolutions at the beginning of the year. He affirmed, or at any other time, that matter. He didn't believe in the practice.
"The most of such resolutions are a joke, anyway," he said. "So why get into the habit of making one's promise to oneself? I don't make 'em."
So Newman retained all his bad habits, made no improvement in his ways of thinking and living, and ultimately became a luck number.
Good resolutions are simply one illustration of the will to do things. Without such resolutions there would be no improvement in reform, no improvement, no progress in the right direction. Unless we resolve to do better and have the will and principle enough to carry out the resolution, we cannot retrograde for ourselves.

There is a certain fitness in making good resolutions at the beginning of the year. There is a psychological advantage in starting at the beginning again, of seeming to put the past behind one and getting a new start. Fortunately, many men keep these resolutions and so the world and the individual are made better. The effect of ending the old year with one's resolution is to permanently to injure the character. To begin with a good resolution is a long step toward improvement.

"I'm going to do my work better this year," Faber said to me. Perhaps he will not carry out all his good intentions, but if he only starts right the chances of success are favorable.
"The man who never makes good resolutions, who has no urge or intention to reform his present condition is not likely to get far morally, and the man who is afraid to resolve to do better is weak."
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The Passing Years

Years bring a tender satisfaction to one who has lived a good life. The good deeds one has done will be so many song birds to make sweet melody in his heart. The association of friends will be more precious the longer we cherish them. The consciousness of growth in grace, the assurance that we are becoming master of ourselves with the passing years will add to our peace when we realize that we are growing old, and that our span of life is becoming narrower.
—Methodist Protestant.

The KITCHEN CABINET

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Our country's prosperity was built up by industry and thrift. Our forebears had a lust for work and accomplishment. Instead of this, our youth of today are seeking ways of idleness, when there is no such thing as an easy way, except at the expense of their own and our country's future.
Theodore N. Vail.

SEASONABLE MEATS

Chicken prepared and served in various ways is always a most delicious dish. Stuffed and roasted it can hardly be equaled, while smothered, fried, seed and baked in milk are all most appetizing.
Smothered chicken is split down the back, and roasted whole with much basting, then served with a cream gravy.
Chicken fricassee with a mushroom or cream gravy with dumplings is one way to extend the chicken flavor and serve two or three more than can be served with roasted fowl.
Capon is heavier than ordinary chicken and a much more delicate flavor; this, when stuffed with an oyster dressing is chicken par excellence.

A well-made rabbit stew or a rabbit pie is a tasty dish; when the season for game is open, they are usually plentiful.

A whole baked ham or a crown roast of pork are both popular meats at this season. A saddle of venison, or a few venison steaks are considered by those who are fortunate enough to have them, as rare tidbits.

The following are a few stuffings which are a little out of the ordinary:
Sweet Potato Stuffing—Take two cupsful of mashed sweet potato, two cupsful of chopped apple, one cupful of soft bread crumbs, one-fourth of a cupful of melted butter, one teaspoonful of salt, one-fourth teaspoonful of pepper, and a teaspoonful of poultry dressing.

Celery Stuffing—Take one-half of a bunch of celery, two tablespoonfuls of butter, two eggs, one pint of bread crumbs, salt and pepper to taste. Chop the celery, add the crumbs squeezed dry from cold water, mix all the ingredients, add celery salt and the eggs lightly beaten.

Keeping at work while, hard work tends to prosperity, and at the same time protects the worker. He is too busy to be foolish and wasteful. —Presbyterian of the South.

FOR THE FAMILY TABLE

When salad materials are low, scrape and grind enough uncooked carrots to make a cupful or two, adding a bit of onion juice and a stalk or two of minced celery. Mix with a good mayonnaise and serve on a tender leaf of lettuce. A sprinkling of nuts, even coarsely rutted peanuts adds to this salad.

Stewed Pig's Knuckles.—Wash three pounds of fresh pig's knuckles and score the skin. Rub them with a tablespoonful of salt and dust with pepper. Place in a kettle with enough water to cover them, cover closely and simmer two and one-half hours. Add six sweet potatoes, pared and cut into strips and cook three-quarters of an hour longer. Take out the meat, remove the skin and bones, lay the meat on a platter with a border of potatoes. To every cupful of the liquid in which the meat was cooked add two tablespoonfuls of flour mixed to a paste with one tablespoonful of water, one tablespoonful of horseradish and one-half teaspoonful of Worcestershire sauce. Cook until thickened. Serve with fried apples or jelly cranberries.

Boned Fish.—Fish would be so much better enjoyed if the bones were removed. This is not a difficult task and baking a fish that is stuffed increases its attractiveness. After cutting the fish down the center, remove the bone by cutting with a sharp knife, beginning at the tail. Most of the bones will be removed with the back bone. Lay in the well-seasoned stuffing, sew up and bake as usual.

Vegetarian Gravy.—Chop one small onion and carrot and brown in two tablespoonfuls of butter. Dissolve a bouillon cube in one cupful of hot water, add to vegetables and simmer for 20 minutes. Strain, thicken with flour and butter, adding a dash of Worcestershire sauce and kitchen bouquet.

Ginger Sandwiches.—Mix very fine preserved ginger, moisten with enough of the syrup to spread easily, add a few minced almonds finely chopped and use as filling. Prepare and cut as usual.

Cream of Corn Soup.—In a double boiler place one quart of milk, one and one-half cups of canned corn, one-half an onion, three sprigs of parsley, one-fourth teaspoonful of paprika, and one teaspoonful of salt. When hot stir in two tablespoonfuls of corn, enriched with a little cold milk; stir until thickening begins, then cover and cook for fifteen minutes; remove the onion and parsley and press through a sieve. Serve hot garnished with popcorn.

Heinie Max well
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