

Parish Plans Music Festival

St. Cecilia Catholic Parish will sponsor its fourth annual summer music festival the weekend of July 17, 18 and 19 beginning each evening at 7. The festival will be held on the parish grounds, Livernois and Stearns, just north of Grand River, Detroit.

Friday evening the theme will be "Yesterday's Laughs," featuring folk and show tunes as well as classic Saturday evening will be titled "Today's Life," featuring jazz, modern dance and folk music, and Sunday evening will be "Tomorrow's Dreams," with sacred and secular music.

Urologists Tell Women: 'Liberate Your Bladder'

ANN ARBOR Women need to liberate their bladders to reduce their disproportionate share of urinary tract infection, University of Michigan Medical Center urologists maintain.

"Infrequent voiding and enlarged bladders, so prevalent in American women, lead to urinary infection," states a medical report by a team of U-M urologists which has studied the problem since 1968. The team is headed by Jack Lapidus, M.D., professor of surgery and head of the U-M urology section.

The problem is sufficiently serious, and the findings sufficiently convincing, that Dr. Lapidus is willing to risk adverse criticism of his forthrightness.

"AN EDUCATIONAL CAMPAIGN should be undertaken by the medical profession to inform the American public that it is detrimental to health to permit the bladder to over-

distend through infrequent urination," he states.

Moreover, Dr. Lapidus would extend the campaign to include school teachers and employers: "They are in a position to control the urinary habits of many individuals, and frequently are averse to having their pupils or employees visit the restroom more often than once in four hours."

This kind of behavioral constraint is easily and unobtrusively, he adds. It appears to be peculiar to women, not because of their inherent physical make-up, nor, for that matter, because of the presence of irritating substances in the urethra.

WHEN QUERIED, women with infections examined and treated at the U-M Medical Center for the most part admit to poor voiding habits. They cite the following reasons for such procrastination:

- 1) Too busy with their jobs or their housework;
- 2) The boss frowns on too many trips to the bathroom during working hours;
- 3) Too few toilets for the number of people at the office or shopping center;
- 4) Fear of catching a disease in a public restroom;
- 5) Embarrassment at leaving the room at a party to go to the bathroom;
- 6) Actual belief that her bladder would be healthier and stronger if she held out longer;
- 7) Desire to be considered better traveler by being able to outlast companions.

These reasons may seem ridiculous to the less modest, but until they reached their present conclusions regarding the relation between delayed urination and infection, the U-M urologists admit that they and their fellow-clinicians were "buffed as to the cause and treatment" of the condition.

In the original 1968 study it was discovered that 68% of the 112 women with urinary infection displayed infrequent voiding and enlarged bladders. A later study in 1969 of 289 women saw the percentage increase to 67%. And a third study, this time involving girls from one to 16 years revealed that 69% had "unliberated or infant-type" bladders, while 30% were infrequent voiders.

Underlying the whole prob-

lem is a simple physiological explanation. Delayed voiding, or prolonged retention of urine causes the bladder to distend and enlarge. This decreases the blood flow through the bladder wall, creating an area of lowered resistance to the invasion of bacteria, and subsequent infection.

TWO SIGNIFICANT side-effects arose from the U-M study of urinary tract infection:

First, urinary tract infection is absent in the normal infant. He or she -- it doesn't matter in infancy -- has not learned to inhibit, retain or procrastinate urination.

Second, initial infections were found in children at or beyond 1 1/2 to two years of age, corresponding to the period of "toilet training."

Dr. Lapidus and his associates at the U-M do not with this evidence urge a moratorium on toilet training. Nor do they suggest forcing fluids or "triple voiding." They treat their patients with antibiotics, and they urge their especially women, to void frequently.

"We have seen enough patients," said Dr. Lapidus, "to prove that further recurrence of infection can be prevented by voiding every two hours during the day, and once or twice at night, depending on the number of sleeping hours."

Center Sets Arts Camp

There are still openings in section II, July 20 (to Aug. 14), of the 1970 "Arts Camp for the Arts" held at the Jewish Community Center, 18100 Meyers, Detroit.

Students in grades seven to 11, interested in either the performing or visual arts, are given an opportunity to learn new skills and further develop existing ones.

Staffed by skilled artists, classes meet from 9 a.m. to 4 p.m., daily in an informal atmosphere. Campers select two courses from their major area and one from their minor area of study. Courses in the visual arts include drawing and painting, ceramics and sculpture, jewelry and metal craft, and photography.

Courses in the performing arts consists of music, dramatics and dance.

Jam sessions, extended lunch periods with prominent artists in the community, provide an opportunity for the students to expand and enrich their knowledge and are held several times each week.

Registration may be made by calling the group services division of the Center DI 4-2800.



By MARGARET MILLER Women's Editor

Women on the Go 'Girl Friday' Gets Assessor's Job



DOROTHY SHIELDS says she "just grew into her job." She has to keep track of many things as a city assessor. (Evert photo)

Mrs. Dorothy Shields grew into her new job as assessor for the City of Farmington.

On hand for four years as a sort of "girl Friday" in the assessment office, this Redford Township mother of three was sworn in as city assessor this month.

"I've been here four rolls," Mrs. Shields said, referring to the yearly assessment rolls that are the means of computing time in this office.

Mrs. Shields said she had spent years in volunteer work, and turned to full-time employment after she was widowed.

SHE WAS INTERESTED in the offer of work in the assessment office, she said, because she always had enjoyed work with figures. She came to work with George Clement and William Brinkman, both part-time assessors and close to retirement.

"They taught me a great deal about the job and encouraged me," she said. "Each thing that I could do was one less thing that they had to do, so they showed me how."

When City Manager John Dinan talked to Mrs. Shields about taking over the post, he knew she already did quite a bit of work.

Now, as one of very few women in a position like hers, Dorothy Shields is busy taking the courses that will permit her to be certified by December, 1971.

This will be required by a new law. As of now, no certification is necessary, so she will have time to complete the six courses at Oakland Community College that lead to an associate degree and the right to take a state examination.

There's also the matter of talking to tax payers who come in often irate after they receive their tax bills.

In this, Dorothy Shields said, "I've had no problem."

"If you take the time to explain what your responsibilities are, most taxpayers go away satisfied," she added.

"Most have no idea of the requirements behind the assessments. And most do not realize that the assessments are no secret—they can come in and look up any assessment in our books. The trouble is, they don't do so until they get

their tax bill, and then it's too late to change."

Mrs. Shields has a daughter and two sons. They are Bill, 20, Gail Ann, 18, and Jim, 15.

She really hasn't had time since her appointment to check on how many other women assessors there may be in Michigan cities. But she hopes that any others who may be in office find the work as "interesting and rewarding" as she does.

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Police Wives Feed Coupons for Machine

The Detroit Police Officers Wives Association has embarked on a drive to buy a kidney machine for a Detroit area hospital to serve the general public as well as members of the department and their families. More machines of this type are critically needed in this area.

The association has set a goal of 18 months for collection of the 600,000 coupons needed for the lifesaving machine, valued at approximately \$50,000. The redemption coupons are found on packages of Betty Crocker and General Mills products.

Individuals or organizations wishing to assist in this effort are asked to forward coupons directly to the association at either of two authorized addresses in the Detroit area, 969 Stahelin, Detroit 48228, or 861 Ginnan, Detroit 48209.

Police Wives Feed Coupons for Machine

She's starting now to do some of the field work in appraising homes and property, and is working with Kenneth Palmer, a member of the city of Detroit assessment office for 15 years who is retained by the city of Farmington as consultant.

Mrs. Shields will do over more of the field work, but probably will continue to have some help in covering the approximately 1,300 three square miles in the City of Farmington.

She sees her job as one requiring the abilities of tax expert, mathematician, draftsman and public relations official.

"One of the hard jobs is keeping within the law," she

Police Wives Feed Coupons for Machine

They may receive entry

Jackson To Host 3 Day Festival

JACKSON forms by writing to the theater.

There will also be a ceramic and photographic exhibit for Michigan residents only. There will be \$100 cash awards for the best works in these two fields. Exhibitors should write to Sandra Cummings at the Stone Village Art Gallery, 1501 Probert Rd., Jackson, 49203, or call 517-789-7913. This should be done as soon as possible because space is limited.

During the festival, the theater will sponsor drama, dance, music and experimental film programs. Schedules of events may be obtained by writing to the Theater for a brochure.

Bridge Club Moves Game

The Mayfair Duplicate Bridge Club of Birmingham and Southfield will move its regularly scheduled Thursday evening games to the banquet room of the MCL Cafeteria of the Tell Twelve Mall for July and August.

Bridge Club Moves Game

Starting time will be 8 p.m. instead of 7:45 p.m.

Mayfair games are also held on Friday evenings and Wednesday mornings at 11 a.m. in the community room of the mall. A salad is served at the daytime game.

Mayfair will sponsor the National Charity game Friday, Aug. 14. Tables will be available in both locations in the mall, but reservations are preferred.

EMU Sets Workshop

YPSILANTI A high school workshop in broadcasting and film production will be offered at Eastern Michigan University, Ypsilanti, Aug. 2-5, by the speech and dramatic arts department.

The workshop will offer classes in announcing, directing, producing and acting. Field trips will be made to broadcasting and telecasting studios.

Students may qualify for a special certificate of accomplishment at the end of the course.

Graduate students and teachers may also attend the workshop. Two hours credit may be earned by taking Speech 586.

Students will live in the residence halls. All meals will be available cafeteria style. Total fee of \$15 covers all costs of instruction and housing.

Application forms and information may be obtained by writing the Coordinator, Eastern University Conferences, EMU, Ypsilanti, 48197.

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To Be Married

At a lawn party given by Mr. and Mrs. Roy Tramontana of Livonia, their son, Dominic, became engaged to Constance Knaggs. The lawn party was in honor of Tramontana's birthday and Miss Knaggs' graduation from Bentley High School. No wedding date has been set.

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