YMCA highlights

These YMCA Highlights appear courtesy of the Farmington YMCA, 28100 Farmington Road, Farmington Hills. For information, call 553-4020.

PRENATAL FITNESS — The Prenatal Fitness class includes a cardiovascular workout especially designed for the changes that occur during pregnancy. This course will help increase floxibility and body waveness as well as dispel fatigue. A medical release is required at the first class to participate. Class duration is on a monthly schedule to fit the need of the pregnant mother. For more information, call 553-4020.

BABY-SITTING — Do you want to come to the Farmington Area PMCA to work out, but cannot because you have no place for your Children? The YMCA now offers haby-sitting for your convenience. The time for baby-sitting is 8:45 a.m. to 12:15 p.m. Monday through Friday. The rates are reasonable. For further information, contact the Y at 1853-1802.

OLLEGE HOLIDAY MEMBER-SHIP — Are you a college student and have nothing to do over the holl-days? Come be a member at the Farmington Area YMCA for as little as \$25. This membership is good from Dec. 1 to Jan. 18. This mem-bership includes the indoor jogging track, olympic-size swimming pool, champlonship racquetball courts, progressive resistance weightlifting

machines, two basketball courts and spacious clean locker rooms. For more information, call the Y at 553-4020.

CHRISTMAS VACATION — The Christmas Vacation Special will be held Dec. 22 and Jan. 2, excluding the Christmas Day and Christmas Christm

AEROFLEX — WHAT IS IT? —
Aeroflex isn't an aerobles class, but
it is an aeroble serectes. While holding hand weights you'll be taken
through a series of high repetible to
movements that involve your heart,
lungs and every major muscle
group, simultaneously, For the newcomer to Aeroflex, starting out is
both easy and safe. You can choose
the pace you find most challenging
and accomplish a comprehensive
work out.

NEW BROCHURE — The Farmington Area YMCA brochure will be out on Dec. 19, Fit and Trim for the obese person, Aeroflex and other new programs will be available. Registration will be the week of Jan. 5. Watch for more information.

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obituaries

LORETTA M. SCOTT

Mrs. Scott, 79, of Detroit died Nov. 28 in Med-I-Cos Recovery Care, De-

Born in Canada, Mrs. Scott was a

Born in Canada, Mrs. Scott was a manicurist.
Survivors include her daughter, Betty Spieldet; four grandchildren and two great-grandchildren. Services were Dec. 1 at the Heeney-Sundquist Funeral Home, Farmington, with the Rev. Dr. James E. Tuttle of Clarenceville United Methodist Church officiating. Burial was in Parkview Cemetery, Livenia. Memorials may be made to the Cleveland Clinic Foundation.

DANIEL RAY CLOUD

Mr. Cloud, 70, of Redford died Nov. 25 in V.A. Hospital, Allen Park, Born in Indianapolis, Indiana, Mr. Cloud came to the community in 1935 to work in the automotive in-

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(In our decorative containers or yours)

Survivors include his wife, Leona Elnora Frances; sons, Ronald and Donald; a daughter, Sharon Krause; sister, Thelma Ward; five grandchil-

dren.
Services were Nov. 29 at the Harry J. Will Funeral Home, Livonia,
with the Rev. Dr. Kenneth Lister officiating, Burlal was in Evergreen
Cemetery, Detroit.

JAMES W. STAHL

Mr. Stahl, 71, of Detroit died Dec. 2 in Samaritan Health Center, De-

2 in Samaritan Health Center, Level toolt.
Mr. Stahl was a civil engineer for the city of Detroit.
Survivors include his wife, Margarett, stepsons, James and Daniel Glison; and many pieces and nephews.
Services were Dec. 4 at the Barden Foneral Home, Itabea, Mich, with the Rev. Nolan Williams officialing. Burlal was in Ithaea Cemetry. Local arrangements were made by the Heeney-Sundquist Funeral Home, Farmington.

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PUBLIC NOTICE IS HEREBY GIVEN that the City of Farmington Hills, Michigan, will accept scaled bids or proposals until Monday, December 22, 1886, 10:00 a.m., prevailing local time at which time they shall be publicly opened and real cloud by the City Clerk for the following: Engine and Emissions Diagnostic

gan, will accept scaled onto an proposate and the shall be publicly spend and read arm, prevailing local time a whole believe will be publicly spend and read arm, prevailing local time at whole bollowing: Engine and Emissione Diagnostic Analyzer. Blad of the above shall be submitted to the City Clerk, 31855 W. Eleven Mille Road, Parmington Hills, Michigan 48018, on or before the above date and time. Blids are to be submitted in a sended opaque coverlope and clearly captioned as 10 mills are to be submitted in a sended opaque coverlope and clearly captioned as 10 mills are to be submitted in a sended opaque coverlope and clearly captioned as 10 mills are to be submitted in a sended opaque coverlope and clearly captioned as 10 mills.

contents.

Specifications and proposal forms may be obtained by contacting the Purchasing Agent, (313) 473-957 during normal business hours.

The City of Farmington Illist reserves the right to accept or reject any or all
blds, to award contract to other than the low bidder and to walve any informalities in the bidding procedure it it is found that the public interest is better

JoAN R. REYNOLDS, City Clerk

Chances are, you have a kee hate reducted by the hate hate office perting it done the office perting it d

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