Gardening, good health go together

If I were to give advice to a home gardener, I would say, Take a waik hefore breakfast. If you have been ground your own block several times, select a new block. If you have to drive to find a new location, park your car and have a good healihy valk observing the home plact-lags. This will inspire you to improve your own grounds. A gardener has to be agile and healihy raik observing the kome plact-legs. This will inspire you to improve your own grounds. A gardener has to be agile and healihy. This prescription will make the walker bealihy and brimming with ideas to improve his home alite. Today if you were to plant a mini-mum site two or your property. In 10 yours must have on your property, in 10 yours must have on your property.

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home and lot. Many people suffocate their home structure, thinking they must have plant material, tightly planted, around the circumference of the building.

IF YOU have a large living room, window and wish for privacy, allow the pod 'o come right to the base of the structure and plan on a 'banana-shaped' island. This could have a flowering iree in the center and an ev-ergreen at teach end. The island should be about 10 feet from the house. If space allows, you may wish to plant some spring bu'bs and later annuals.

Nardin Park Nursery School will b hosting another outdoor summer pro-gram for 314-514-year-olds from June 18 to July 26 on the grounds of Nardin Park United Methodist Church, 11 Mile, west of Middlebelt.

Mile, west of Middlebelt. The program runs from 9:30 a.m. to 12:30 pm. Parents have the option of 12:30 pm. Parents have the option of choosing Monday and Wochesdrays or Thesday and Thursday. Fee is 412 per week and Includes a nutritional stack. Each week will have a different theme. The seations begin mill "Rodeo Week," which is followed by "Puppets on Parade," "Ring in the Fourth," 'Ok-toberfert, "Surf and Sea," and "Comp-lag Fun."

Children may attend one, all, or any combination of weeks. Application forms will be sent on re-quest by calling Mada Briggs, 476-3439.

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ng Fun.



The "picture composition" provides the indoor viewer with an attractive scene and some privacy from the street. It also prevents the foundation from being enveloped in "spinsch." You will be interested to know that in Germany there was a study of the effect of plants upon office workers in likele work area. They found the indi-viduals were happier with plants around them, since people spend 80 percent of their life indoors. "Interior coology" is important for psychological well-being. Too often wooker what this garden-ing "butiness" is all about. The average person spends "Is equivalent of spending 50 percent of your entire working life watching TV. The pest question: — "Is relaxation and exercise, plus feeling of accom-plianent an important part of your ille pattern?"

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2" x 4" 8' - 16' lengths

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trees for a long weekend. You, can plant four morning glory seeds to a which plant four morning the clined to stick in the obstar is interest-ing branch by give, interest. In a large container, morning gloris might be in-teresting traveling up a branch about four foet high. The aspiring gardener can have writes pict containing berts, The ideas for pot culture are endiem. Do let me how some of your experi-ences. Good Lack. patio pleasure. Right off, I must warn you, plants in containers outdoors re-quire watering at least every 38-43 hours. Therefore, plan their care ac-

## Hobbyists try to avoid injury

Warning to hobbyists and do-it-yourselfers: Threats to eyesight have been found in home workshops throughout the nation mowers, snow throwers, table saws and chain

2. Drilling, Fragments of metal, wood and bro-ken drill bits can fly with blinding speed into the face and eyes.

3. Nailing Before you do any serious hammer-ing, mate sure nails are properly set so that they won't spin off,

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Thursday, June 7, 1984 O&E

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toms College. These workshops will be from the part of the second second second the second second second second second second from the part Monkey Friday begins ing June 25,

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Computer courses set

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The Interiment descentions and Jugic of partners, will be emphasized,

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