

Container gardening ideal for busy folks

Modern lifestyles often don't lend themselves to traditional gardens. When both husbands and wives work, there's less free time to care for plants.

Smaller living spaces, particularly in urban areas, prohibit garden plots. And the frequent moves of modern life tend to discourage putting down roots, even for plants.

So it's easy to understand why container gardening has become increasingly popular in our mobile society. All a

container gardener needs is adequate light and access for watering and fertilizing the plants.

Apartment dwellers in urban canyons can enjoy fall foliage, homegrown vegetables or cheerful flowers.

The only limitation to high-rise container gardening, warns the book, is weight. A newly watered container, especially a big one holding a small tree, may be too heavy for a balcony or for moving men to handle.

Ventilate home

Continued from Preceding Page

and one-square-foot outlet for each 300 square feet of ceiling area.

Second is the use of vapor barriers in the attic between the inside air and the insulation. Insulation in batts and blankets can be bought with a vapor barrier already attached to one side.

New homes or those without attic insulation should be fitted with this type of fiber-glass insulation with the vapor barrier (facing) side installed towards the warm-in-winter (heated) part of the home. Attics with some existing insulation require unfaced fiber-glass insula-

tion with no vapor barrier.

Questions about these and other home energy matters can be answered with the help of a free brochure from Manville, "The Homeowner's Guide to Installing Fiber Glass Insulation." This brochure, HIG-505, is available by writing to: Manville Service Center, 1601 23rd St., Denver, CO 80223.

Along with the insulation itself, a basic understanding of insulation, ventilation and vapor barriers is all that's needed to help provide your family with a secure and comfortable environment while lowering energy usage at the same time.

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