

Hines Drive to be closed for Activities Day

By Tim Richard
staff writer

Fifteen miles of Hines Drive in western Wayne County will be closed to motorized traffic from 9-4 Sunday, May 5, for the first "Activities Day" of the season.

"Families will be able to walk, jog and bicycle at their leisure," said Vic Chanson, new chief of recreation for the county.

"In addition, charitable groups can schedule activities on sections of the drive by calling me at 261-1630."

Park naturalist Mary Ellsworth is accepting reservations for interpretive nature walks in Holiday Park, part of the county system in Westland. She also may be contacted at 261-1630.

County Executive William Lucas said the

segment of Hines closed to motorized traffic will be from Outer Drive in Dearborn Heights to Wilcox Road in Plymouth.

A CHILDREN'S fingerprinting program will be conducted from 10 to 2 by Sheriff Robert A. Ficano at the sheriff's mini-station, Newburgh Road at Hines Drive, Livonia.

"The program is part of a nationwide effort that provides valuable assistance in locating and identifying kidnapped or missing children," said Lucas.

"The service is free of charge, with all prints returned to parents for safekeeping," said Ficano. "No record is kept by the department."

"The Wayne County Sheriff's Department was one of the first law enforcement agencies in the area to provide this service. The goal of

the department is to fingerprint every child in Wayne County," Ficano said, adding the work would be done by departmental volunteers.

OTHER GROUPS which will conduct organized activities in Hines Park Sunday are:

- American Diabetes Association — bikeathon from Newburgh to Wilcox roads.
- Parents Without Partners — family-style picnicking and bicycle riding for about 40 from Ann Arbor Trail to Nankin Mills.
- St. Matthew Lutheran Church of Westland — bikeathon from 1-4 p.m. form Ann Arbor Trail to Inkster Road.
- Michigan Bicycle Federation — clinics on safety and emergency repairs near the sheriff's mini station.

Chasson said eastern areas of the park, in particular, were still available for organized groups.

LUCAS, WHOSE office is responsible for county parks now that voters have abolished the Road Commission, said Activities Day will go on, rain or shine. A second such day will be scheduled later in the season.

Eric Reickel, parks and recreation director, said many groups request closure of Hines Drive for their events. "Due to the high cost of closing the road," Reickel said, "we ask that these groups schedule their events on our special days."

Activities Day is the successor of the cleanup days of the early 1970s and the bike days of the mid-'70s.

Goal of Lucas, Ficano and local officials is to attract families back to Hines Park, which straddles the Middle Rouge River, and to discourage rowdy parties by young people.

What can family do for stroke victim?

Jo: My mother is hospitalized after suffering a series of strokes. She is not expected to recover. Her medical and nursing care are beyond reproach.

My reason for writing is to ask you if there is anything that we (her family) can do. We spend most of our time at her bedside but are at a loss as to what to say or do. My father sits off in a corner and says little; my sister cries a lot and I seem to be just there — helpless. Sometimes my mother appears to recognize one of us, but most of the time she just seems to be asleep.

Is there something — anything — that we could be doing?

Dear Mrs. G.:

Your feelings of helplessness and frustration are very understandable during this very trying period in your life. Experiencing the loss of a parent is very sad and difficult.

To answer your question: What you could be doing depends a great deal on how much you and your family are willing to do.

Unconscious persons, such as your mother, are still able to respond to the sense of hearing and the sense of touch. If you concentrate your energies toward what she is able to do — hear and feel — you will help her and feel less helpless yourselves.

Since your mother is very able to hear your



gerontology
A. Jolayne Farrell

sister's crying. I suggest she stop.

All of you should speak to your mother in the same manner and tone that you have always used. Even though it will seem like a one-way conversation, tell her the news, the events of the day, what is happening in your lives.

Never speak about her and her condition to each other in her presence. It could be confusing for her and should be avoided. If this has to be done, leave the room.

One of the easiest ways of touching an unconscious person is to simply hold the person's hand. Perhaps your father would feel better if he pulled his chair up to her bedside and held her hand. Remember, this is a very difficult time for him too.

Over the course of time while you and your sister are with your mother, there are many ways of comforting her through touching her. Some are — combing her hair, moistening her lips with water or chapstick, applying face

cream, doing her nails, applying hand lotion, etc.

I hope my suggestions to be a little more giving and helpful will assist you at this difficult time.

Dear Jo:

You mentioned in one of your columns that the game of Scrabble is now available in large print. I would like to buy one for my father, but I cannot find it locally. Do you know where I can obtain one?

Dear Jan:

If you write directly to the manufacturer, Selchow & Righter Co., Bay Shore, N.Y., they can either send you the game or give you a listing of the stores (mail order) where you can buy it.

Dear Jo:

Since so many members of my family have suffered strokes, I would like to know the signs of stroke and what I can do now at age 45 to reduce my chances of having one myself.

Mrs. M.D.

Dear Mrs. M.D.:

Since the diagnosis of stroke or cerebral vascular accident is common in your family, you are wise at age 45 to be considering steps now to prevent this from happening to you.

A stroke occurs when an artery carrying blood to the brain either plugs or bursts, caus-

ing paralysis, loss of speech or other serious brain problems. Strokes can occur at any age but are most common in persons over 50. To reduce your risks of suffering a stroke, you should have your blood pressure checked regularly, avoid smoking, control your weight and keep a close eye on the amount of cholesterol in your diet. Also, if you are diabetic it is important that your treatment be medically controlled.

There are many stroke signs. The most common ones are: a sudden weakness or numbness in the face, leg or arm, accompanied by loss of speech. Other signs that must be taken seriously are a loss or change in vision including double vision, disturbances in balance such as dizzy spells or unsteadiness, change in the pattern of headaches and finally personally changes which may be accompanied by a decrease in mental ability.

All stroke symptoms, no matter how long they have lasted, should be reported to your family physician. Early diagnosis and treatment for this disabling condition can make the difference between independence and dependence in its victims.

Readers can write to Jolayne Farrell at PO Box 66, Postal Station G., 1075 Queen Street East, Toronto, Ontario, Canada M4M 2E8.

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DATES AND LOCATIONS

DATE: Wednesday, May 8th	DATE: Thursday, May 9th
TIME: 7:30 p.m.	TIME: 7:30 p.m.
PLACE: The Holiday Inn in Livonia at 8 Mile and 275.	PLACE: The Michigan Inn Southfield on J.L. Hudson Drive.

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56 auction tops budget

The Channel 56 Auction has raised a projected total of more than \$838,000, topping last year's total by \$15,000. The auction represents 11 percent of the public television station's operating budget.

Merchants contributed more than 9,000 items during the 17th annual fund-raiser. The nine-day sellathon for Detroit's public television station aired April 12-20.

"In addition to the generosity of Detroit-area merchants, the hard work of the more than 3,000 volunteers made

the auction a success," said Sandy Stark, chairman of the auction.

Four seats in Detroit Tiger owner Tom Monaghan's private box brought a bid of \$2,500; a 10-percent interest in the winnings of a racehorse owned by Tiger pitchers Milt Wilcox and Aurelio Lopez went for a bid of \$7,651, an overall of \$2,651; and a 1985 Renault Alliance was sold for \$11,000.

At the close of the auction, Mickey Balog of Union Lake was named 1986 auction chairman. She has been with the auction for 15 years.

Businesses workshops

Wayne State University's School of Business Administration will conduct free introductory workshops in five suburbs to promote its 18-hour courses in starting and running a small business.

Interested persons should call the WSU at 577-4354 to make a reservation for the introductory workshop.

These will be offered in:

- Dearborn, at 7 p.m. Wednesday, May 8, in Fairlane Manor.
- Troy, at 10 a.m. Saturday, May

- 11, in Somerset Inn.
- Warren, at 7 p.m. Tuesday, May 14, in Midway Lodge.
- Plymouth, 7 p.m. Wednesday, May 15, in the Plymouth Hilton.
- Southfield, 7 p.m. Thursday, May 16, in Holiday Inn.

Warning that nine out of 10 businesses eventually fail, WSU offers to teach how to calculate the profit a business should earn, how to price and the 10 "cardinal sins" of operating a business.



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