

YMCA highlights

These YMCA Highlights appear courtesy of the Farmington YMCA, 28100 Farmington Road, Farmington Hills. For information, call 553-4020.

HYDROFOILS — One of the definitions Webster provides is "A body designed to lift clear of the water as speed is attained." The word "hydrofoil" immediately conjures up a vision of speed and, while our bodies may not quite approach the function of the hydrofoil, there is joy in the trying. The hydrofoils are an adult swimming team sponsored by the Farmington Area YMCA for competition under the United States Masters Swimming Program.

U.S.M.S. is a national organization dedicated to the promotion of age group competition for people 19 years of age and up (no limit) — for both men and women. Our present team members range in age from 22 to 74 and everywhere in between.

There are no special qualifications other than reasonably good health and a desire to swim with and against your peers. Many Masters swimmers have never before been involved in competitive swimming.

but with practice and conditioning they do quite well against others of their age.

The Hydrofoils are extremely fortunate to have two top-notch coaches to instruct us in all aspects of conditioning, competition and stroke techniques during practice sessions each Sunday.

It is a great way to get in shape, make new friends, and put some excitement in your life.

For further information, contact Jean Warren at 553-4020.

PRENATAL FITNESS — The Prenatal Fitness class includes a cardiovascular workout especially designed for the changes that occur during pregnancy. This course will help increase flexibility and body awareness as well as dispel fatigue. A medical release is required at the first class to participate. Class duration is on a monthly schedule to fit the need of the pregnant mother. For more information, call 553-4020.

YMCA LEADERS CLUB — Are you a leader and between the ages of

12 and 18? The Farmington Area YMCA has just the spot for you. The Leaders Club has special challenges in training you to teach sports, develop interpersonal skills and provide opportunities to use your skills in a leadership role. If you are interested, contact Carol McMillan, 553-4020.

SENIOR CITIZENS — Are you 55 or older? Come to the Senior Citizen Drop-in every Monday and Wednesday, 9-9:45 a.m. The Drop-in is a water exercise class geared toward the needs of this age bracket. Flexibility, strength, range of motion and cardiovascular fitness are the major focus. The cost is \$1 for members and \$2 for non-members.

BABY-SITTING — Do you want to come to the Farmington Area YMCA to work out, but cannot because you have no place for your children? The YMCA now offers baby-sitting for your convenience. The time for baby-sitting is 8:45 a.m. to 12:15 p.m. Monday through Friday. The rates are reasonable. For further information, contact the Y at 553-4020.

SHIP — Are you a college student and have nothing to do over the holidays? Come be a member at the Farmington Area YMCA for as little as \$25. This membership is good from Dec. 1 to Jan. 18. This membership includes the indoor jogging track, olympic-size swimming pool, championship racquetball courts, progressive resistance weightlifting machines, two basketball courts and spacious clean locker rooms. For more information, call the Y at 553-4020.

BOY SCOUT-TACULAR SLEEPOVER — This sleepover is designed to help boy scouts earn merit badges while having fun at the same time. The two badges that can be obtained are swimming and personal fitness Step No. 7. Other activities will include open gym, recreational swimming, movies and a pizza party. This sleepover begins Saturday, Dec. 6, at 7:30 p.m. and ends Sunday, Dec. 7, at 8:30 a.m. For more information, contact Carol McMillan at 553-4020.

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**CITY OF FARMINGTON HILLS
SUMMARY OF PROCEEDINGS
SPECIAL CITY COUNCIL MEETING
DECEMBER 1, 1986**

Mayor Alkatieb opened the special meeting of the Farmington Hills City Council on November 1, 1986 at 7:30 p.m. Members present: Alkatieb, Dolan, Sever, and Soronen. Others present: City Manager Cortick, City Clerk Reynolds, Assistant City Manager Call, Director of Public Services Biscelli, and City Engineer Ottwell.

A representative of Hubbard, Roth & Clark presented proposed Master Storm Drainage Plan to Council. Plan to be adopted at later date.

City Engineer presented report to Council on status of local drainage problems. City Manager presented report on Status of Capital Improvement Funds available for Storm Drain Improvements.

Director of Public Services reported on City Storm Water Retention requirements.

City Manager was directed to present report to Council on cost of drainage improvements for Goldsmith Road in Section 32.

Meeting adjourned at 10:00 p.m.

J. I. ALKATIEB, Mayor
JOAN REYNOLDS, City Clerk

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**CITY OF FARMINGTON HILLS
SUMMARY OF PROCEEDINGS
REGULAR CITY COUNCIL MEETING
NOVEMBER 24, 1986**

Mayor Alkatieb opened the regular meeting of the Farmington Hills City Council on November 24, 1986 at 7:30 p.m. Members present: Alkatieb, Dolan, Dudley, Marks, Sever, Soronen and Wolf. Others present: City Manager Cortick, City Clerk Reynolds, City Attorney Bibeau and Planning Consultant Biscelli.

Minutes of November 10 and 17, 1986 were approved as amended.

Cluster Site Plan 99-8-86 was approved for Cove Creek Condominiums on southeast corner of Middlebelt and Thirteen Mile in Section 11.

Council postponed introduction of Zoning Map Amendment, Zoning Request 28-8-86, for Farmington Hills Country Club property at 27700 Haggerty Road at Twelve Mile in Section 18 and Country Club was advised to proceed with application for Public Act 116 of the Public Acts of 1974, Farmland and Open Space Preservation Act, as a potential alternative to rezoning.

Council determined not to connect Wildwood Street in Green Valley Estates Subdivision to Green Hills Commons Subdivision and directed staff to work with developer regarding amendment to the plan.

City Manager was authorized to issue purchase order to American Flag and Banner Company of Clawson, Michigan, in amount not to exceed \$3,427.00, for installation of flag poles and flags for City Office Complex.

Council awarded contract for Longwood Storm Sewer to Sole Construction Company, in amount of \$41,279.00.

City Manager was authorized to issue purchase orders to Edward C. Levy Company for 725 tons of 30A Slag for school athletic fields, at total delivered cost of \$4,811.00, and to Hayball Transport, Inc. for 725 tons of crushed limestone at total delivered cost of \$4,082.75.

City Manager was authorized to enter into contract with Kirk and Koskela of Detroit, Michigan, to evaluate Heritage Park Buildings.

Special Hearing was held for oral of Tokyo Health Spa regarding City Clerk's denial of 1986 Massage License. Council upheld City Clerk's decision.

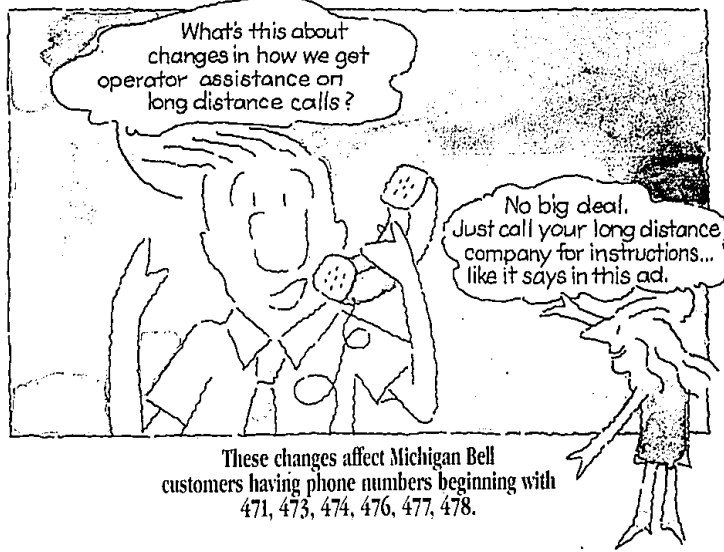
Meeting adjourned at 11:30 p.m.

J. I. ALKATIEB, Mayor
JOAN REYNOLDS, City Clerk

Published December 4, 1986

• Your hometown voice • Your hometown voice •

Changes are being made in the way
long distance users in your area place
some operator-handled calls.



These changes affect Michigan Bell
customers having phone numbers beginning with
471, 473, 474, 476, 477, 478.



This is an informational message about your phone service from Mary Jo Ficarek, your Michigan Bell Corporate Affairs Manager.

"These telephone service changes concern only operator-handled long distance calls outside your Michigan Bell long distance calling area. They apply to collect, credit card, person-to-person calls, calls billed to a third number, and requests for assistance. Some customers will need to contact their long distance companies for new instructions on how to place such calls. To find out if and how the service changes may affect *your* service, we ask you to read the following explanation."

An explanation of the changes in your operator-assistance service for calls outside your Michigan Bell long distance calling area (inter-LATA calls).

How operator-assisted calls were placed before. If you wanted operator assistance to place a long distance call, you dialed "0", or "O" plus the area code (if required), and the phone number you wanted and an operator put the call through for you.

How these calls are placed now. If the long distance service on the phone you are using is provided by a company that offers operator services and you want operator assistance to place a call, you dial "0", plus the area code (if required), and the phone number and an operator will assist you. To reach the long distance operator for additional assistance, you must dial "00". (Important: If you dial "0" without the phone number, you will get a Michigan Bell operator who can place calls within your Michigan Bell area only.)

If the long distance service on the phone you're using is provided by a long distance company that does not offer operator services, you must contact that long distance company to get instructions on how to place operator-assisted long distance calls.

Please note: If you dial "0" plus the area code, and the number, you may get a recording or no response. Further, if you dial "0" without the number, you will get a Michigan Bell operator who will refer you to your long distance company for further instructions.

If you are calling from a pay phone, continue to use the instructions posted on the phone.

Again, you should contact your long distance company for new instructions on how to place operator-handled long distance calls outside your Michigan Bell calling area. If you have any other questions about the changes, please call Michigan Bell's Let's Talk Center. The toll-free number is 1 800 555-5000.

Please watch your Michigan Bell bill inserts for further information.



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