ean strives to meet life's challenges

grade education, and I can honestly say that among all of the people I have ever known who have doctor-ates on top of doctorates, she is the smartest woman I have ever met."

Michols has had his works pub-lished regularly in professional journals since entering the aca-demic world, but the piece he is most proud of spells out his person-al feelings and attitudes from the time he learned he had cancer, and

It is a message of hope, which can be summed up in Nichols' belief that happiness is a choice, one
of many choices that can be made
when one is facing a challenge. He
does not advocate that one "go
around fooling himself with a
veneer of positive thinking that you
are never going to die."

The article lists the five stages

one goes through when laced with death and dying, set down by Eliza-beth Kubler-Ross. First is denying this could be so. Then comes anger that it might be so. After that, comes bargaining, maybe with God or your doctor. Then deep depresor your doctor. Then deep depres sion. The final stage is acceptance.

"I THOUGHT I knew this man called Don Nichols," he said. "But I was surprised with what I found out about him. I am not an angry man, but I was angry. I am not giv-

en to depression, but I was de-pressed. It was only when I recog-nized these stages I was going through, and faced them head-on, ... when I was able to reach the (final) stage of acceptance. Af-ter that, I could cope. I made the choice to be happy. Sometimes, it is amusing to me to see the results of that—to see how contagious opti-mism see head.

that — to see how contagious opti-mism can be to those around me." Don Nichols met his wife, Alice, when the two attended Farmington High School. After graduation from Western Michigan University, both returned to the area to teach in the Farmington Public Schools.

The couple raised their two children in Farmington. Kevin, 23, is graphics editor for the Jackson Citizen Patriot. Tim, 21, is a student at Oakland Community College.

Nichols singles out his work as a lay minister at Redford Baptist Church as "the most important

spiritual element in my life. It's where the hopefulness comes from," he said.

He describes himself as "a health fanatic," with an exercise regimen that includes playing basregimen that include ketball and jogging.

"It gives me vitality. It is ener-gizing," he said of his daily jogging. "It triggers the natural elements in the body that cause exhilaration. It's a natural stimulant, a shot of adrenalin."

Request for injunction to reopen Oriental health spa denied

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Continued from Page 1

they should amend the lawsuit," Po-lice Chief William Dwyer sald.

lice Chief William Dwyer sald.

Shinn, seeking an unspecified amount in damages, is asking the federal court to declare the city's massage regulation ordinance unconstitutional.

A special city council hearing unconstitutional.

constitutional.

A special city council hearing was scheduled after Shinn applied for a license last April and the request was dealed in September by Rey-

was utined in objections in Nep-nolds. The clerk's denial followed recom-mendations by the city's police, building and zoning officials, who testified against approval of the li-cense at the special hearing.

"We determined that the charac-

"We determined that the charac-ter, reputation, moral integrity and, operation of the Tokyo health spa"... is adverse to the public health, safety, morals and general welfare of Farmington Hills," Dwyor said in a statement at the special council hearing.

Campus Life, a non-denomination-

The city council, however, chose not to consider Shinn's amended ap-plication, which the city clerk received after the special hearing was scheduled.

received after the special hearing was scheduled. In addition to city officials' allegation that Shinn's spa was used as a house of prostitution, they argued that the spa owner faisified her business application. Spokolpy denied city officials' allegations at the special hearing.

SHINN, CTY officials said, neglected to Include Information about
a Waterford Township bealth appa,
where hae was previously charge,
which soliciting-related charges. The
charges were dismissed and she filed
an assumed name to do business at
that Elizabeth Lake Road spa.
Shinn also did not include on the
applications that she operates the
foregun Oriental Health Spa, 23100
Telegraph — one of two oriental
spas raided by Southfield police Dec.
11, Dwyer said. SHINN, CITY officials said, ne-

Colorado ski trip set

skiing at Vail, Steamboat Springs, Winter Park and Mary Jane, charter bus transportation, food and lodging. For registration information, call the Campus Life office at 533-3900 during business hours.

al, non-profit youth organization, is sponsoring a Colorado ski trip during the Christmas holidays. The dates are Dec. 28 to Jan. 3. The cost is \$400, which includes Den Becaus Bone. Open 7 Days 11 am-12 Mid. BAR.B BAR-B-Q CHICKEN FOR 2.....*6.95 FARMINGTON HILLS 31006 Orchard Lk. Rd. at 14 Mile COUPON ORDERS DINE-IN OR CARRY-OUT

The raid on her Southfield spa "confirmed our belief she (Shinn) is involved in more than one spa in Michigan. She never listed the Southfield spa on either application. She did knowingly faitij her first and second application," Dwyer said. The Tokyo Oriental Health Spa, 28841 Orchard Lake, was one of five spas raided by the city in October 1985; following a six-week investigation of residents' compainist that sex-related offenses were occurring at the storefront spas.

Three of the 17 Asian-born employees arrested during the raids were from the Tokyo spa. All arrested have either pleaded no contest to lesser charges or been convicted of soliciting-related charges, police said.

Although Shinn was not at the To-

Soliciting-related crosses, processed.

Although Shinn was not at the To-kyo spa when the arrests were made, she was the owner and manager of the spa and, as such, was responsible, according to Beckerleg.

SHINN WAS also not at her South-field spa Dec. 11 when police arrest-

ed two employees on charges of accosting and soliciting. The employecs arraignment is scheduled for bec. 29 in 46th District Court in Southfield.

Southfield.

Shinn's suit alleges that the city's ordinance "is under guise of regulation, an arbitary interference with a private business by the imposition of unreasonable and unnecessary restrictions..."

The suit also alleges that the city knew the ordinance's restrictions were arbitrary, capricious, unreasonable and, in some cases, impossible to meet."

sonable and, in some cases, impossible to meet."
Under the Hills ordinance, non-exempt businesses providing body massages must comply with business license and operating permit provisions and operation and inspection fees.

tion fees.

The ordinance also addresses the layout of the business where massages will be provided, the need for the business to meet certain health-related provisions, and the type of apparel massage therapists must wear.

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You wouldn't want to meet the man who used to

own this dog.
The Michigan Humane Society had that

unpleasant task Oct. 9, the day we responded to a call from a concerned citizen in northwest Detroit

call from a concerned effizen in northwest Detroit and found a young boxer chained to a fence without any sign of food or water. Understand, this dog wasn't a stray. He was someone's pet. A pet who spent most of his life at the end of a 5-foot chain. A pet whose only shelter was a tattered piece of cardboard lying on the ground. A pet so emaciated, so worm-infested, he couldn't went stool.

couldn't even stand. When the Michigan Humane Society cruelty investigation van brought the dog we named Rocky into our downtown shelter, he weighed just 39 lbs. A boxer his size should weigh about twice that.

Rocky was immediately put on intravenous feed-ings and medication. In no time at all, he was able to eat solid food and go for short walks.

cat soint food and go for short warks.

However, subsequent diagnostic testing revealed the dog had serious cardiac problems. On Oct. 30th, three weeks from the day we picked him up, Rocky died of heart failure, He was 2½ years old.

The kind of apathy and abuse this dog experi-enced isn't just sad. It's illegal. That's why we're currently involved in the prosecution of Rocky's former owner. Through the efforts of our cruelty investigation team and staff

legal counsel, that person has been charged with three separate counts of animal cruelty. We're determined to make certain Rocky didn't die in vain. That's why we're turning to you in this season of giving. Please find it in your heart to make admation, no matter how large or small, to the Michigan Hamper Species.

a donation, no matter how large of small, to the Michigan Humane Society.

Because it's your contribution that helps us feed and shelter neglected dogs and cats. It's your contribution that helps us find many of these animals a new home. And, it's your contribution that helps The Michigan Humane Society that the state of the sta prosecute people who do things



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