

## club circuit

**AMERICAN ASSOCIATION OF RETIRED PERSONS (AARP)** Farmington Hills Chapter, meets at 1 p.m. tomorrow in Farmington Hills Branch library. Program for the afternoon is

called "Safety Hints," led by a member of Farmington Police Department. Membership in AARP is open to all persons over the age of 16, whether retired or not. Membership inquiries are

taken by NaDean Soliman, 348-0035.

**MOTHERS OF TWINS CLUB**, Western Wayne County Chapter, hosts its semi-annual rummage sale 2-4 p.m.

Saturday, Sept. 22, in St. Matthew Lutheran Church, 5885 Venoy, one block north of Ford Road, Westland. Fall and winter infant and children's clothing, toys, baby equipment and fur-

niture will be for sale.

**MULTIPLE SCLEROSIS SOCIETY**, Metro-Detroit Branch, begins its Active Coping Techniques (ACT) program at 7 p.m. Monday, Sept. 24, in Wright and Filippis Building, Rochester. The series, designed for the newly diagnosed patient, will continue through Nov. 12. Registration information given by calling the society at 967-2022.

**LAMAZE CHILDBIRTH ASSOCIATION OF LIVONIA** hosts two events Monday, Sept. 24, in St. Matthew United Methodist Church, 30900 Six Mile Road, Livonia.

A film called "Cesarean Childbirth Preparation" will be shown at 7 p.m. A discussion class, on the subject of breastfeeding, begins at 8 p.m. Inquiries taken by calling Sherry Louisignau, 425-3249.

**FARMINGTON AREA NATURALISTS** meet at 7:30 p.m. Monday, Sept. 24, in Farmington Hills Branch Library, 12 Mile Road, east of Farmington Road.

Program for the evening is called "The Edible Wild Plants of Michigan," led by Ellen Weatherbee, from the University of Michigan. She is an instructor for the university's adult education courses conducted at its Botanical Garden.

The meeting is open to all persons interested in nature. No charge.

**WOMEN'S DIVORCE SUPPORT GROUP** meets at 8 p.m. Tuesday, Sept. 25, in Room F130, Forum Building, Schoolcraft College Campus, 18600 Haggerty Road.

Program for the evening is called "Women and Credit," led by DeLana Goodwin, personal banking officer of Comerica Bank.

The group is sponsored by Women's Resource Center of Schoolcraft College for women who are separated, divorced, in the process of or contemplating divorce. It provides a forum to identify problems and needs, share feelings and information.

Attendance is free. No registration is required. Inquiries are taken by calling the center, 581-6400, Ext. 430.

**LALECHIE LEAGUE**, Farmington Area Chapter, invites guests to its meeting at 9:30 a.m. Wednesday, Sept. 26, in one of the members' homes. Inquiries are taken by the group leader, and district adviser, 477-5073.

All club news and announcements for this column should be addressed to: Club Circuit, Farmington Observer, 23352 Farmington Road, Farmington 48024. The information must arrive before noon on the Monday before Thursday publication.

# 3-day festival filled with prizes, games, rides, food, entertainment

The congregation of St. Alexander Catholic Church will hold its annual "Fall Festival" Friday through Sunday, Sept. 21-23, on the grounds at 27855 Shiawassee.

Doug Clarke's "Leisure Time Amusements" returns with a variety of

thriller-type rides for a \$5 pay-one-price.

Bingo runs continuously in the social hall. The convent on the grounds will be known for the weekend as The Flying Nun Casino. The games tent will house about 20 offerings to test your skill or take your chance. The Country

Store will be set up again in its same location.

George House on the guitar is one of the featured entertainers. "Peaches and the Pub People" return for the second year. Saturday is Kids Day with games running 1-4 p.m. Watermelon-eating

contests and dirtiest-sneakers-in-town contest is on the agenda. The puppet show begins at 2 p.m. and a contingent of clowns make a festival in themselves.

Food of all kinds will be available throughout festival hours, but the special-priced chicken barbecue is offered 2-6 p.m. Sunday.

**THE CHURCH** members stage the festival each fall to help defray operating costs and reduce a long-term debt.

"Since opening our doors, actually our food bins, to those in need in our area, the task of making ends meet has become that much more difficult," said Lawrence Rospierski, speaking for the festival committee.

"It necessitates the continuing success of our annual fund-raiser if we are going to continue the food distribution center for the unemployed. We take care of many needy people here each week. And when the demand exceeds the supply, as it often has, the parish has seen that no one is wanting."

He continued, "It's great to see a tiny parish such as ours pull together not only on a weekly basis, but at festival time as well. It's encouraging, but we still need the help of the community at large."

Rospierski thinks of the Sunday night festivities as sort of a grand finale to the weekend.

That's the time the annual auction begins when a host of items go on the auction block and festival-goers walk away with quality items they've gotten for bargain-basement prices.

It's also the time the raffle tickets are drawn for prizes that run from \$100-2,000 in cash. Admission to the grounds and parking is without charge. Festival hours are from 5-11 p.m. Friday, noon to 11 p.m. Saturday and noon to 9 p.m. Sunday.

# Substance abuse treatment unit to open in Botsford

Botsford General Hospital will open an acute-care detoxification program Monday, Oct. 1, for persons with alcohol and drug dependency problems.

The program will be in cooperation with Insight, a Flint-based substance abuse treatment agency, and will cover 3-5 days.

The Insight at Botsford Chemical Dependency Unit will serve Oakland and Western Wayne counties. Patterned after other Insight-operated hospital programs, the unit will combine medical care and individualized therapy as the first step toward recovery and substance abuse.

Dr. Morris Fineman, the program's medical director, calls the unit a welcome addition to Botsford's total health care system.

"ALCOHOLISM and dependence on

other mood-altering chemical is a growing concern in our community," said Dr. Fineman. "Our hospital is deeply committed to helping those suffering from this debilitating and progressive disease."

Fineman says the disease is more prevalent than generally realized. On the average, one out of 10 persons is alcoholic, he said, adding that for every alcoholic, four others are affected, including family members, neighbors or co-workers.

"Alcoholism afflicts more than 20 million Americans and is the greatest single cause of death between ages 15-45," Fineman said.

In the workplace, where the problem costs American industry \$56 billion a year, chemical dependency shows up in inconsistent work quality and lowered productivity.

**SUBSTANCE ABUSERS** generally are late to work more often, involved in more job-related accidents, use an above-average amount of sick leave and accrue more absences. "The problem is prevalent in all professions and discriminates against no one," he said.

Insight and Botsford personnel plan to work with employers to identify and effectively treat troubled workers early in the disease process.

"For years it was thought the alcoholic had to hit bottom physically, mentally and spiritually before treatment would work," Fineman said. "Now we know the chances for recovery are much better in the earlier stages. Like other diseases, the earlier it is detected and treated, the better the prognosis for preventing further related health problems."

The new unit will be medically staffed 24 hours a day with Botsford physicians, nurses and support personnel. Insight, a nonprofit organization, also operates a 52-bed residential substance abuse treatment facility at Colomiere Center in Clarkston, which will provide additional care if needed.

# Blood pressure control taught in 5-part class

The Oakland County Health Division, in cooperation with American Heart Association, offers a series of five blood pressure control classes to residents of Oakland County. The classes will be given weekly, 7:30-9:30 p.m. Tuesdays, beginning Oct. 16 in the health division's office at 27725 Greenfield Road, Southfield.

All classes are free but advance registration is required. To register, call 858-1280.

Topics that will be covered include defining the disease, medications used in treatment, dietary recommendations, and living with high blood pressure.

Classes will be taught by Oakland County Health Division public health nurses and nutritionists. Activities and information shared will help class participants better understand high blood pressure and self-care skills.

Spouses and/or other family members are encouraged to attend.

### RED BELL

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### "AN ADVENTURE IN YOURSELF"

## FASHION & BEAUTY WORKSHOP

For the Woman who wants to enhance her appearance and gain self-confidence. Westland Center is offering a seven week Fashion & Beauty Workshop conducted by John Robert Powers School of Personal Development and Modeling beginning ... Monday, October 1, from 7:00 to 8:00 p.m. in Westland's Auditorium.

The Workshop will focus on:

- Visual Poise • Hair • Make-up
- Fashion • Diet & Exercise

The fee for the Workshop is \$25

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Make check or money order payable to Westland Center Merchants Association	

To register by mail, send this form along with your check or money order to: WESTLAND CENTER Fashion and Beauty Workshop 35000 W. Warren, Westland, MI 48185

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MONDAY	AROUND YOUR WORLD WITH SCIENCE (9:30-11:15 a.m.)		\$32.00
WEDNESDAY	IT HAS TO BE MILCHIG (9:30-11:15 a.m.)		\$32.00
FRIDAY	PAPER, PAINTS & PASTE (9:30-11:15 a.m.)		\$32.00

ALL CLASSES MEET FOR 8 WEEKS BEGINNING OCTOBER 22

for more information contact: BETH ABRAHAM HILLER, MOSES 5075 W. Maple Road, W. Bloomfield TEL: 851-6000