

Heart risk higher for blue collars

DID YOU know that...

The BJR Nabisco Co. recently amounced that it is developing a cigarette that produces little amoke, to tar, no ashes and no odor. The "amokeless" eigarette heats tobacco rather than burns it. The product, billed as "the world's cleanest eigarette," gives the smoker the tobacco flavor and nicotine of a regular eigarette. However, many health authorities aren't convinced that it will be any safer.

rette. However, many health authorities aren't convinced that It will be any safer.

Blue-collar workers are 43 percent more likely to die of heart discase than are white-collar workers, even after differences in risk factors have been considered. However, it remains unclear whether other influences—such as diet, medical care, or cultural factors—may play an even greater role in the increased risk than the jobs themselves.

The US. Food and Drug Administration recently approved a mew prescription drug called lovastatin which markedly lowers total cholesterol and the particularly dangerous low-density lipoprotein (LDL)cholesterol in the blood. The drug, marketed under the brand amme Mavacor, is recommended for people who have been unable to lower their elevated blood cholesterol

ZINGFIELDS ASH**US**TRAYS

by diet alone.

• A just-released study concluded that using timy ballon catheters to open clogged artieries immediately after a heart attack, as opposed to days later, offered no advantage to patients whose blockages were dissolved by a drug called dissurplasminogen activator (TFA).

• The primary reason most Americans exercise is for health of the primary reason for the primary reason of the primary reason reason of the primary reason rea

involves walking one mile as fast as you can and noting your time and pulse rate immediately afterward. Rockport, the shee company, put together an excellant little booklet that includes this test — along with custom-designed walking programs based on how well you secred. For a copy of the booklet, send a posteat with your name and address to The Rockport Walking Institute, P.O. Box 480, Marborn, Ma Oliss. Barry A. Franklin, Ph.D., is director of cardiac rehabilitation and exercise laboratories. William Beaumont Hopital, Royal Oak, and associate professor of physiology, Wayne State Unversity School of Medicine.

Look Ahead Layaway

THE CHILDREN'S **OSHKOSH** WEARHOUSE

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Arnold Zingfield, ash tray entrepreneur, revamps his product for the advent of the smokeless cigarette.





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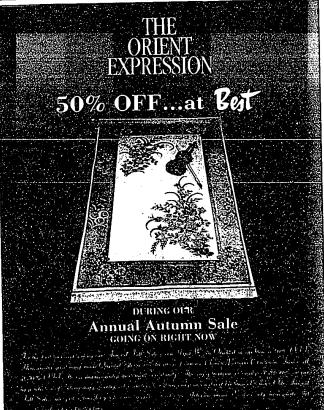


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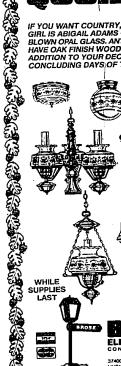
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