recreation news

Each week the Farmington Hills Parks & Recreation Department will present a synopsis of upcoming activities in this column. For fur-ther information regarding our programs, con-tact our office at 474-8115.

FITNASTICS — Enjoy tooing your body to a for-mulated routine of exercises and dance. The twice-a-week sessions will meet 6:30-7:30 p.m. Monday and Wednesday, beginning Sept. 17, at the Plemontese Cital, 35:00 Nine Mile, in Farmington Hills. The fee for this nine-week session is \$35 and you may preregister at the Paris & Recreation Off-ice.

HUNTER'S SAFETY CLINIC -HUNTER'S SAFETY CLINIC — In accordance with Michigan State law, participation in a certified Hunter's Safety Clinic is required for all youth 12-16 years of age wishing to purchase their first bunting license. This six-hour course is designed to teach the individual all aspects of bunter's safety; and, after successful completion of the course, the individual will receive a Hunter's Safety Certificate. Class will be held Wednesday, Sept. 19 and Tucsday, Sept. 25, 6-9 p.m. at the Farmington Hills Library, 32737 12 Mile. A preregistration fee of 43 is required and may be submitted to the Park's & Recreation office.

Recreation office.

WESTERM HORSEBACK RIDDIG LESSONS —
Enjoy learning the basic skills of western horsenock riding at Windshire Equestrian Academy,
2552 Witom Road, in Millford. Classes are designed
for beginner, 8 yearn old and above, who have never had previous riding lessons, and advanced beginner; 8 years old and above, who have had previous riding lessons. Classes meet once a week for
eight weeks at a variety of dates and times and
begin the week of Sept. 24. Registrations for this

class should be made at the Parks & Recreation Office.

Office.

ADAPTVE RECREATION — Once again a variety of recreation activities are provided to area residents who are nulld to moderately, mentally and/or physically impaired. A Coffee Blowe drop-in center where teens and young adults can so claim and dance is held every first and third Friday starting Sept. 21. The Coffee Blows is at Oakland Community College, Orchard Ridge Campus, Building II and the doors open at 7 p.m. A Bowling League is also offered on Fridays at Art West Lance, starting at 4 p.m. The league will begin Sept. 21 and run for 12 weeks. For more information on special classes, events and trips call Kyle Middelon at 474-5115, Ext. 291.

Ext. 291.

YOUTH SWIMMING LESSONS — The swim lesson program offers Instruction for beginners through advanced swimmers. The program to belonce a week for eight weeks and is taught by Red Cross certified instructors. Lessons will be on Saturdays starting Sept. 29 at North Farmington High. All registration is done at a first-come, first-served hasts at the Parks & Recreation office. Registration (ee is \$18 per person.

fee is 188 per person.

FALL GOLFING — San Marino, a municipally owned nine-bole golf course, offers a great recruentional opportunity to area golfers of all ages. The 75-acre park will soon be taking on the autumn colora. Located on Haisted Road between Grand River and 12 Mile, the club bouse features a complete pro shop and snack bar. The San Marino Municipal Golf Course is open to all area golfers and their guests. The staff will be happy to answer any of your questions. For the times or other information, call 476-5910.

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COMMUNITY ACCESS PROGRAMMING SCHED-

- 12 noon Cooking with Judy Antishen #2. 12:30 p.m. Green Meade Blue Grass Festi-
- 12:30 p.m. Green Mcaue Biue Grass Festi
 Metrovision.

 1 p.m. Hot Air Ballooning, Redford Metro.

 1:30 p.m. Hote in One #3, Michelle Bransik.

 6 p.m. Cooking with Judy Antishen #2.

 6:30 p.m. Green Mcade Blue Grass Festival Mctrovision.
- 7 p.m. Hot Air Ballooning, Redford Metro.
 7;30 p.m. Hole in One #3, Michelle Bransik.

Sept. 18

- 12 noon Golden Gloves boxing tournament
 Metrovision.
 6 p.m. Golden Gloves boxing tournament Metrovision.

Sept. 19

- 12 noon Farmington Families in Action Mike Winchester presentation on drups.
 12:45 p.m. There's nothing wrong with me, I only have epilepsy.
 1 p.m. Celebration, First Presbyterian Church of Northville.

- 6 p.m. Farmington Families in Action Mike Winchester presentation on drugs.
 6:45 p.m. There's nothing wrong with me, I
- 6:65 p.m. There's nothing wrong with me, I only have epilepsy.
 7 p.m. Celebration, First Presbyterian Church of Northville.

Sept. 20

- 12 noon A House for all Seasons solar primer, Energy Commission, Lansing.
 12:30 p.m. Healthwise First Aid tips, Providence Hospital.
 1 p.m. Creative complaining Betty Schelling.
- 1:30 p.m. Health talks, Henry Ford Hospi-
- tal.

 6 p.m. A House for all Seasons solar primer, Energy Commission, Lansing.

 6:30 p.m. Healthwise First Aid tips, Providence Hespital.

 7 p.m. Creative complaining Betty
- Scheining. 7:30 p.m. Health talks, Henry Ford Hospital.

Sept. 21

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