

EXPERIENCE THE

FARMINGTON
AREA

YMCA U.F.O.*

....where more than muscles are strengthened!
Our new Wellness Center is

Out of this World!

As a YMCA member, you will learn to offset today's fast-paced lifestyles by harmonizing your body, mind and spirit under the direction of our wellness trainers.

The whole family will enjoy a

*** UNIQUE FITNESS OPPORTUNITY**
for a healthier lifestyle.

Visit our OPEN HOUSE Saturday, Oct. 24 11:00 am-2:00 pm
and take advantage of a 15% New Member Discount



YMCA membership includes:

- 2300 sq. ft. Wellness Center
- Olympic-size swimming pool
- Running track • Gymnasium
- Free Fitness Classes
- Racquetball Courts
- Physical Training Center

Affordable **interest-free** membership rates available for individuals and families from \$12.75* per month.

Call for your **complimentary visitor's pass**

*plus applicable one-time joiners fee

Farmington Area YMCA

28100 Farmington Rd.

1/4 Mile N. of 12 Mile

553-4020

Financial Assistance Available • Contact the Executive Director