# Cooking show ready to debut

key bread?
Organizers of "What's Cooking at
Forest?" a new cable show sched-uled to premier on cable Channel 10
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uled to premier on cable Channel 10 this month, say the recipes are easy as pie. The two recipes will be featured on the first two 15- to 20-minute segments, which were taped earlier this month in the station's studios at North Farmington High School. The show mirrors the title of a cookbook compiled by parents, students and staff at Forest Elementary in Farmington Hills, which is being sold for \$9 by that school's PTO. The show is just another way organizers are trying to involve the Forest community. "The recipes are all wonderful," said Cynthia Zwinck, Forest parent and co-chair of the school's cookbook committee. "It's really a "no fail' kind of cookbook."

THE FIRST two shows are scheduled to air Thursday, Dec. 10, at 4, 4:30, 8 and 6:30 p.m.; Tuesday, Dec. 15, at 4:30 p.m.; and Monday, Dec. 21, at 3:45 p.m.

Involved are Ellen Yashinsky, a parent who will cook her spinach pie recipe, and Bonnie Murphy, who will prepare the "monkey bread."

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Parents, teachers, staff and students were involved in contributing recipes and preparing the cootbook. They are being encouraged to appear on the show to cook their recipes from the book, Zwinck sald.

The school's mascot - a raccon - appears on the cookbook cover and other student attwork on divider tabs. The cookbook has a variety of more than 550 recipes and includes a section on microwave cooking.

Those interested in buying a cook-book should contact Forest Elemen-tary at 661-2600.



Parent Bonnie Murphy helps Forest Elementary students John Zwinck and her daughter, Katle, during a cooking segment of a new cable TV show.

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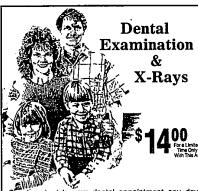
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AT LEFT: Forest Elementary AT LEFT: Forost Elementary students (from left) John Zwinck, Katle Murphy, Andrea Haron, Stephanle Lorlel and Amy Yashinsky and parent Ellen Yashinsky (rear), with Dean Cobb, director of the North cooking program. He's giving the kids some last-minute directions, during reseased for a new cable TV

Staff photos Randy Borat





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