

## What's inside

**E**nglish essayist Matthew Arnold said it best: "Culture is properly described . . . as having its origin the love of perfection. It is a study of perfection."

And, in a very big sense, this is what Suburban Pace is all about — culture and the love of perfection.

Certainly, no one is perfect. But is sure is fun to try, at least in the avocations we find most pleasing, to be as close to perfect as possible. Striving to be better, to be the best — a superachiever — is the one thing that sets us apart from the crowd.

As life goes on we often find ourselves lost in a morass of humanity — on the expressway, in the office, at the plant and sometimes even at home. Sometimes we even feel like we may be losing our identities and our appreciation for life.

But then we discover that special something, that one thing we just know can make us a better person — to ourselves and others.

One day we find ourselves going off, most often alone at first, to break ground for that special endeavor on which we will build and reshape our lives. But after a time, we seek out others with similar interests, with whom we can swap stories, exchange information and, if nothing else, give each other little encouragement.

Pace hopes it can be of some assistance in your endeavor. By reading this publication you'll be able to learn not only about those persons who have reached a special level of accomplishment, but you'll find helpful information to make your avocational pursuits more fulfilling and enjoyable.

Whether you love the outdoors and all its accompanying enjoyments or whether you find solace and accomplishment in your basement, garage or study, Pace will have a space for you.

Most importantly, Pace wants to hear from you. Not only about how you think we are doing, but ideas on accomplishments and accomplished persons about which and whom you would like to read.

We are sure you will enjoy reading this publication as much as we do putting it together. Waiting to hear from you.

—Steve Barnaby



Balmy sunny days and cool tropical nights — sound inviting? It's getaway time.

12



Despite all its ups and downs, family skiing can be a great unifying effort. Just ask the Najarian family.

6

### Martial arts

Marshalling the mind \_\_\_\_\_ 3

### Skiing

Downhill but upscale \_\_\_\_\_ 6

### Records

Flat-out grooving \_\_\_\_\_ 8

### Getaways

Long and short of it \_\_\_\_\_ 12

### Ice sailing

An icy challenge \_\_\_\_\_ 14

### 'Gator time

Spirit's up, party down \_\_\_\_\_ 16

### Culinary cues

Kitchen capers \_\_\_\_\_ 22

### MarketPACE

Finders that are keepers \_\_\_\_\_ 24