He takes mental health crusade to villages of South America

The lessons taught by an Oakland University instructor may affect the mental health delivery system of person over the net few years.

Psychiatrist Jeffrey Kottler of Farmington Illis, a visiting associate professor of counseling, is teaching framily counseling techniques to Person Illis, a visiting associate professor of counseling, is teaching the ferror of the world professor of counseling is na coepied practice in the U.S., it is revolutionary to the Pervisian mental health system.

Rotter is opening the way for thousands of Pervisians to receive mental health are was reserved for the sealth care was reserved for the sealth care was reserved for the causes of Pervisians to receive mental histories, and the was invited to the counsel of the provision of the problems Kottler faces is both trips we have a success, and he was invited to return.

His recent two-week lecture tour site thereof the first and psychologists. The Peruvian Psychologists and psychologists. The Psychologists and psychologists and psychologists and psychologists an

return.

His recent two-week lecture tour attracted 400 of Peru's top psychiatrists and psychologists. The Peruvian Psychological Association has invited Kottler back, and he plans to continue his lecture program there in late 1984.

the treatment most. The methods of helping families banlecture program there in late 1984.

"IN MY first trip, I convincerd so
much resistance to my ideas about
short-term interventions in mental
shadith," he said. "Now it has been so
gratifying to return one year later and

Dr. Jeffrey Kottler

a person becomes insane, he is likely to remain in the home. Mental hospitals are restricted to only a few, primarily persons associated with police or mili-

of Kotiler's ideas, just as they are wary of all suggestions from North Americans, he said. "They try these things with a suspicious attitude." That negtativism is a check, however, in that doctors do not blindly carry out Kottler's ideas without regard for whether they will work.

will work.
"My role is just to introduce the ide-as and theirs is to adapt them to Peru-vian reality."

A problem Peruvian doctors face is

vian reality."

A problem Peruvian doctors face is accommodating three distinct population groups. The family problems of the jungle, mountain and urban people differ widely and individual solutions must be found. The situation is comparable to what U.S. doctors would have if people from Hawati, Alaska and New York City suddenly found themselves living together, he says.

To continue the education of Peruvian doctors, an effort will be made to bring a Peruvian mental bealth provider to Oakland University for further training in counseling. If he trip can be arranged through the Fulbright Scholarship program, the Peruvian would arrive here in Sept. 1985, Kottler said, and begin working toward a master's degree.

Kottler is director of his own Wood-Kottler is director of his own Wood-Kottler is director of his own Wood-

degree.
Kottler is director of his own Wood-creek Clinic in Farmington Hills.

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quirements.

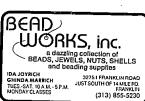
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