## recreation news

Each week the Farmington Hills Parks and Recreation Division will present a supopsis of upcoming ac-tivities in this column. For further information regarding our pro-grams, contact our office at 474-6115. Matters regarding City Coun-cil agenda items, call our Newsine at 474-3838.

seeking volunteer coaches to assist in our fall soccer program. Experience is not necessary — just enjoy working with children. If you are able to com-mit one hour for one day during the week and on Saturday morning, contact Stu Rose at 474-6115, Ext. 288.

HUNTER'S SAFETY CLINIC - In ccordance with Michigan State law,

## Rotarians hear pitch to expand Cobo Hall

and trade shows will abandon our area and state and go where there are larger, more modern facilities to serve their needs," said Abraham Cherry, commission administrative coordinator for the Detroit Civic Center and Cobo Hall spokesman.

"Cobo Hall desperately needs to expand in order to survive and prosper in the years to come," Cherry explained.

Cobo Hall is an old facility — 25 years old to be exact. It has become inadequate and outdated, Cherry said. When Cobo opened its doors in 1980, it was the country's premier convention center — the standard of the industry.

Since that time, Cobo Hall has attracted over 4.5 million people for national and regional conventions. Tens of millions have passed through its doors attending public shows, he said.

OVER THIE years, other convention

FLORAL CITY

**FLORIST** 

ROSES

DELIVERY AVAILABLE FOR ENTIRE METRO AREA

participation in a certified bunter's safety clinic is required of all youth 12-le years of age wishing to purchase their first hunting license. This six-bour course is designed to teach all aspects of hunter's safety; and after successful completion of the course, a hunter's certificate will be issued. The clinic will be 4-by pm., Tuesday, Sep. 17 and 24 at the Farmington Hills Library. Pre-registration is required at the Parks and Recreation office.

FITNASTICS — Get in shape with

FITNASTICS - Get in shape with ir Fitnastics instructor, Norene. She our Filnastics instructor, Norene. She will lead you in cardiovascular exercises, stretching and toning movements. Basic exercise routines will allow you to progress at your own pace. Class is held 6:30-7:30 p.m. Monday and Wednesday, beginning Sept. 16 for eight weeks. Class fee is \$35.

that will show the basic strokes, equip-ment, safety, Eskimo roll and white-water experiences. Come and learn about this exciting activity. There is no charge for this clinic.

PUNT, PASS AND KICK — The Recreation Division will be sponsoring a punt, pass and kick competition for all children ages 8-13 of the Farming-

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ton area. The event will be held on Saturday, Sept. 28, children ages 8 and 9 will compete at 9 am, ages 10 and 11 and 13 am, Avarda will be presented to the first, second- and third-place finishers in each division with each division with each will be presented to the regional competition. There is no registration fee, but pre-registration is required at the Parks

## JEWELRY DESIGNS BY YOU!!! ON LOCATION CARPET DYEING

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Sulte 234, 28630 Southfield Rd. 2010 201, 2000 South left 12 Mile Tues.-Fri, 10-5, Thurs, 10-7 (wholesale) Sat, 10-4 (retail) 552-8495

Deli &

Ernie's Deli & Restaurant Grand River & Drake in Mulrwood Square 478-0080 LABOR DAY SPECIALS Good September 2, 1985 ONLY Labor Day Hours: 7 A.M.-4 P.M.

1 lb. of cole slaw or potato salad FREE with purchase of 1 lb.

Small loaf of rye bread FREE

with purchase of 1 lb. regular or

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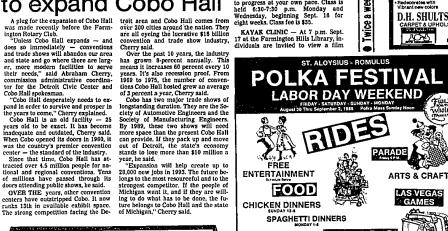
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IN BASKET

**DOZEN ARRANGED** 

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Community Room September 18, 1985 • "WINNING OVER WORRY"

TEL-TWELVE MALL

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1000 A.M. Veilyn Thomas, M.A.
John Schaupner, M.S.W.
"MANAGING DEPRESSION"

"MANAGING 2-1200 P.M. Wm. Miller, M.S.W.,M.A. "RISING ABOVE THE TOUGH TIMES"

\*RISING ABOVE THE TOUGH TIMES'
 700 P.M.
Grice Rising, M.S.W.
CALL FOR INFORMATION/RESERVATIONS
 \*Value Insurant, M.A.
 \*Value Insuran

ember 19, 1993

"WINNING OVER WORRY"

10:00 A.M.
Coy D. Simi, Ph.D.

"MANAGING YOUR STRESS"

12:30 P.M.

Verlyn Thomas, M.A.

643-0200 Perspectives of Troy, P.C.
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• Support Groups • Group Thempy

BonWit Teller Conf. Room

"GOING FOR THE GOOD LIFE" Panel Verlyn Thomas, M.A., Joseph Kloet, Ph.D. Coy D. Sima, Ph.D. Gerald Self, Ph.D. Vers Sekulov, Ph.D.



DID YOU KNOW?

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us, mail or bring to this cour Yes, 1 am interested in more details on pre-paid Funeral Exemptions. No cost or obligation.

As Mark Twain said -"Reports of our demise are greatly exaggerated."

## **BOWL THIS FALL** AT ARK LANES WEST

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