

For those who want to look their best

May Arvo, who won the Mrs. Michigan title in 1950 and is now host and producer of "Today's Woman" on cable TV, returns to Oakland Community College's Orchard Ridge Campus to instruct an eight-week course called "Creating the Total New You — a Beautiful Look."

Arvo's classes are designed, "for those who want to look their best," she says of the sessions that build self-con-

fidence simultaneously with a new image. "Although we teach beauty techniques, nutrition, visual poise, wardrobe, and more, the top line still reads self-esteem. When you know how, you become more confident in yourself. It's wonderful watching people grow and blossom as they progress in the course."

She works individually with her stu-

dents creating the new image with color or co-ordination, make-up makeovers, hair and skin advice and exercise. The multi-talented instructor is an experienced actress, singer, model, and beauty consultant for agencies, businesses and in private seminars. She has a degree in nursing and music, and is most proud of the fact that she is the oldest winner of the Mrs. Michigan contest. The statuesque grandmother will

soon have a grand total of 11 grandchildren. "Creating the Total New You" runs 8:30-9:30 p.m. Mondays beginning Oct. 1. Fee is \$48, plus \$3 of class material, which is payable to the instructor on the first night of class. Registration is limited and is requested beforehand by calling her at 471-7500.



Smith-Spanaki

Lynn Marie Spanaki and Michael Dale Smith were married in St. Hugo of the Hills Church. She is the daughter of Mr. and Mrs. Gene Spanaki of Bloomfield Hills and he is the son of Mr. and Mrs. Myron Alpert of Farmington Hills. The bride wore her mother's wedding gown, fashioned of taffeta lace over satin, and a headpiece of pearls and silk flowers attached to a cathedral-length veil. The couple received guests in Petrusillo's, in Rochester, before leaving on a trip to Pompano Beach, Fla. They will make their home in West Bloomfield.

First needlework show set for Oakland Mall

Oakland Mall, Troy, will host the Oakland Mall Needlework and Textile Show and Sale, Oct. 19-21, featuring its first stitchery competition and exhibition.

The exhibition will consist of all prize-winning works and selected entries, a number of which have already arrived from throughout the country. The show and sale promises an outstanding presentation of quality needlecraft in a wide-range

ing variety of categories — embroidery (including ethnic pieces), quilting, lace-making, weaving, innovative fibers, wearables, wall hangings and more.

Prizes will be awarded by four judges, all active in local chapters of the Embroiderer's Guild of America and the Needlework Guild of America. Judging will take place on Oct. 19, with the deadline for entering Oct. 9. "The fine arts depart-

ment of one university requested 10 entry forms," said Merry Silber, show producer, "which indicates to us the quality level of works we are receiving. I am continually surprised at the enthusiastic response, far-reaching and first rate."

Fashion is represented by artistic wearables, and, the 1940 Free Press first place stitchery contest winner will display her place mat set, which won the coveted award. Workshops and lec-

tures are being offered, along with ongoing free demonstrations in quilting, lace-making, rug weaving, smocking, stenciling and pinning.

Onlookers will be urged to participate in the making of lace and in techniques of folding patchwork. Thirty-five vendors will offer handcrafted items for sale during the pre-Christmas fair. These include gifts, stuffed animals, dolls and

Professional volunteer needed

The help of professionals is needed by Farmington Youth Assistance (FYA). The service organization is sponsored by the cities of Farmington and Farmington Hills, Oakland County Juvenile Court and Farmington School District.

Its aim is to reduce juvenile delinquency and enhance family life.

Interested lawyers, teachers, CPAs and those with leadership qualities are asked to contact the FYA office, 476-3840.

Club calls mothers of twins

Farmington Area Mothers of Twins Club meets the third Thursday evening of each month. Members take turns hosting the group in their homes. Membership is open to all women

who have had a multiple birth. Information about the workings of the club and the site for the next meeting is available from DeeDee Adams, 477-9025.

Art institute shows 80 Turkish textiles

"Flowers of Yayla: Yoruk Weaving of the Taurus Mountains," an exhibition of nearly 80 textiles, will be shown from Tuesday, Sept. 18 through Sunday, Nov. 18 at the Textile Galleries of Detroit Institute of Arts, 5200 Wood-

ward. Produced by a semi-nomadic people of south-central Turkey, the textiles were made for practical everyday use. They represent a centuries-old weaving tradition which is slowly vanishing.

Rich in tones of yellow and rust-reds, the pieces are a clue to the traditional life of the Yoruk people, who tended flocks of sheep, goats or cattle and seasonally migrated from winter coastal pastures to summer pastures in the Taurus Mountains. The textiles include saddle blankets and rugs for door and floor activity, kilims for covering bedding and items in transport, flatwoven sacks, saddle bags and other utility containers.

The textiles show a progression from natural dyes to chemical dyes, although traditional designs and techniques remain constant. Recurring motifs include tribal marks, talismans, religious symbols and related architectural forms, animal and floral forms. Weaving implements and related

photographs also are in the exhibition, which was organized by the Textile Museum, Washington, D.C.

An illustrated lecture by Walter Denny, professor of art history at the University of Massachusetts, Amherst, will be presented at 8 p.m. Monday, Oct. 29 in the museum's lecture hall. Admission is \$3 (\$2 for students and senior citizens and \$1 for Founders Society members) at the door.

Free "Masterwork of the Week" talks will be presented at 1:30 p.m. Wednesday, Oct. 31 and Friday, Nov. 3 by Elsie Holmes Peck of the museum's Ancient Art Department.

The textile exhibit is free and open the public during regular museum hours from 9:30 a.m. to 5:30 p.m. Tuesdays through Sundays.

Hickeys mark 40th year

Donald and Rose Hickey of Farmington Hills celebrated their 40th wedding anniversary with an open house in Farmington Community Center. The couple were married Sept. 2, 1944, in

Adrian, Mich. They have six sons and seven grandchildren, and are members of Our Lady of Sorrows Catholic Church. Hickey is president of Electrical Associates Inc.

Childbirth classes start

Childbirth education classes begin at 7:30 p.m. Thursday, Sept. 27, in East Middle School, 25000 Middlebelt Road. The class is a holistic approach to prepare expectant parents for the birth of their child.

The six-week series, conducted by a

registered nurse, is sponsored by Professional Associates in Childbirth Education in co-operation with Farmington Parks and Recreation Department.

For registration or more information, call Annette Hill, 851-9458.



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