

club circuit

FARMINGTON DEMOCRATIC CLUB meets at 8 p.m. Thursday, April 30 in the Botsford Inn, Farmington Hills. A representative of Physicians for Social Responsibility will speak on the current negotiations surrounding strategic arms. Public invited.

BIRMINGHAM-BLOOMFIELD-TROY SINGLES meet for a Kentucky Derby dance party from 7:30 p.m. to 1:30 a.m. Friday, May 1, in the Kingsley Inn, Woodward and Long Lake Road, Bloomfield Hills. The event is open to all singles over 18 from all surrounding areas. Admission is \$3 at the door.

FARMINGTON SINGLE PROFESSIONALS meet at 8:45 p.m. Sunday, May 3, to go roller skating at the Brevinette, Highland north of Grand River. Admission \$4. Meet in the parking lot. For further information call 425-9663.

Early detection still best hope for treatment of breast cancer

One in 10 American women will develop breast cancer at some point in her life, marking an all-time high for incidence of this form of the disease, according to estimates announced today by the American Cancer Society.

This is the first predicted increase in breast cancer incidence since 1980, when the society's estimate rose from one in 13 to one in 11 women.

In its annual publication, Cancer Facts and Figures, the society estimates that in 1987 approximately 130,000 women will develop breast cancer. Although lung cancer still holds first place as the leading cancer killer of both men and women, breast cancer is the most prevalent cancer among women.

According to Dr. Kirk Banerian, radiologist at William Beaumont Hospital, the reason for this rise in incidence is unknown.

"We are trying to determine why breast cancer is striking more women than ever," he said. "For now, we urge women to follow the three steps to detect breast cancer at its earliest stages, when the opportunity for successful treatment is greatest."

The American Cancer Society's

PHOENIX I hosts a singles dance party at 8:30 p.m. each Sunday in Royal Oak Garden City, 3250 Clerly Hill at Venoy. Music by Chic. For further information, call Ruth or Jill, 471-1248.

VETERANS OF FOREIGN WARS Post and Auxiliaries of District Five in Oakland and Macomb counties convene at 10 a.m. Sunday, May 3, in Roseville Post 2358. The joint meeting will be opened by commander Hal Kirby and president Joan Simonson. New officers will be elected for 1987-88.

FARMINGTON GARDEN CLUB meets at 11 a.m. Monday, May 4, in the Farmington Community Center for a business meeting and workshop. Members will participate in a make it, bake it, sew it or grow it program in which items will be auctioned.

LIVONIA GARDEN CLUB meets at 7:45 p.m. Tuesday, May 5, in St.

Andrew Church, Hubbard Road, Livonia. Joyce Blumenstock will discuss a garden for all seasons. Guests are welcome. Call 551-0236 for reservations.

PROFESSIONAL WOMEN IN SALES meet at 6 p.m. Tuesday, May 5, in Ginopolis Restaurant, 27815 Middlebelt at 12 Mile, Farmington Hills. There will be a panel discussion on women business travelers. Reservations are necessary. Tickets are \$16 for members, \$18 for non-members. For reservations, call 473-2232 before May 1.

Panel members include: Susan Cameron, a regional sales manager for Info-Disc Corp. of Maryland who travels 11 states in the north-central region; Linda Heard, an assistant to the president of AAA of Michigan and an assignment to the Detroit Strategic Plan Crime Task Force; Connie McComas, regional sales manager of Whiting and Davis who travels to 25 states and Daryl Pen-

tecost, senior account representative who averaged three days of travel per week for 14 years.

FARMINGTON HILLS CHAPTER OF THE EMBROIDERS GUILD meets at 10 a.m. Wednesday, May 6, in Faith Covenant Church, 14 Mile at Drake, Farmington Hills.

MOONBUDSTERS meet for a dance party from 9 p.m. to 12:30 a.m. every Saturday night in the Livonia Activities Center, corner of Farmington Road and Five Mile. The event is open to all singles over the age of 30 from all surrounding communities. Admission is \$3.75 at the door.

All club news and announcements for this column are to be addressed to: Club Circuit, Farmington Observer, 33203 Grand River, Farmington 48024. The information must arrive before noon on the Monday before Thursday publication.

Trip to D.C. was well-scouted



retirement memos

Margaret Miller

IT WAS ALMOST like Old Home Week in Washington when this retired Girl Scout mom hit the nation's capital with many thousands of Scouts from all over on the organization's 75th birthday.

Having been away from Scouting for a number of years, Joe and I didn't realize the importance of the date we picked to begin a spring trip. We had a hint, though, when a bunch of girls wearing green boarded our plane to Atlanta.

Then there were a lot more groups at the airport in Washington. When the color green showed up again at our hotel, I queried one of the leaders and found out about the birthday party with 75 candles.

AFTER THAT, it was green wherever we looked as we took our touristy rounds of Washington. The Girl Scouts were there when we went to Kennedy Center to buy tickets, they filled the restaurant where we had our before-theater dinner, and we were surrounded by Scouts in our balcony seats.

The girls sitting next to us proudly showed us their pictures with Ronald Reagan. We admired, but had to wonder privately if the president was posing with all the Scouts, and if so, what else he was finding time to do.

We also saw Scouts gathered on the Mall, and we took pictures of Scouts taking pictures of Scouts at the Lincoln Memorial. The girls were with us at the Capitol and in the Smithsonian, at the Ford Theater

and in the subway stations. We realized the girls came from across the Pacific too when we stopped to look at an exhibit in our hotel lobby and were rewarded with little packages of chocolate-covered macadamia nuts presented by two young delegates in un-Scoutlike orange and yellow Hawaiian dress.

And before we left Washington, we even bought a couple of boxes of Girl Scout cookies, since they were on sale all over and we had missed them in Sarasota.

A WASHINGTON daily carried an account of the gathering of 2,000 Scouts in Kennedy Center to meet Nancy Reagan — how they ignored their leaders' instructions to avoid flashbulbs when the first lady appeared and later showed their way out of the assembly area.

Now I wasn't there, and I wouldn't doubt the veracity of a respected newspaper. But the memory of Scouts I brought home from Washington was one of girls enjoying sightseeing, showing respect at monuments, quieting down when a leader raised a hand.

In short, we found the Girl Scouts pretty neat traveling companions, and belatedly we wish them many more happy returns.

Margaret Miller was Suburban Life editor for the Observer Newspapers for 16 years. She and her husband, Joe, have retired to Florida, where she writes Retirement Memos.

guidelines for early detection of breast cancer include monthly breast self-examination for women 20 and over, as well as regular clinical breast examinations performed by a physician. In addition, the society recommends mammography — a low-dose X-ray of the breast — every year for asymptomatic women 50 and over and a baseline mammogram for those 35 to 39. Women 40-49 should have a mammogram every one to two years.

"EVERY WOMAN should consider herself at risk for breast cancer," Banerian continued, "and must take the time and the effort to detect this disease at its earliest stage."

"Thanks to mammography, we are now able to locate breast cancers that are too small to be felt by either the woman herself or even the most experienced physician," he said. "Finding the cancer in a non-invasive state — before it has a chance to spread — means that the patient, in almost 100 percent of cases and with proper treatment, will remain free of the disease."

Patients with a localized form of breast cancer have a survival rate of more than 90 percent. If the cancer

has spread, however, the survival rate drops to 60 percent.

Despite the increase in incidence of breast cancer, new advances in treatment have helped stabilize the mortality rate for this form of cancer.

"In the 1940s, women with localized breast cancer had a survival rate of 78 percent. Today, the rate is 90 percent or better," Banerian said.

CANCER FACTS and Figures also estimates that, overall, 965,000 new cases of cancer will be diagnosed in 1987 and that 483,000 will die of the disease.

Lung cancer, the leading cause of cancer death, this will strike 150,000 — 99,600 men and 51,000 women — and will kill 136,000 in 1987.

Cancer of the colon and rectum, the second leading cancer killer of Americans, holds third place for women and second place for men. It is expected that 145,000 will be diagnosed with this form of cancer in 1987 and another 60,000 will succumb to it.

Among men, the third leading cause of cancer death is cancer of the prostate; 96,000 new cases will be diagnosed this year and 27,000 deaths are expected to occur. In children between 3 and 14, cancer continues to be the chief cause of death, with 2,200 deaths estimated for 1987, about half from leukemia.

However, Cancer Facts and Figures reports mortality among this group has declined markedly over the past four decades.

"We had tremendous success in treating childhood cancers and many of the adult cancers," said Banerian. "Today about 335,000 Americans, or four out of 10 patients who get cancer this year, will be alive five years after diagnosis. There is more hope than ever for those diagnosed with cancer."

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