



Feel Achy After Every Cold?

ARE you lame and stiff, tired and nervous—constantly troubled with backache and twinges of pain? Have you given any attention to your kidneys? Grip, colds and chills, you know, are apt to be mighty hard on the kidneys. And if the overtaxed kidneys fail to properly filter the blood, impurities accumulate and throw the whole system out of tune. Then may follow daily backache, rheumatic pains, headaches, dizziness and annoying kidney irregularities.

In such conditions a good stimulant diuretic should help the kidneys flush the poisons out of your system. Use Doan's Pills. Doan's have helped thousands. Are recommended by folks you know. Ask your neighbor!

A Michigan Case
William Neason, retired farmer, Arcade St., Gladwin, Mich., says: "Backache was the first symptom of kidney trouble in my case. As time passed, the muscles in my back and limbs became lame and sore. My kidneys were weak and acted far too often, sometimes causing me to get up during the night to pass the secretions. After using Doan's Pills, the trouble left me."

Doan's Pills
Stimulant Diuretic to the Kidneys
At all dealers, 60c a box. Foster-McMillan Co., Mfg. Chemists, Buffalo, N. Y.

Stick
"That there nephew o' your'n is getting to be a tolerable smooth worker, hain't he?" asked old man Sockery.
"Eh-yah!" responded Gap Johnson of Rumpus Ridge. "He can spit in your ear and make you think he's telling you political secrets, as slick as anybody."—Kansas City Star.

Reasonable
Colonel Roosevelt told a war story at an Albany reception.
"A doughboy," he said, "had just got back home from the war, and he was lunching in a cafeteria when a dear old lady in the next chair to his own leaned over across her plate and said: 'I, too, have a soldier son, young man, and a lucky one at that. My boy believes in it. My boy went through the war without a scratch.' 'Gee, lady,' said the doughboy, 'spit us the name of his insect powder, will ye?'"



SAY "BAYER ASPIRIN" and INSIST!

Unless you see the "Bayer Cross" on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians 24 years for

Colds Headache Neuralgia Lumbago
Pain Toothache Neuritis Rheumatism

Safe Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.

Specialization
Very Much Worried Man (running into office of throat specialist)—"Doctor! Doctor! Quick! My little girl has swallowed a button."
Specialist—What kind of button?
Very Much Worried Man—Celluloid. It came from—
Specialist (holding up hand)—You'll have to go to Doctor Wilkinson if it's celluloid; I remove only metal ones with an embossed design.—Life.

Year's Oil Output
Preliminary estimates indicate that the total world production of crude oil in 1924 may have equaled the 1923 output. While the two leading producers—the United States and Mexico—appear to have registered a decline, this has been largely counterbalanced by increased output in some other countries, as Russia, Persia, Romania and South America—notably Venezuela.

Audience Outtalks Orchestra
Complaint has been made in Edinburgh that during the overture of a comic opera members of the audience talked so loud that the music could not be heard.

Dark Walls Absorb Light
For kitchen walls, light colors are cheerful and clean in appearance and have the added value of diffusing the light so as to brighten the dark corners.

Children Cry for

Fletcher's CASTORIA

MOTHER—Fletcher's Castoria is a pleasant, harmless Substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups, especially prepared for Infants in arms and Children of all ages.

To avoid imitations, always look for the signature of *W. H. Forst* on the wrapper. Follow directions on each package. Physicians everywhere recommend it.

NEWS FROM THE STATE CAPITAL

State Will Assume Trunk Line Costs According to Bill Passed By House

Lansing—The Ming proposal for the assumption by the state of all responsibility and cost of construction and maintenance of trunk line highways, was passed by the house by a vote of 71 to 14. The committee have been paying half of the cost, and it is estimated that the Ming scheme will save between \$3,000,000 and \$4,000,000 for the various counties, and saddle that amount, as Ming described it, on the automobiles of the state, where it belongs.

All the work would be done by the state highway department, which operates under the administrative board.

Before the Ming bill passed an attempt was made to amend it. Representative George Watson, of St. Clair county, proposed that the counties be required to pay 10 per cent of the cost of maintenance and 5 per cent of the costs of construction of the highways, simply, he said, so that the counties would be able to have a voice in the state highway commission's operations in their individual cases. Several Wayne county members favored this amendment, which was lost by a vote of 78 to 19.

Handbook Bill Reported Out

The Bahorski Anti-Gambling Bill was voted out of the Senate Judiciary Committee with the recommendation that the bill pass.

No opposition to the bill has developed in the Senate and it is expected to ride through to final passage without interruption. In 1923, practically the same measure was adopted unanimously, and there is no reason to believe there has been any serious change in sentiment.

As the bill comes from committee it is unchanged even in verbiage. When it came up in the Judiciary Committee several suggestions for improving it were made, but in each instance Senator Joseph Bahorski, sponsor of the bill and co-author with Detroit judges and other persons interested in stamping out the gambling evil, was able to show that the original wording excelled the suggestions.

School District Bill Passes

Relief for the congestion of Redford Union school districts is seen in the measure by the House of the Legislature bill providing for the exemption of rural agricultural school districts from the bonding limitation of 5 per cent on districts with from 15,000 to 100,000 population. The bill, introduced by Rep. Fred W. Bratton, of Highland Park, passed unanimously.

"The population of this district is now 15,000. Two years ago it was 5,000. Its school facilities consist of an eight-room building erected in 1922, and twice remodeled. The bond limitation, according to Rep. Bratton, precluded the building of more schools. Under his bill if it becomes law, the district may issue bonds in amounts to provide sufficient schools."

Agree On Transit Bill

William M. Donnelly, attorney for the Detroit Rapid Transit Commission; John L. Lovett, secretary of the Michigan Manufacturers Association; and Rep. Sherman D. Callender, of Detroit, met here and agreed to the amendments that the Callender Rapid Transit bill will carry when it is brought before the House Committee on Public Corporations. Most of the amendments were suggested by Mr. Lovett. He was responsible for tying up the bill when it seemed that it might be reported out of committee in its original form.

Would Revoke Driver's Licenses

A bill introduced by Rep. Sherman D. Callender, of Detroit, would make it mandatory on the secretary of state to revoke automobile operators' licenses upon conviction of any felony in which a motor car figured, of driving while drunk, or under the influence of drugs, or of leaving the scene of an accident without reporting the name and address.

To Limit Christmas Trees

Senator James C. Quinn, of Grand would prohibit the cutting of Christmas trees with a butt diameter of less than four inches, and to license wholesale at \$10 each, and retailers \$5, according to a bill which he has introduced.

Reports of Tax Collections

Senator James C. Quinn, of Grand Rapids, has introduced a bill to require county treasurers to make monthly reports of tax collections to the state treasurer, and to pay 1 per cent interest on all sums withheld.

Stockholders May Lose Rights

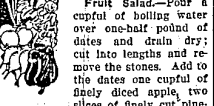
Stockholders in trust, security and deposit companies would be shorn of their present rights to vote for directors under the so-called cumulative plan, if a bill introduced in the House by Rep. Charles H. Culver, of Detroit, is passed. Mr. Culver said that the bill was sent to him by an official of a Detroit trust company, but he declined to divulge the name of the official or of the company. The cumulative plan was created for the small stockholder.

The Kitchen Cabinet

(By 1925, Western Newspaper Union.)
Blest be the tongue that speaks the ill.
Those words are always true:
That those who love the laws of kindness still.
Whatever others do.
Blest be the hands that toil to aid the great world's crannies.
The good never are afraid
To do a kindly deed.

FOR DINNER TODAY

Fruit and vegetables are essential to health: eggs when moderate in price should be used freely in the menu as a substitute for meat.



Fruit Salad—Pour a cupful of boiling water over one-half pound of grapes and let steep for five minutes and remove the stems. Add to the dates one cupful of finely sliced apple.

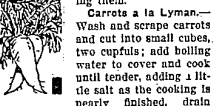
Cheese Sauce—Take two pounds either pork or veal with a little beef or chicken, three stalks of celery cut into bits, one can of bean sprouts, a half-pound of mushrooms, one-half pound of potatoes, two teaspoonfuls of head molasses, one-fourth teaspoonful of pepper and two teaspoonfuls of salt. Heat a little fat in a saucepan, add the meat and brown, cook until nearly done, then add the vegetables, one cupful of meat stock, or water, the seasonings and molasses. Cover and cook one hour, using great care to keep from scorching. Serve with boiled rice and soy sauce.

Cream Dressing—Mix three-fourths of a teaspoonful of salt, two tablespoonfuls of sugar, one-half teaspoonful of mustard, one-fourth teaspoonful of paprika, and four tablespoonfuls of flour; stir until well-blended; add one cupful of water and bring to the boiling point, stirring constantly. Remove from the heat and pour on to the well-beaten yolks of two eggs. Cook in a double boiler until thick and smooth. Add one tablespoonful of butter or olive oil, cool and add one-third cupful of lemon juice, stirring until well mixed. Beat one cupful of cream until stiff and fold into the chilled dressing.

Spiced Honey Cakes—Cream one-half cupful of sugar, stirring until well-blended; add one beaten egg, one-half cupful of honey, one and one-half cupfuls of flour, two teaspoonfuls of baking powder, one and one-half teaspoonfuls of cinnamon and one-quarter teaspoonful of salt, all sifted together. Beat well and add one cupful of chopped nut meats. Drop from a small spoon on a greased baking sheet, leaving a space for the cookies to spread. Bake fifteen minutes.

Seasonable Dishes

As carrots should be served in every family at least once a week, we will enjoy a new way of serving them.



Carrots a la Lyman—Wash and scrub carrots and cut into small cubes, two cupfuls; add boiling water to cover and cook until tender, adding a little salt as the cooking is nearly finished. Drain when tender and add the following sauce: Cook together three tablespoonfuls of butter, three tablespoonfuls of flour; when smooth add gradually one cupful of chicken stock and one-half cupful of thin cream or milk. Add the carrots and season with one-half teaspoonful of lemon juice, salt and pepper to taste. As soon as well-heated add two well-beaten eggs and serve at once.

Carrot Pudding—Take one pint of grated raw carrots, one cupful of sugar, one cupful of flour, one-half teaspoonful of cloves, cinnamon, nutmeg, allspice, one-half pound each of currants and raisins, one-half cupful of melted butter. Mix well, add two teaspoonfuls of baking powder to the flour with the spices, mix all well and pour into a well-buttered mold and boil four hours. Serve hot with a liquid sauce.

Beef and Corn Pudding—Drain the liquid from a can of corn (this may be used in soup or other dishes). Put one pound of lean beef through the meat chopper. Brown a tablespoonful of chopped onion in a tablespoonful of butter, add one tablespoonful of flour, and brown again. Stir in gradually one cupful of strong beef stock and when smooth, season with salt and pepper. Put the meat and corn in alternate layers in a baking dish, pour over the sauce, seasoning each layer. Sprinkle the top with a half-inch layer of cheese, cover and place in a hot oven. Bake covered a half hour, uncover and brown.

Queen of Puddings—Take one pint of bread crumbs, one quart of milk, one cupful of sugar, the yolks of four eggs, the grated rind of a lemon and two tablespoonfuls of butter. Bake spread over the top a layer of jelly and cover with a meringue using the whites beaten stiff, four tablespoonfuls of sugar and the juice of the lemon. Brown lightly and serve.

Nellie Maxwell

Litigation Saved by Diversity of Opinion

When two men of high standing fall out it is usually over one of the most trivial things in life. It would not be fair, perhaps, to say that Senator Lodge and General Paine actually fell out, but they were neighbors at Nahant and General Paine wanted a right of way across Mr. Lodge's property. The question of right of way was rather involved, and Paine consulted a lawyer, who said, "You haven't a case."

Not satisfied, he consulted another, who gave him a similar opinion.

The great world's crannies were there, when the general received a letter from the senator saying, "As to the right of way, I have consulted two lawyers, both of whom tell me you can probably sustain your contention in court. I suggest, therefore, that we come together and arrange for the right of way as you desire."

The Outcours Toilet Trio

Having cleared your skin keep it clear by making Outcours your everyday toilet preparations. The Soap to cleanse and purify, the Ointment to soothe and heal, the Talcum to powder and perfume. No toilet table is complete without them.—Advertisement.

Nothing Else to Do

One day . . . when my rheumatism was bad . . . and my daughter had just clapped with a good-for-nothing scalding . . . and fire had destroyed my barn . . . and I had lost a fine horse that I hadn't paid for . . . and my best hog had up and died with the cholera . . . and they had foreclosed the mortgage on me . . . and the sheriff was looking for me with a warrant . . . I told my troubles to one of these here optimists and he said: "Cheer up, old man, the worst is yet to come." So, I shot him.—Country Gentleman.

DEMAND "BAYER" ASPIRIN

Take Tablets Without Fear If You See the Safety "Bayer Cross"

Warning! Unless you see the name "Bayer" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians for 23 years. Say "Bayer" when you buy Aspirin. Imitations may prove dangerous.—Adv.

History of Lace

Lace was first made in the sixteenth century. Before that time the term lace described such articles as cords, narrow bands of plaited and twisted threads, used not only to fasten shoes, sleeves and corsets together, but also in a decorative manner to braid the hair and to wind around the neck. It was used as a trimming for costumes.

Painful Pleasures

"There's no pleasure without its pain." "That's so. Even breakfast in bed has its crumbs."

Colds That Hang on

If you permit a cold to fasten itself upon you at this season of the year it may last all winter, and of course may develop into a very much more serious illness.

If you begin to treat a cold just as soon as it appears, it is much easier to get rid of it.

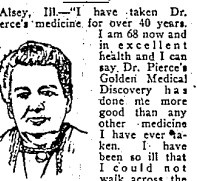
If the treatment that you use is Father John's Medicine you will find that the cold promptly disappears in the natural way because this prescription gives strength and enables the organs of the body to perform their natural functions, drives out the poisonous waste matter and restores normal health.

FATHER JOHN'S MEDICINE
No Alcohol or Dangerous Drugs
Over 69 years of success

Value of Farm Crops
According to the census bureau the total value of farm crops and live stock in 1923 was approximately \$16,000,000,000.

Praises Old Friend

Alsey, Ill.—"I have taken Dr. Pierce's medicine for over 40 years. I am 68 now and in excellent health and I can say Dr. Pierce's Golden Medical Discovery has done me more good than any other medicine I have ever taken. I have been so ill that I could not walk across the floor and the 'Discovery' is the only medicine that did me any good. I have a daughter who had the flu and the doctors gave her up; she took the 'Golden Medical Discovery' and is now well."—John H. Hays, Box 44. All dealers. Tablets or liquid. No harmful ingredient.



RUB YOUR EYES?

Use Dr. Thompson's Eye-Liniment. 125 West 19th St., N.Y. Local.



PARKER'S HAIR BALM
Removes Dandruff, Itches, Itching, Scalp, and keeps the hair soft and healthy. It is a sure cure for all hair troubles. It is a sure cure for all hair troubles. It is a sure cure for all hair troubles.

W. N. U., DETROIT, NO. 11-1925

75% of disease avoided through internal cleanliness

WHEN you are constipated, poisons are formed in the accumulated food waste, and reach all parts of the body. The first results, headaches, biliousness, a feeling of "heaviness," etc., serve as warnings of graver diseases to follow if this intestinal poisoning continues unchecked.

This is why intestinal specialists state that constipation is the primary cause of three-quarters of all illness, including the gravest diseases of life.

Physicians Advise Lubrication for Internal Cleanliness

Medical science has found at last in lubrication a means of overcoming constipation. The gentle lubricant, Nujol, penetrates and softens the hard food waste, and thus hastens its passage through and out of the body. Thus, Nujol brings internal cleanliness.

Nujol is not a medicine or laxative and cannot gripe. Like pure water, it is harmless. Take Nujol regularly and adopt this habit of internal cleanliness. For sale by all druggists.

Nujol
For Internal Cleanliness

Grow Hair On Your Bald Head

You have used many remedies to grow hair, that have failed. Now use W. H. Forst's Hair Growth and Grow hair on your bald head.

Drug Store and Barber Shops.

W. H. Forst, Mfg.
SCOTTDALE, PA.
Correspondence Given Personal Attention