recreation news

Each week the Farmington Hills Parks and Recreation Division will present a supposis of upcoming ac-tivities in this column. For further information regarding our pro-grams, contact our office at 474-6115. Matters regarding City Coun-cil agenda items, call 474-3838.

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AMUSEMENT PARK DISCOUNT

Village, Detroit Zoo, Geauga Lake, Great America, King's Island, Macki-nac Island State Park, Michigan State Fair and Sea World.

VOLUNTEER SOCCER COACHES

— The Parks and Recreation Division
is seeking volunteer coaches to assist in
our fall soccer program. Experience is

not necessary, just enjoy working with children. If you are able to commit one hour for one day during the week and on Saturday morning, contact Stu Rose at 474-6115, Ext. 288.

HUNTER'S SAFETY CLINIC - In accordance with Michigan State law, participation in a certified hunter's

safety clinic is required of all youth 12-16 years of age wishing to purchase their first hunting license. This six hour course is designed to teach all aspects of hunter's safety, and after successful completion of the course, a hunter's certificate will be issued. Clinic dates are 8-9 p.m. Tuesdays. Sept. 17 and 24, at the Farmington Hills Library. Pre-registration is required at the Parks and Recreation office.

PITNASTICS — Get in shape with our Fitnastics instructor Norene. She will lead in cardiovascular exercises, stretching and toning movements. Basic exercise routines will allow you to progress at your own pace. Class is held on Monday and Wednesday, beginning 8:30-7:30 p.m. Monday, Sept. 16, for eight weeks. Class fee is \$35.

DENTURE WEARERS Are you having troubl with your dentures?

with your dentures?

Having made a special study of denture wearers and their problems for the lest 17 years, I may be able to hep you, If you have any of the following problems: losseness; sore sports; poor lower fidge; "feating" lower denturs, incorrect of the control of th

KAYAK CLINIC — On Sept. 17-21 the Farmington Hills Library at 7 pin. individuals are invited to view a flim that will show the basic strokes, enginement, safety, Eakimo roll and white water experiences. Come and leirn about this exciting activity. There is no charge for this clinic.

PUNT, PASS AND KICK — The Recreation Division will be sponsoring a punt, pass and kick competition for all children ages 8-13 of the Farming, ton area. The event will be beld on Saturday, Sept. 26. Children ages 8-9 will compete at 9 a.m.; ages 10 and 11. at 930 a.m. and ages 12 and 13 at 10 a.m. Awards will be presented to the first, second and third place finishers in each division with each put the regulated at the parks and recreation office.

You must verify income to qualify for free food

According to the USDA rules, household Income verification is required at least once a year, therefore, on Sept. 1, 1984, the Oakland Livingston Human Service Agency (OLHSA), the Community Action Agency which is responsible for the distribution of surplus commodity food in Oakland County, instituted a new pre-registration card aystem in order to help climitate long lines, become more cost efficient and accurate, and to stop duplication in the program.

erogram. Each eligible person is given a USDA

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lleons

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Surplus Commodity food registration and with their own registration numbers and the distribution alie they must attend each time. The card size has their name, address, etc. This card must be presented to a clerk for verification every time they receive their commodities.

Persons who have not yet pre-registered may do so the day of the distribution. They must bring proof of household income for the last 90 days and personal identification with them.

Effective March 8, 1995, new income

guidelines were introduced for persons 60 years of age and older as well as persons under 00 are as Teople as persons under 00 are as as Teople on the front of their Commodity Food Registration Card. Registration does not guarantee receipt of commodity food each time. Due to the limited quantity of surplus food, the distribution is on a first-come, first-served basis. Public distribution site for the Farmington area is St. Alexander's Church, 27835 Shiawassee, Farmington Iillis on Aug. 27 from 10 a.m. to 1 p.m.

If you are homebound or unable to pre-register at the distribution site, you may call etitler OLHSA's 101 fice number 1-800-482-9250 for those persons who must call long distance, or the local Pontiae area number 858-5180. For more information regarding the distribution, you may call Oakland County Field Services office nearest your home: 624-5520 for Walled Lake and the Northwest and Southwest Oakland County areea, or 399-2880 for Hazel Park and the Southeast and Northeast Oakland County areas.

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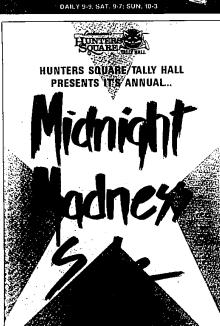
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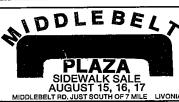
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