

Roame-Amboyon

Charles Roame of Farmington Hills and Betty Roame of Birmingham announce the engagement of their daughter Brenda Marie to Craig Amboyon, son of Mr. and Mrs. Michele Amboyon of Milford.

The bride-to-be is a graduate of Harrison High School and Oakland Community College employed with National Bank of Detroit. Her fiancé is a graduate of Harrison High School and is employed in Fort Lauderdale, Fla. An August, 1986, wedding is planned.



Black-Cheyne

Susan Elizabeth Cheyne and Peter Black were married by the Rev. Arthur Spafford in First United Methodist Church of Farmington. She is the daughter of Kenneth Cheyne and Mrs. Elizabeth Rice of Farmington and he is the son of Mr. and Mrs. Lee Black of New Baltimore.

The bride wore her mother's gown of ivory satin and hand-painted lace. The couple were attended by Regina Steurer and Michael Black.

The newlyweds honeymooned on Mackinac Island and are now residing in Huntsville, Ala.



Collins-McDonald

Tina Marie McDonald and James Joseph Collins III were married Jan. 11 in St. Colman Catholic Church by the Rev. John Gough of Assumption University in Windsor, Ontario, and deacon Mark Springer of Our Lady of Sorrows Catholic Church. She is the daughter of Mr. and Mrs. Merlin Daesch of Farmington Hills and Bruce McDonald of Grosse Pointe. He is the son of Mr. and Mrs. James J. Collins Jr. of West Bloomfield.

The bride wore her mother's gown of antique satin and chapel train decorated with rose petal appliques, while she carried a bouquet of rose buds and alstroemerias.

Jennifer Gilpin served as maid of honor with bridesmaids Jeanette Jacques, Carol Crist, Joanna Wright, Mary Collins, Kelly Collins and Mary Imhoff dressed in teal colored gowns.

Patrick Collins served as best man with groomsmen Ted Deshaw, David DeBruyne, Jeff Bain, Steve Burrows, Gary Imhoff and Joseph Guerriero.

The bride and groom are both graduates of North Farmington High School. He attended Lawrence Institute of Technology and is employed as an architectural engineer with Horach Associates.



The couple received guests in Glen Oaks Country Club before leaving on a trip to Mexico. They will make their home in Austin, Texas.

West-Quinn

The families of Sandra Kay West and Keith Patrick Quinn announce their engagement. She is a resident of Farmington Hills and he is a resident of Southfield.

She is a graduate of Michigan University employed with Bordinas in Rochester. He is a graduate of Michigan State University and now working towards his masters degree in accounting at Wayne State University while employed with National Liquid Blasting in Novi.

A July wedding is planned.

'Living With Asthma' is topic of free lecture

"Living With Asthma" is the subject of a talk to be presented at 7:30 p.m. Wednesday, Feb. 13, in St. Mary Hospital, Livonia. A. Malik Mirza, a Farmington physician specializing in allergy and immunology, will give an overview of allergies affecting the asthmatic patient and discuss the use of medications in the treatment of asthma.

Dr. Mirza's lecture includes a slide presentation and informational handouts from the Asthma & Allergy Foundation of America. Following his talk, Dr. Mirza will allow an hour for questions from the audience.

The lecture, which is open to the public without charge, will be given in the first-floor Nursing Services classroom in the hospital on Five Mile and Levan Road.

Dr. Mirza, who treats both children and adults, is a diplomate of the American Board of Allergy and Immunology. He is on the staff of Children's Hospital and William Beaumont Hospital, as well as St. Mary's.

Dr. Mirza is in practice with Allen Sosin, and Sajida Mirza, his wife, both of whom specialize in pediatric and adult allergy and immunology.

History recalled

During February, the Quakertown Chapter Daughters of the American Revolution recall the famous leader of Washington's Calvary whose sobriquet was "Light Horse Harry." Henry Lee served with distinction under Washington. He served in the Virginia House of

Delegates and was later elected governor of that state. He delivered the address on the death of Washington which contained the famous phrase, "First in war, first in peace, and first in the hearts of his countrymen."

Get in shape to shovel snow

Now that the cold weather has arrived, most of us tend to become less active. Instead of being outside, working in the garden or jogging in the warm sun, we find ourselves sitting by a fire.

The Michigan Department of Public Health advises against giving up exercise for the winter. When it comes to winter activity — shoveling snow — you need to be in good condition.

Lifting and throwing snow puts a strain on your heart. The cold weather adds to the strain by causing your heart to work overtime to keep you warm. When you go out to shovel, dress

warmly and wear a hat to retain body heat, much of which is lost through the head. Remember to pace yourself and stay within your physical limitations.

Hiring a plow or using a snowblower are alternatives to shoveling. Or you can rake the snow by using a rake with a piece of cardboard woven through the tines. The idea is to take the snow off the driveway as you would leaves off grass. The action is easier on the body than shoveling.

No matter what method you use, approach snow removal with caution — that's the best defense against the rigors of cold weather activity and the risks of a heart attack.

Market aids parents choosing preschool

An evening designed for parents who are shopping for a preschool runs 7-9 p.m. Tuesday, Feb. 26, in Farmington Hills Branch Library on 12 Mile Road, east of Farmington Road.

The market is sponsored for Farmington Area Preschool Council which

brings together directors of preschools who set up booths, hand out brochures and answer questions about their school and its philosophy.

During the evening Diane Del Campo will give a talk called "Guidance and Discipline of Young Children."

retirement memos

Margaret Miller

Chronic complainer rare among retirees

Virginia was walking her two dogs as I crossed the street in front of our condo. That's not unusual. She and the pups live in our building, and the canine members of her household seem to require frequent excursions.

Apparently the three were on their way home, so in greeting Virginia I said I imagined the dogs were feeling better. She guessed they were, but she was feeling really terrible that day, she answered. And one of the dogs had a loose tooth and she was afraid his other teeth would start to go. I commiserated and we continued on our respective ways.

The next day we met near the mailboxes. I was enjoying the fresh breeze and said so. She was sure it was a cool front moving in, and that would mean her cold would get worse — and just when she had started to feel a little better.

THIS NEIGHBOR does seem to have many problems. The dogs require so much attention, and how can she provide for them if she wants to leave for a few days. The extra windows in her end apartment make it too warm many afternoons.

She's been on a diet, and one day I gave her a heartfelt compliment on her new svelteness. She said the dieting had her smoking more.

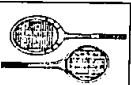
Another day I commented on an attractive new outfit. She bought it, she said, before she realized how many unexpected expenses there were going to be.

Joe and I find ourselves comparing her complaints. We know there will always be more.

NOW WE'VE BOTH met other Virginias in earlier periods of our lives.

Your kitchen is on fire.

At last! A new way to keep your kitchen safe. The Fire Guard. It's the only thing that can protect your kitchen from fire. It's the only thing that can protect your kitchen from fire. It's the only thing that can protect your kitchen from fire.



Order Girl Scout Cookies now!

They're saying more than words. They're saying more than words. They're saying more than words. They're saying more than words. They're saying more than words.

Valentine's Day Spectacular!!

featuring:

- floating hearts shipped nationwide
- special heart bouquet with attached basket for pick-up or delivery
- 3 foot hearts for pick-up or delivery

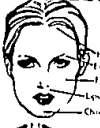
(313) 661-9331

Order Early!! Don't wait!! 9:00 P.M.

Journeal balloons

NO NEEDLE HAIR REMOVAL

Permanently removes unwanted hair. VAPORIZES hair from any part of the body. Instead of painful waxing, no more hairline razor burn, no more waxing. The hair falls out naturally. Wax treatments available. Legs, bikini line, armpits, etc.



NO SCABING NO SWELLING OR REDNESS SAFE & PAINLESS

INTRODUCTORY OFFER FREE 15 minute hair removal session

Advanced HAIR REMOVAL Clinic

2187 Orchard Lk. Rd. • W. Bloomfield • By Appt. M-F 9 am-8 pm, Sat. 9 am-5 pm • ph. 333-3360

VALUABLE COUPON

50% Off On ALL Drycleaning

22185 Coolidge at 8 Mile, Oak Park 28841 Southfield Rd. South of 12 Mile, Southfield 23043 Beach at 2 Mile, Southfield 31555 W. 10 Mile at Orchard Lake, Farmington

Arnold Cleaners

This Coupon Must Be Presented With Incoming Order - Expires 2/23/85

"My doctor and I chose Grace Hospital"



Every new mother gets plenty of rest and reassurance at Grace Hospital. A warm and understanding staff sees to that. And of course mother and child both get the finest medical attention.

An important teaching hospital, Grace is affiliated with the Medical School of Wayne State University. For more information about services including the maternity and birthing units, phone 927-3100.

Grace Hospital

Serving the north and northwest metro areas.