Stuff tomatoes with vegetables and mushrooms

Tomatoes arriving this time of year from Florida are known for holding their shape well even after cooking, so they make a beautiful presentation when filled with colorful stuffings. Do remember, however, before you do anything with them, to allow the tomatoes to ripen at home for a few days. Let them sit at room temperature on your kitchen counter until they're fully red and yield softly to the touch. Don't refrigerate them or they won't ripen the way they should.

When they're ready you can stuff them with all sorts of colorful compatible mixtures. In our recipes we've used vegetable stuffings . . . (green vegetables look particularly pretty besides tasting good). Eggs hold the spinach-rice filling together in our first recipe which is seasoned with onion, lemon, black pepper and nutmeg. The stuffed tomatoes are served hot or at room temperature, and would go equally well with chicken, meat or fish.

• Peas and mushrooms make another pretty tomato presentation. Bread crumbs are added, plus some onion, parsley and a dash of ground black pepper. Quite impressive for brunch.

SPINACH STUFFED TOMATOES GREEK-STYLE

6 large Florida tomatoes
1¼ cups water
⅓ cup rice (uncooked)
1 pkg. (10 oz.) frozen chopped spinach or
1 pkg. (10 oz.) fresh spinach
2 eggs, lightly beaten
¼ cup finely chopped onion
2 tsp. lemon juice
1 tsp. salt, divided
¼ tsp. ground black pepper
⅛ tsp. ground nutmeg

Preheat oven to 350°. Use tomatoes held at room temperature until fully ripe. In a small saucepan bring water to boiling. Stir in rice. Reduce heat and simmer covered until rice is almost tender, about 15 minutes. Trim and wash fresh spinach; cook in a tightly covered saucepan with water clinging to the leaves for 3 minutes; drain and chop. If using frozen spinach thaw and squeeze out moisture (do not cook). Combine rice, spinach, eggs, onion, lemon juice, ¾ teaspoon of the salt, black pepper and nutmeg; blend well. Cut a thin slice from the stem end of each tomato. Scoop out pulp (use in soups, etc.) leaving a ¼-inch thick shell. Invert to drain. Turn tomatoes cavity side up. Sprinkle inside of tomato shells with remaining ¼ teaspoon salt. Fill with spinach-rice mixture, mounding on top. Place in a shallow baking pan containing 1-inch hot water. Bake uncovered until tomatoes and filling are hot, about 15 minutes. YIELD: 6 portions.

PEA AND MUSHROOM STUFFED TOMATOES

6 medium-sized Florida tomatoes
8 oz. fresh mushrooms or 1 can (6 to 8 oz.) sliced mushrooms
4 tbsp. butter or margarine, divided
¼ cup minced onion
1 pkg. (10 oz.) frozen peas
1 tbsp. chopped parsley
¾ tsp. salt
1 pinch ground black pepper
⅓ cup soft bread crumbs

Preheat oven to 350 degrees. Use tomatoes held at room temperature until fully ripe. Cut a thin slice from the stem end of each tomato; scoop out pulp (use in soups, etc.), leaving a ¼-inch thick shell. Slice fresh mushrooms or drain canned mushrooms; set aside. In a large skillet melt 3 tbsp. of the butter. Add onion; saute for 2 minutes. Add reserved mushrooms; saute for 3 minutes. Cook peas as package directs; stir into mushroom mixture along with parsley, salt and black pepper. Spoon into tomato shells. In a small saucepan melt remaining 1 tablespoon butter. Stir in bread crumbs. Sprinkle lightly on top of tomatoes. Place in a shallow baking pan containing 1-inch hot water. Bake uncovered until crumbs are golden and tomatoes are hot, about 15 minutes. YIELD: 6 portions.

Mexican pork stew is spiced with cumin

Cumin (pronounced kumm-in) is just one of the many spices whose popularity has increased steadily in the United States during the past decade. It has always been widely used in Mexican cooking, is a traditional component of Indian curries, and seasons vegetables, soups and main dishes in the Middle East.

Carne de Puerco con Tomate y Comino is Mexican Pork Stew with Tomatoes and Cumin. This is a festive yet simple-to-make main dish and can be made ahead and reheated. Pork cubes are browned lightly first in a saucepot, then a spice mixture of ground cumin, instant minced onion and garlic, paprika and ground red pepper is simmered with the meat until tender. Cubed tomatoes are stirred in and the stew is garnished with avocado chunks. A sprinkling of Parmesan makes a nice finishing touch.

Another popular Mexican dish features chicken — also with cumin and garlic (a natural duo) — and some crushed or ground red pepper. This spicy simmered chicken can also be made a day ahead.

MEXICAN PORK STEW WITH TOMATOES AND CUMIN
(Carne de Puerco con Tomate y Comino)

2 tbsp. vegetable oil
2 lbs. boneless lean pork, cut into 1-inch cubes
3 cups tomatoes, cut in 1-inch cubes, divided
Water
1 tbsp. ground cumin
1 tbsp. instant minced onion
1½ tsp. instant paprika
½ tsp. salt
⅛ tsp. crushed or ground red pepper
1 tbsp. flour
1 small avocado, peeled and diced
2 tbsp. grated Parmesan cheese

In a large saucepot heat vegetable oil until hot. Add pork; brown on all sides, about 5 minutes. Add 1½ cups of the tomatoes, 2 cups water, cumin, onion, garlic, paprika, salt and red pepper, mix well. Bring to a boil. Reduce heat and simmer covered until tender, about 50 minutes. In a small bowl combine flour and 2 tablespoons water. Stir flour mixture into pan along with remaining 1½ cups tomatoes. Bring to a boil. Cook and stir until thickened, 2 to 3 minutes. Garnish with avocado and Parmesan cheese. YIELD: 4 to 6 portions.

CHICKEN WITH CUMIN

2 tbsp. vegetable oil
3 lbs. chicken parts
1½ cups water
2 tsp. ground cumin
1 tsp. instant minced garlic
1 tsp. paprika
½ tsp. salt
⅛ tsp. crushed or ground red pepper

In a large skillet heat vegetable oil until hot. Add chicken; brown on all sides; drain off fat. Stir in water, cumin, garlic, paprika, salt and red pepper. Bring to a boil. Reduce heat and simmer covered for 30 minutes. Uncover and simmer, stirring occasionally, until chicken is tender and sauce is slightly thickened, about 20 minutes. YIELD: 4 portions.

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Consolidated Report of Condition of
Liberty Bank — Oakland

of Troy, Michigan 48084 And Foreign and Domestic Subsidiaries, at the close of business March 31, 1984, a state banking institution organized and operating under the banking laws of this state and a member of the Federal Reserve System. Published in accordance with a call made by the State Banking Authority and by the Federal Reserve Bank of this District.

ASSETS — Dollar Amounts in Thousands	MIL	THOU	
1. Cash and balances due from depository institutions:			
a. Noninterest-bearing balances and currency and coin		1,933	1.a.
b. Interest-bearing balances			1.b.
2. Securities (from Schedule RC-B)		1,120	2.
3. Federal funds sold and securities purchased under agreements to resell		1,430	3.
4. Loans and lease financing receivables:			
a. Loans and leases, net of unearned income (from Schedule RC-C)			4.a.
b. LESS: Allowance for loan and lease losses			4.b.
c. LESS: Allocated transfer risk reserve			4.c.
d. Loans and leases, net of unearned income, allowance, and reserve (item 4.a minus 4.b and 4.c)			4.d.
5. Assets held in trading accounts			5.
6. Premises and fixed assets (including capitalized leases)		372	6.
7. Other real estate owned			7.
8. Investments in unconsolidated subsidiaries and associated companies			8.
9. Customers' liability to this bank on acceptances outstanding			9.
10. Intangible assets			10.
11. Other assets (from Schedule RC-F)		1,143	11.
12. Total assets (sum of items 1 through 11)		5,837	12.

LIABILITIES	MIL	THOU	
13. Deposits:			
a. In domestic offices (sum of totals of columns A and C from Schedule RC-E)			13.a.
(1) Noninterest-bearing			13.a.(1)
(2) Interest-bearing			13.a.(2)
b. In foreign offices, Edge and Agreement subsidiaries, and IBFs			
(1) Noninterest-bearing			
(2) Interest-bearing			
14. Federal funds purchased and securities sold under agreements to repurchase			14.
15. Demand notes issued to the U.S. Treasury			15.
16. Other borrowed money		793	16.
17. Mortgage indebtedness and obligations under capitalized leases			17.
18. Bank's liability on acceptances executed and outstanding			18.
19. Notes and debentures subordinated to deposits			19.
20. Other liabilities (from Schedule RC-G)			20.
21. Total liabilities (sum of items 13 through 20)		5,037	21.
22. Limited-life preferred stock			22.
EQUITY CAPITAL			
23. Perpetual preferred stock			23.
24. Common stock		150	24.
25. Surplus		100	25.
26. Undivided profits and capital reserves		600	26.
27. Cumulative foreign currency translation adjustments			27.
28. Total equity capital (sum of items 23 through 27)		850	28.
29. Total liabilities, limited-life preferred stock, and equity capital (sum of items 21, 22, and 28)		5,887	29.

MEMORANDA — DEPOSITS OF STATE MONEY: NONE

I, WILLIAM T. LAROSA, VICE PRESIDENT & CASHIER of the above-named bank do hereby declare that this Report of Condition has been prepared in conformance with the instructions issued by the Board of Governors of the Federal Reserve System and the State Banking Authority and is true to the best of my knowledge and belief.

We, the undersigned directors, attest to the correctness of this Report of Condition and declare that it has been examined by us and to the best of our knowledge and belief has been prepared in conformance with the instructions issued by the Board of Governors of the Federal Reserve System and the State Banking Authority and is true and correct.

State of Michigan, County of Oakland ss:
Sworn to and subscribed before me this 19th day of April, 1984.
My commission expires: Aug. 13, 1986.