



Morgan-Carson

Mr. and Mrs. James J. Morgan of West Bloomfield have announced the engagement of their daughter Michelle Marie to Curt Robert Carson, a resident of Farmington Hills, who is the son of Mr. and Mrs. C. Robert Carson of Orchard Lake. The bride-elect is a graduate of Mercy High School and Central Michigan University. She is employed as a manager at Jacobson's of Birmingham. Her fiancé is a graduate of Southfield High School and Central Michigan University. He is employed by Carson Business Interiors, Southfield. The couple are planning an October wedding at Mercy Center, Farmington Hills.



Harmala-Walden

Mary Harnala of Farmington and Jim Walden of Union Lake announce their engagement. She is the daughter of Mr. and Mrs. Bill Harnala of Gahmet, and he is the son of Mr. and Mrs. Jim Walden of South Lyon.

The bride-to-be is a graduate of Southfield High School and Central Michigan University and has been employed as a teacher in Farmington Public Schools for the past 10 years.

Her fiancé is a graduate of South Lyon High School and General Motors Institute in Flint, employed as an engineer for General Motors Truck and Bus Group in Milford.

An August wedding is planned in First Apostolic Lutheran Church, Farmington Hills.

Thursday, May 31, 1984 6/12

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Deming-Kropp

Mr. and Mrs. Donald Deming of St. Louis Park, Minn., announce the engagement of their daughter Debra Claire to Kevin Michael Kropp, son of Mr. and Mrs. Leonard C. Kropp of Farmington Hills.

A June wedding is planned in Westwood Lutheran Church, St. Louis Park.

Hopwood Award won for creative writing

Farmington Hills resident Maureen Megerian has won first place honors in the Avery and Jules Hopwood awards for creative writing at the University of Michigan.

Megerian graduated from U-M in April with a degree in English and an honors degree in History of Art. She won \$300, the top prize in her category, for her essay, "Objects of Interest," which was a draft of her senior honors thesis on the work of the American artist,

1st, Claes Oldenburg.

The Hopwood award is the most prestigious award for student writing granted by the university. Awards are granted for entries in the categories of fiction, poetry, drama and essay.

A 1980 graduate of North Farmington High School, Megerian developed her interest in writing and art while a student at U-M.

She has written freelance feature ar-

ticles for the Michigan Daily, U-M's student newspaper, and worked as a student intern for the Michigan Alumni magazine.

Her work at U-M's Museum of Art has led to her leaving the state for New York City this spring, where she has accepted the job of assistant on a cataloging project for The Museum of Modern Art.

While in New York she plans to go to

graduate school for further history of art study.

Her parents are Richard and Barbara Megerian.



Maureen Megerian

Program fits special needs of mothers and mothers-to-be

One of the specializations of Botaford Hospital's Department of Health Promotion is in the area of maternal health, whose staff is getting ready for the next series of prenatal and postnatal fitness classes.

"Don't stop exercising just because you are pregnant, or recently had a baby," says Lori Burkow, who puts the best participants through their paces. "This may be the best incentive you have to start a gradual fitness program."

Burkow, who comes to the department with a degree in physical education from University of Michigan, will begin the twice-a-week, six-week series of both classes the week of June 25.

The prenatal classes emphasize posture and self-image. Participants learn to become aware of the changes going on in the body, and learn to better prepare themselves for the delivery process.

The postnatal classes are for women

who want to start a fitness program, or those who want to gradually work into a more strenuous aerobic program. Participants do toning and slimming exercises according to their individual abilities, and are encouraged to bring their infants to class for exercises mother and baby can do together.

Both classes taught by Burkow include a warm up, non-stressful aer-

bics, exercises for the legs and back, indirect work on the abdomen and relaxation techniques.

The department asks for a physician's permission for class participation.

Class fee is \$24.

Registration information is given by calling the hospital's Department of Health Promotion, 471-8090.

Fun Run set

A one to six mile Fun Run, or walk, if preferred, tailored for people of all ages and degrees of fitness, is being sponsored by cancer surgeon and Wayne State University professor Arthur Weaver, and his Better Living Seminars.

This free event, which emphasizes personal improvement rather than competition, will start at 10 a.m. Sunday, June 3, in the Plymouth Seventh Day Adventist Church parking lot, 4255 Napier Road.

A vegetarian buffet, with a suggested donation of \$2.50, will be served following the Fun Run. To register, call Sylvia Donahue 882-7348.





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