

# Library is Madonna's jewel

## Capacity is doubled

The Livonia Public Schools' "Spotlight on Community Ed" is prepared by Don Friedrichs.

While nearly 700 classes began in late January there are still many more opportunities for leisure time and adult education coming your way in February and March. Do not overlook the following. Stop in at the Livonia Public Schools' central office, 15125 Farmington, and register with the community education services. There is plenty of parking near the rear building. Call 422-1200, Ext. 334, for more information about:

- Fitness classes: Aerobics with dance, aerobic exercise, specialty classes (exercise and jazz, fitness for dieters, fitness over 50, jazz dance, floor exercises, parent and child, age 5 and older, postnatal exercise, weight workout), pool exercise and general fitness. Join an ongoing class or start again on April 9. Call 422-1200, Ext. 347.

- GED testing: For individuals 18 and older whose senior class has graduated. Schedule yourself for a GED (Graduate Equivalency Diploma) examination 6-10 p.m. Tuesday and Wednesday, Feb. 21 and 22, or 9 a.m. to 1 p.m. Monday and Tuesday, March 12 and 13.

- Hypnosis weight clinic: Help change your attitude toward foods, feel like eating less, exercising more and developing a more positive self-image, from 7-10 p.m. Tuesday, Feb. 21, in Bryant School.

- Special stress clinic: Take an in-depth look at stress, what it is, its causes and the problems associated with it. A cassette tape deep relaxation training course included, 6:30-10 p.m. Tuesday, Feb. 28.

- Clown doll workshop is planned for 7-9:30 p.m. Monday, Feb. 27.

- Data processing career opportunities will be explored 7-9 p.m. Tuesdays, Feb. 21 and 28, in Bentley High School.

- Investment planning for your child's education will be the topic of a program 7-9:30 p.m. Thursday, Feb. 16, in Stevenson High School.

- Project for kids (kindergarten through grade 9) will be offered 6-8:30 p.m. Monday, Feb. 13, in Franklin High School.

- Quilted wall hanging class is 7-9 p.m. Tuesdays, Feb. 21 and 28, in Frost Middle School.

- Shaggy wreath class meets 7-9 p.m. Monday, Feb. 20, in Franklin High School.

- Shipboard cruise will be discussed 7-9 p.m. Thursday, Feb. 23, in Bentley High School.

- Silk flower lamp class will be offered 7-9 p.m. Thursdays, Feb. 16 and 23, in Bentley High School.

- Stars in the winter sky will be discussed 7-9 p.m. Thursday, Feb. 16, in Bentley High School.

- Wicker sewing basket will be 7-9:30 p.m. Wednesday, Feb. 22, in Emerson Middle School.

- There are also a variety of family field trips that include a ticket and bus transportation to the cultural event of your choice. Those still available include:

- "Crime of the Heart," Tuesday, Feb. 14, in the Birmingham Theater. Bus leaves at 6:45 p.m. Cost is \$15 per person.

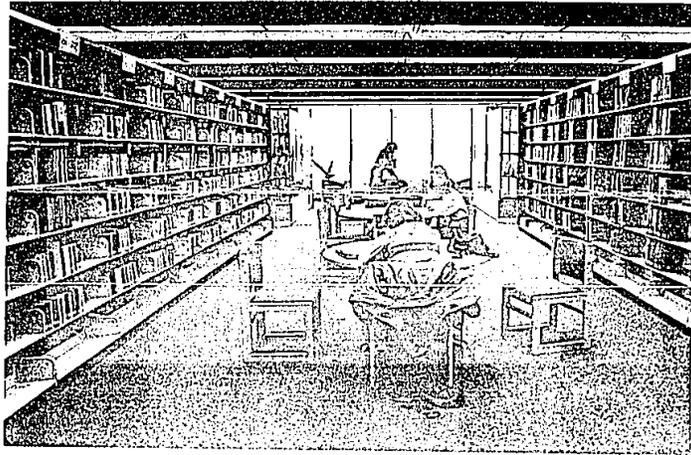
- "The Liar," Thursday, Feb. 16, in the Hilberry Theatre. Bus leaves at 7 p.m. Cost is \$8.

- Detroit Symphony Orchestra Coffee Concert is Friday, Feb. 24, in Ford Auditorium. Bus departs at 9:30 a.m. Cost is \$17.

- "The Wind in the Willows," Saturday, March 3, in the Detroit Youthcenter. Bus leaves at 10 a.m. Cost is \$7.

- "Really Rosie," Saturday, March 3, in the Music Hall. Bus leaves at 7 p.m. Admission is \$16.

Call 422-1200, Ext. 338, for more information about family field trips.



Students began using the library last month at the start of Madonna's winter term. The library collection includes 100,000 books.



### Thoughts On Dental Health

By Claudia Menton, D.D.S.



February is National Children's Dental Health Month!

So Smile! And there is no better time than now—to go and visit a Dentist for a check-up! You may be in need of a professional cleaning to remove the plaque and calculus from your teeth. Plaque is probably the biggest cause of tooth decay and eventual tooth loss. What is plaque - how do we acquire it - and how do we control it?

Plaque is the sticky, practically colorless film that builds continuously on the teeth and mainly consists of bacteria. Bacteria ferment sugars in the mouth, changing them to acids which then dissolve tooth enamel. That's what causes cavities! The best way, if not the only way to remove calculus and long-established plaque is to have a professional cleaning. At our office, we would be pleased to treat all of your dental needs. We are open 6 days a week, and evening appointments are available. So—celebrate Dental Health Month—our staff will be looking forward to serving you!

Dr. Claudia Menton, D.D.S.  
Hearthstone Office Center  
28807 W. Eight Mile Rd.  
Livonia 474-5572

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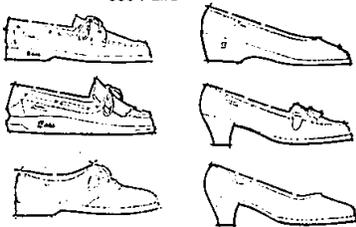
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DELSEY White Bath Tissue 4-Pack White or Pastels	24 Pkgs.	\$1.29	\$ .89	\$21.36
NEW FREEDOM Maxi or Super Maxi Pads 30 ct.	12 Boxes	\$3.41	\$ 2.69	\$32.28
HI-DRI Jumbo Towels	30 Rolls	\$ .69	\$ .52	\$15.80
KLEENEX Family Napkins 140 1-Ply Assorted Colors	21 Pkgs.	\$ .87	\$ .69	\$14.49
HUGGIES Newborn Diapers, Daytime, Toddler Diapers	4 Pkgs.	\$8.69	\$ 7.89	\$31.98
KOTEX Light Days - Deodorant or Reg. Pantliners	12 Boxes	\$2.69	\$ 1.99	\$23.88
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