

around Farmington

AEROBIC PERFORMANCES

Thursday and Friday, Sept. 19-20: Aerobic dancers from Vic Tanny perform and show how to get the best use from aerobic shoes from 8-4 p.m. and from 7-9 p.m. each day in Hudson's 12 Oaks sporting good department.

CAUGHT IN THE MIDDLE

Thursday, Sept. 19: "Caught in the Middle" concerns problems of adults faced with the demands made on them by their elderly parents and their own desires, begins at 8:30 p.m. in Farmington Community Center. Fee is \$20. Registration information given by calling the center, 477-8404.

FASHION SHOW

Thursday-Saturday, Sept. 19-21: Members of the new 12 Oaks Fashion Guild model fall clothing at 7 p.m. Thursday and Friday, and at 1 and 3 p.m. Saturday in the mall.

BETTER EATING

Thursday, Sept. 19: "Better Eating for Better Health" nutrition classes developed by American Red Cross, begins at 7 p.m. in Ten Mile Community School, 10 Mile Road east of Farmington Road. Fee for the one week class is \$20 plus \$10 refundable deposit for materials. Registrations taken in the school.

AUCTION

Thursday, Sept. 19: Auction sponsored by Farmington Chapter of Michigan Association for Children with Learning Disabilities at 7:30 p.m. in the Key residence, 23815 Herndonwood begins at 7:30 p.m. The address is west of Inkster, south of 12 Mile. No admission charge, but reservations are requested by calling Donna Strasko, 478-4950.

SHAKER PEG BASKET

Thursday, Sept. 19: Participants complete a shaker peg basket in workshop 8:30-9:30 p.m. in Warren's Country Corner, 23185 Farmington Road. Pre-registration is necessary, taken in the shop.

GRIEVING

Thursday, Sept. 19: "Grieving at a Time of Loss," 10 week course led by Margaret Cotter begins on Orchard Ridge Campus, Oakland Community College. Fee is \$44. Registration information given by Margaret Cotter, 661-1654.

GARAGE SALE

Thursday through Saturday, Sept. 19-21: Garage Sale sponsored by Independence Hills Subdivision Association from 10 a.m. to 5 p.m. each day. Entrance to the subdivision is on Drake Road, one-half mile north of Grand River.

PRESCHOOL ENRICHMENT

Thursday, Sept. 19: Registration is being taken for preschool enrichment classes offered in Fairview and Alameda Early Childhood Learning Centers. Inquiries taken by calling Alameda, 478-1470, or Fairview, 626-5335.

DESSERT AND CARDS

Thursday, Sept. 19: Dessert and card party sponsored by Trinity Shrine 44, at 7:30 p.m. in Farmington Masonic Temple, corner of Farmington Road and Grand River. Admission is \$3 at the door.

TAG DAYS

Friday and Saturday, Sept. 20-21: Teen musicians from all area high schools ask for donations in front of area stores and businesses for Tag Days, 3-9 p.m. Friday and from 9 a.m. to 6 p.m. Saturday. Contributors will be given a tag which allows them free admission to any of the schools' "Tagging Together" concerts scheduled through the school year.

CLUTTERBUG SYSTEMS

Friday, Sept. 19: "Clutterbug Systems" lecture and demonstration by Dorothy Lehmkuhl, who tells how to organize one's home and one's life from 9 a.m. to 3 p.m. in Farmington Community Center. Registration information given by calling the center, 477-8404.

SYMPHONY IN MOTION

Friday, Sept. 20: "Symphony in Motion" celebrates Livonia Masons' grand reopening of new stores and new look with Oakway Symphony Orchestra and a fashion show at 8:30 p.m. in the mall's center court, Seven Mile and Middlebelt.

SOUTHERN DELIGHTS

Friday, Sept. 20: Jack McCarthy hosts "Southern Delights" with sampling, demonstrations, entertainment and recipes shared from noon to 2 p.m. in Hudson's 12 Oaks Marketplace. No charge.

FALL FESTIVAL

Friday to Sunday, Sept. 20-22: Fall Festival 6-11 p.m. Friday from 11 a.m. to 11 p.m. Saturday and from noon to 5 p.m. Sunday, on the grounds of St. Alexander Catholic Church, Silverdale, west of Inkster. Admission to the grounds is free. Saturday is "Kid's Day" with special games, contests, entertainment.

CHAMBER WINDS

Friday, Sept. 20: Detroit Chamber Winds in concert at 8 p.m. in Smith Theatre, Orchard Ridge Campus, Oakland Community College, follows optional pre-concert dinner at 6:30 p.m. Reservation information given by calling the box office, 477-7700.

WOMEN'S RETREAT

Saturday, Sept. 21: "Spiritual Feast Day," women's retreat sponsored by the Women's Ministry of Northwest Church, from 9 a.m. to 3:30 p.m. in Farmington High School, Silverdale, west of Orchard Lake Road. Registrations, at \$5 each includes lunch, made by calling the church office, 478-7873.

LIVONIA'S HERITAGE

Saturday and Sunday, Sept. 21-22: "Livonia's Heritage," standard home flower show in observance of the city's sesquicentennial, from 1-7 p.m. Saturday and Sunday.

day and from noon to 5 p.m. Sunday in Greenmead, 35115 Right Mile Road, west of Newburg. No charge.

BEDWETTING INFORMATION

Saturday, Sept. 21: Program gives information on bedwetting at noon in Eureka's Family Center, Professional Park, Suite B, 4102 Orchard Lake Road. Reservations are requested by calling 474-0240.

BIBLICAL DESIGN

Sunday, Sept. 22: "Biblical Design as Proof of God's Existence" continues "Does God Exist?" film series at 6 p.m. in Central Church of Christ, 36500 11 Mile. No charge.

CASTING CALL

Monday and Tuesday, Sept. 23-24: Casting call for Stagecrafters production

of "A Christmas Carol: Scrooge and Marley," at 7:30 p.m. each night in Baldwin Theatre, 416 S. Lafayette. Royal Oak. Adaptation of the Dickens classic calls for 25 parts, men, women and children. Auditions must bring a photo and be prepared to sing a Christmas carol.

MIDWEST DISHES
Monday, Sept. 23: Chef Tom McKinnon heads up "Midwest Dishes," with samples, demonstrations, entertainment and shared recipes from 11:30 a.m. to 1:30 p.m. in Hudson's 12 Oaks Marketplace. No charge.

TRAVEL FILMS

Monday, Sept. 23: Travel films on New England, New Orleans and California shown at 7:30 p.m. in Farmington Hills Branch Library, 32737 12 Mile. No charge.

In spite of all this, the diabetic picture is steadily brightening. Self-management has always played an important role in treatment and control of diabetes. That requires motivation and knowledge about the condition and reliable tools for the job.

In the late 1970s, home blood glucose monitoring was introduced. It was part of a move to increasingly involve patients in the management of their disease. By doing their own monitoring, whether at home, in the office, or while traveling, diabetics can maintain their own blood sugar levels safely and play

Diabetics can control illness

an active role in managing their own good health.

One way many patients are doing this is with chemically treated strips of paper. These strips can give an accurate blood sugar reading within two or three minutes. Following doctor's advice, the patient can then alter diet, drugs and exercise to bring readings to normal levels.

You may be a potential candidate for diabetes. If you think so, see your doctor and find out the latest methods for treating the problem.

Their busy schedules generally require that they keep supplies of their medicines convenient and accessible — at home, at the office, in their purse and in a travel case.

"Perhaps most important," Kavanagh said, "is that this new research demonstrates that the appropriate use of personal care products offers numerous psychological benefits to executive women — including a very positive self-image."

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by visiting salons for manicures, make-up consultations and hair colorings.

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Women have broken the boardroom barrier. And they have done it not by adopting their male counterpart's image, but by creating and enhancing their own.

That's what a recent survey conducted by the Cosmetic, Toiletry and Fragrance Association (CTFA) and SAVVY magazine shows — the vast majority of women would not think of going out in the morning without makeup and believe cosmetics are an important step in their personal grooming for work.

"Appearance and grooming are more important to the executive woman than we thought before going into the survey," according to CTFA President E. Edward Kavanagh. "Almost nine out of 10 respondents consider a vast array of cosmetic, toiletry and fragrance items from almost every product category essential to their grooming for work."

SAVVY Marketing Director Perry Grayson notes, executive women want to project a professional image and the survey results indicate that a polished individual style projects the confidence these successful women have on the job.

Cosmetic, toiletry and fragrance products are very much a part of this image.

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