Life Styles called 'phenomenal success'

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Guests saw der etrations of new products and fashion shows, gained consumer information, had a chance to win prizes, and nine area chari-

ties were given donations during Foland's Life Styles '85.

Liberty Love Day is proclaimed

The National Society Daughters of contribution and contacting at least the American Revolution (DAR) has prolonized Thursday, Feb. 14, as "Libs The Status of Liberty will be 100 motioner will participate in a one-day taking is in progress to restore it. The status of Liberty will be 100 motion for the restoration of the Status of the restoration of the Status of the use of the status of the



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Fitness workshop for women planned

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upon for an 100% bonus cann Item, All cigarette in allect no

Ribs B-B-Q Ribs

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Chiquita

Bananas

Thursday, February 7, 1985 O&E

"Life: Live It To The Fullest," a day-long fit-ness workshop for wom-en, will be held from 9 a.m. to 4 p.m. Saturday, Feb. 23, in Mercy Confer-ence Center, 28506 11 Mile Road.

Participants will hear lectures on exercise, nu-trition and cancer pre-vention. There will be a fashion show, presented by Active Outlet, and two exercise sectionals.

Two anack breaks and luncheon are included in the \$12 fee.

Karen Bruinsma, fit-ness coordinator for Mer-cy Center, will give the exercise lecture and lead essions in areobics,

A representative of Triplett Services, a food service management company in Farmington Hills, will discuss nutri-tion, and one from the American Cancer Society will give the educational program on cancer pre-vention.

Active Outlet, which offers fashions for the an is located in Orchard Place Shopping Center.

Volunteer honored

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