The Oakland County Health Division is offering five blood pressure classes 7:30-9:30 p.m. Tuesdays and six diabetes classes for adults 7:30-9:30 p.m. Thursdays during the rest of April.

The classes will be in different buildings. En-rollment is limited. To pre-register for either course or for further information call the Health Division offices at 858-1280 or 424-7101.

Passover: redemption, hope

AT SUNDOWN tomorrow (Friday, April 5) the Jewish people throughout the world begin the observance of Passover, the oldest and perhaps the most beloved of Jewish festivals. This is a festival of Jewish festivals. This is a festival of freedom, which celebrates the liberation of our ancestors at the hands of Floridan of our ancestors at the hands of Floridan of the Liberation of the Libera

OUR THOUGHTS turn to many nations who live under the domination of dictatorship and repression. The number of democracies in the world is small, Much of humanity suffers under the lash of modern taskmasters no less harsh thun those of the Bible.

taskmasters no iess introduced.
Bible.
The secret of Passover is its power to inspire hope, for this holiday celebrates redemption not only as a past event, but as a challenge to the future. May all who the darkness of oppression find



perspectives

Rabbi Irwin Groner

renewed faith and courage.

One can suggest that even in this land of liberty, there are many kinds of slaves today. Some are forced to live in the constant fear of unwarranted hate and prejudice, and must endure tolerance. They are slaves, Men can be crushed by poverty and leaves. are slaves. Men can be crushed by poverty and inequality.

WHEN THE fear of need drives them to dishonesty and volence, they are slaves. When the work men and women do does not provide for them adequate shelter, nourtshing food for themselves and their children, and opportunity for a better life, they are slaves. One of the most stirring parts of the Passover Service is the declaration that begins the Seder meal: "This is the bread of

arriction winco dur't ancestors ate in the land of Egypt" where we invite all who are hungry to eat with us at the Seder meal. To prevent this declaration from becoming an empty ritual, we are required to act affirmatively by taking personal responsibility for our fellow human beings. Jows and Christians are entering a time of religious celebration in their different

calendars.

BUT LET us join in reaffirming our shared moral obligation for aiding the needy and the deprived. Hunger has become a reality for millions in our country, for many thousands in our city. The Bible teaches us that we are responsible for "the stranger that so journeth in livy land."

There are many who are in need and are treated as if they were strangers in our common We must work to insure that our common who was a subject to the hungry and the homeless, and that we to the hungry and the homeless, and that we to the hungry and Passever calls upon us to put an end to all slavery. We can help make the dream of freedom real for those who are not yet redeemed.

Mother's visits prove vexing

Dear Jo:
My problem is my 68-year-old mother.
Maybe you can help me.
I am married and have three children. I live a busy, happy life 11 months of the year. The twelfth month, is the month my seather yield:

year. The twelfth month, is the month my mother visits.

I don't know really how to describe her. She was and still is a beautiful-looking woman who is used to being the center of attention. If she thinks she's being ignored she becomes demanding, depressed and miserable. She has an extremely stong personality and always has to be 'right. I have never been able to win with her. During her month's visit she does very little to help out with the household chores; she criticizes everything we do and seldom pays anyone a compliment.

Her last visit was so stressful that I ended up in tears almost every day, My husband says he will not tolerate another one of her visits. He has threatened to move to a hotole rather than put up with her

move to a hotel rather than put up with her antics and the change that comes over me when she is around.



mothers Mrs. C.C. Mother-daughter relationships are very complicated and complex, and although you may feel yours is an impossible situation, it probably isn't. Persons who have extremely strong personalities can change. Although you cannot directly change her behavior, you most certainly can change your own.

First of all, a month's vacation is far too long so, so not invite her for such a lengthly period of time.

Unfortunately, communication between you two is poor. In order to change the situation, you are going to have to become very candid with her. Rather than dealing with your frustration with tears, look at the problem on hand. If she's demanding, question her.

problem on hand. If she's demanding, question her.

If she's depressed, find out why, You may learn a great deal about what is really upsetting her. Perhaps you could even find some humor in the whole slutation. In your letter you mentioned you mother's beatup but not her physical or mental health. Is she well?

As a guest in your home, which by the way is also you husband's and children's home, you mother should be a little kinder to her hosts.

to her hosts.

It is really unfair of you to put your family through a whole month of this type of stress. If you're unhappy—they are too, You do have to consider them first. Since you seem to be putting up with her monthing wists and not managing all that well, I really can't blame your busband for threatening to move to a hotel so be won't be with you during her visit.

I hope I'm not being too hard on you, but it's your home and you should be calling the shots.

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Network sets meeting at OCC

"From Apology to Power" will be the to-pic of the Women's Network Luncheon at Oakland Community College's Highland Lakes campus from noon to 1:30 on Wednesday, April 17.

Counselor Ruth Grass will be the speaker. Highland Lakes Is at 7360 Cooley Lake Road, Union Lake. Tickets are \$6. Luncheon reservations must be made by April 14 by calling the campus at 350-3041.



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