Blacks, Jews have to talk

NUW THAT the Democratic Convention has ended, we can view with greater objec-divity and less emotionalism an issue which troubled many Americans during the in-tense campaign that preceded the nomina-dam.

violated many American during the in-prome campaign that preceded the nomina-tion. I During recent months, Rev. Jesse Jack-ten, an eloquent effective and parsionate printerman for Black poolse and for a sig-difference of the second of the second function of the second of the second function of the second of the second violation of the second of the second fallows by the second of the second fully set of the second of the second fully set of the second second of the second second of the second of the second of the second second of the second second of the second of the second of the second of t

IN HIS stirring address to the conven-tion, Rev. Jackson acknowledged the injury

moral perspectives Rabbi Irwin Groner

he had caused and expressed regret for those errors of the 'back and not the beart' which had olfended many. We are encouraged that Rev. Jackson has recognized that be has, on occasion, ap-pealed to religious prejudice and renewed any aspirat to political office. Rev. Jack-son has thus taken a crucial first step to healing the wounds that have been sus-tained. But additional measures are called for. We need to renew the process of dialogue between the Black and the Jewish com-mulat Blacks and Jewa diagree as well as the mental values to which both are log-ation of the black and here at how to empress differences the respecting the dignity and humanity of the source may performing wife. and pollical leaders to create a new coali-tion of conneience. We hope that he will ad-dress this urgent need. HELIGIOUS and racial bigotry injures every American. It has rescently been re-ported that anti-Catholic literature and alo-gans have been widely dispersed in the De-troit area. All of us are vulnerable to the irrational and cruel outbourds of group projudice which fars strength from the an-ger of the frustrated, the poor, and the de-perate.

ger of the functional stars accession from the de-period the numerical stars accession of the de-period of the stars and the stars and the star to recall our shared history as making at lies in the struggle for social justice in America. Each side has a perspective to give to the other. As we talk and listen to each other with sincerity and respect, we can interpret our differences in an atmo-phere of friendahlp. We can become a mighty force on behalf of freedom and jus-lice and opportunity for all Americans. We hope that Rev. Jackson will respond with determinisation and commitment to the challenge of this time.

What are signs of depression?

A. Jolay Farrell

most of my life's activities?
Am I unable to cope with the routine actions in my daily life?
Do I foel tired most of the time?
Boo I unaily foel pessimistic?
Do I availy foel pessimistic?
Have I tost interest in sex?
Have I had a change (either increase or decrease) in appetite, weight or aleep patterns?

Do I feel worthless?
Do I feel worthless?
Do I have frequent thoughts of suicide or death?

If you have answered yes to most of these questions, you most probably are suf-fering from depression and abould seek professional help. Professional hereapists who treat depression are doctors, psychia-

gerontology

A. Jolayne

ther Jo: Life is much an effort these days — I feel to unhappy and have very little energy, motimest i thick I am ariffering from de-ression, but I'm not sure. Could you tell us the main symptoms of depression? Mrs. G.S., age 61 mrs. Mrs. G. Dear Mrs. S.:

ear Mrs. S: Depression is the most common problem mong women in the second bail of life, it restimated that it affects twice as many romen as men. Depression describes a ange of moods and behaviours that pro-uce mild to severe impairment in one's allo life. taily life.

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· Have I lost interest and pleasure in

trista, psychologista, psychiatrie nurses, sychiatrie social workers and pasioral counselors. You would be wise to begin treatment of your problem by having a thorough physi-cal eximitation by your family doctor and request (ill necessary) a referral to a thera-pitst who is schooled in the treatment of do-pression in women your age. Please re-member, depression is treatment of do-pression in women your age. Please re-member, depression is treatment of do-pression in women your age. Please re-team be helped. Dear Jac. I wonder if you can enlighten me shoot something that is as me bewildered. I am a 65-year-old woman in good health. What behaves me is hast I recently noticed a change in my boreit habits. I don't know if it should be concerned. Will you please write about this is your commant. Dear Mrs. G: Mrs.K.0.

Dear Mrs. G.: Mrs. K.G. A change in bowel habits is a matter that you should discuss with your doctor. If the problem is a medical one, early medical diagnosis and treatment are essential.

Readers can write to Jolayne Farrell at P.O. Box 68, Postal Station G., 1075 Queen Street East, Toronto, Ontario, Canada.

medical briefs/helpline

• VOLUNTEERS NEEDED VOLUNTEERS NEEDED
Volunters unress are needed to help with tree blood pressure and the the lint and theld Mondays during the month h Affatts in the American Heart Association (Hears) I whitman Center, 3235 W. Chieses, Livona. Volunteers can call 42-3233 Mon-day-Fridg between 10 am. and 3 pm. The American Cancer Society is look-ing for daytime volunteers, borth men and women, interested in prevention education. A professional volunteed to become a bealth education speaker in any of the fol-



HEALTH SCREENINGS

• HEALTH SCREENINGS Free bealth screenings for persons 60 and older are being offered on Aug. 8 at the Plymouth Cultural Center, 535 Farmer Street, Plymouth. Call for an appointment at 723-3300. The event is a public service sponsored by Peoples Community Hespital Authority.

TION Women with endometricies and others in-terested in the disease are invited to attend the Ann Arbor chapter of the Endome-tricuis Association moothly meeting at 7 pm. Tureday, Aug. 14 in the Community Room of the Maple Health Building, 501 North Maple, An Arbor. An Ann Arbor gnecologist will give a lecture and healp lead a discussion on en-dometriceis which affects millions of wom-en in their childrearing years, causing pain

en in their childbearing years, causing pain and infertility. For more information, con-tact Suzanne McDonough, 562-9772.





Thursday, August 2, 1984 O&E



