



WOMEN
Do Something Special
For Yourself

YWCA WOMEN'S FITNESS WEEK
AUGUST 8-10

at YWCA Camp Cavell, Lexington, Michigan
a special concentration on fitness, stress management and health
designed for today's women. Includes exercise,
sports, nutrition, yoga, fashion coordination, skin care
and much more.

FEE: *100-YWCA Members
***124-Non-Members** (includes membership)
For registration information call YWCA Camp
Cavell Office: 887-4226
Ext. 14
- You Deserve It -



Arthritis Today
Joseph P. Weiss, M.D.
 Rheumatologist
 2000 North Highland Ave.
 Los Angeles, Calif. 90028
 Phone 782-7860

FIBROSITIS

Fibrositis is a condition in which there is irritation involving the body's connective tissue. This tissue holds together the muscles, tendons, and ligaments that surround bones and joints. If small areas of connective tissue become inflamed, these areas, known as trigger points, create a pattern of discomfort and radiating pain called fibrositis.

Because these areas are so close to the neck, shoulders, hips and knees, you may interpret the pain as a potentially crippling arthritis or muscle condition. At times the discomfort associated with fibrositis can bring a halt to your activities and force you to bed, but it does not lead to permanent disability.

The cause of fibrositis is unknown, though once established its presence is perpetuated by tension and fatigue. Treatment is directed toward ending irritation originating from the trigger point areas and decreasing muscle tension. Just therapy requires a different approach for each person as no drug or combination of treatments has proved uniformly successful.

	showroom and Sales 25423 W. Five Mile Redford Twp. 427-6092	BERGSTROM'S The Energy Experts <i>In Business Since 1937</i> Sale Expires Aug. 5, 1984	Store Hours 9-6 Monday-Friday 9-6 Saturday 12-4 Sunday	SERVICE Where ser- vice is unavailable, technical assistance
The Successor Round One The High Efficiency choice for Central Air Conditioning and replacement From \$973⁰⁰ Two Ton on replacement for existing systems. From \$1774⁰⁰ Two Ton on new installations 9+ S.E.E.R.	The "Golden Round" Michigan Heat Pump Top-Quality, Super-High Efficiency Heat Pump From \$2195⁰⁰** 2 Ton Deluxe Heat Pump Installed and Operating *After Rebate	THE WEATHERMASTER™ III Carrier's finest heat pump line. S.E.E.R. ratings as high as 11.65. For People Who Want The Best	CARRIER WINDOW AIR CONDITIONER 31 Models Available 5,000 to 35,000 Btu's For People Who Demand The Best From \$219⁹⁵ 251KPA	

FREE ESTIMATES Call 421-6032 Financing Available					
Do-It-Yourself CARRIER HIGH EFFICIENCY Air Conditioning \$649.95 Reg. \$649.95  2 Ton Condensing Unit and Case Coil, 32 Air Rads NEW KUBLER FREE DRAIN PUMP \$99.95 Reg. \$129.95 White \$119.95 Color \$129.95  Whispering Bird LAVATORY FAUCET with paper \$34.95  3" Shower \$89.95 Reg. \$149.95  PAGE SOLID OAK CABINET \$79.95 Reg. \$149.95 	New HEAT MAKER Boiler 87% ENERGY EFFICIENT AND REPLACES YOUR HOT WATER HEATER  OWENS CORNING TUB \$99.95 Reg. \$149.95  DELTA Washbowl Lav. Faucet \$25.95 with Pop-Up Reg. \$49.95  Options VANITIES 94" Vanity & Top \$134.95 Reg. \$199.95 90" Vanity & Top \$109.95 Reg. \$169.95  SPANERIS 15" x 22" White Pedestal \$124.95 Reg. \$189.95 	Now Taking Orders on CARRIER'S NEW 90% + EFFICIENCY FURNACE  Refracting Glass Shower Door \$24.95 Reg. \$34.95  Window 3 Water/Tub Shower \$49.95 Reg. \$69.95 8 Year Warranty  Options VANITIES Marble 21" Vanity and Top \$169.95 Reg. \$249.95  SPANERIS 15" x 22" White Pedestal \$124.95 Reg. \$189.95 	CARRIER Deluxe Furnace HIGH A.F.U.E. RATING means more heat from the furnace TOP QUALITY CONSTRUCTION with safety and durability and safety features. TWENTY YEAR EXCHANGER WARRANTY with 1 year parts  PEDESTAL LAVATORY \$99.95 Reg. \$139.95 18" x 22" 18" x 24" 18" x 26" Reg. \$149.95  STAINLESS STEEL DAYTON GINK \$49.95 Reg. \$79.95 LARGE BOWL CHALK DOWL \$49.95 Reg. \$79.95 MODEL DCM/232122  DADECO DISPOSAL \$69.95 Reg. \$4.95  AMERICAN CHINA Plate Toilet \$39.95 Reg. \$1.95 	Do-It-Yourself CARRIER Furnace \$359.95 Reg. \$499.95 75000 BTU 25000007-5-101 The Model Court Ignition Other models available at convenience  FLUXER SHIP 1/2" x 1/2" x 1/2" and 1/2" x 1/2" x 1/2" \$19.95 Reg. \$24.95  DELTA Washbowl Lav. Faucet with paper \$25.95 Reg. \$49.95  Options VANITIES Marble 21" Vanity and Top \$169.95 Reg. \$249.95  SPANERIS 15" x 22" White Pedestal \$124.95 Reg. \$189.95 	