

Area parks offer cross country skiing

CROSS COUNTRY SKIING isn't for everyone, but it should be.

Not only does it provide a great outlet for exercise, but it also offers individuals an opportunity to explore and enjoy the outdoors either on an individual basis or as a social function.

The Oakland County Parks and the Huron-Clinton Metropolitan Authority combined offer cross country ski enthusiasts more than 100 miles of groomed, marked trails.

Lessons and clinics are offered at most facilities along with special activities including competitive races; clinics for blind skiers, senior citizens and children; family days and group fun days.

The following is a break down of the Oakland County Parks and Metropark facilities.

OAKLAND COUNTY PARKS

GLENN OAKS GOLF COURSE

- Trails: Groomed and marked trails available for open skiing, 5-9 p.m. Friday and 9 a.m. to 5 p.m. Saturday and Sunday.
- Facilities: Snack bar and warming station.
- Rentals: Full line of equipment available. Cost is \$6 for two hours, \$2 each additional hour. A \$10 deposit plus identification is required.

- Lessons: Pre-registration is required by calling Farmington Hills Parks and Recreation at 474-1115. Ext. 297. Cost is \$6 for a 1 1/2-hour session with your own equipment and \$11 for a 1 1/2-hour session with equipment rental.
- Location: 7315 Mile Road between Orchard Lake and Middlebelt in Farmington Hills. Telephone: 651-8356.
- Special events: Ski Clinic for blind skiers, Jan. 23 and Feb. 13, 11 a.m. to 1 p.m. Call 658-4944 or 473-0580.

RED OAKS GOLF COURSE

- Trails: Marked trails available 9 a.m. to dusk for skiers with their own equipment.
- Facilities: None.
- Rentals: None.
- Location: John R. and 12 Mile Roads in Madison Heights. Telephone: 589-2294.
- Special events: Cross country ski race training sessions are held through March on Tuesday and Thursday evenings 6-8 and Saturdays 9-11 a.m. Call Mike Walden at 547-0059 for details.

SPRINGFIELD OAKS GOLF COURSE

- Trails: Marked trails open for individuals with their own equipment.
- Facilities: Pit toilets available on the course.
- Rentals: None.
- Lessons: None.



outdoors

Bill Parker

- Location: Andersonville Road near Hall Road in Davidsburg, eight miles west of Dixie Highway. Telephone: 625-8133.

WHITE LAKE OAKS GOLF COURSE

- Trails: Marked trails available daily, dawn to dusk.
- Facilities: Clubhouse open on weekends. Pit toilets available on the course.
- Rentals: Full line of equipment available on weekends and by arrangement only. Cost is \$6 for four hours. Drivers license ID required.
- Lessons: Saturdays, Jan. 23 and 30, and Feb. 6 and 13. Three one-hour sessions beginning at 9:30, 10:30 and 11:30 a.m. Cost is \$6 for skiers with their own equipment and \$12 for lesson and equipment rental. Pre-registration is required by the Tuesday before the class. To register call 623-2700.
- Location: South Williams Lake Road, south of M-59 near Pontiac. Telephone: 668-2700.

ADDISON OAKS

- Trails: More than 12 miles of marked trails open daily, 8 a.m. to dusk Sunday through Thursday and 8 a.m. to 10 p.m. Friday and Saturday. (Skiing allowed after dark on 1 1/2 miles of lighted trails only.) Volunteer Nordic Ski Patrol on duty during the weekends as available.
- Facilities: Warming area and restrooms. Heated concession on Thursday and Friday evenings.
- Rentals: Available weekends and by arrangement only. Cost is \$6 for four hours. Drivers license ID required. Group rates available on weekdays. For information, call 693-2432.

- Lessons: Saturday and Sunday 10-11:30 p.m. Cost \$6 for lesson only, \$11 for lesson and rental. Private and semi-private lesson by appointment only for \$30 per hour. Call 693-2432 for information.
- Location: West Romeo Road, nine miles north of Rochester near Oxford. Telephone: 693-2432 or 693-0220.
- Special events: Observer & Eccentric ski school clinic for all ages, Jan. 23, 30 and Feb. 4, 13, beginning at 10 a.m. and noon. Pre-registration required by Friday the week before the clinic. Cost is \$5 for lessons and \$10 for lesson and equipment rental. Call 693-2432 for details.

- Family and Friends ski night (co-sponsored by POWER Balloons 96-FM) Jan. 21, 28, Feb. 4, 11, 18 & 25 p.m. Activities include free ski lessons, door prizes, contests and more. Call 693-2432 or 698-0500 for details.
- Winter Family Fun Day, Jan. 24, 11 a.m. to 4 p.m., sponsored by the Oakland County Parks.

County Parks Foundation. Activities include Free ski lessons, ice skating, dog sled races and more. Call 335-2771 for details.

Michigan Cup Relays, Jan. 31. Call 693-2432 for details.

INDEPENDENCE OAKS

- Trails: More than 10 miles of marked, groomed trails open daily 8 a.m. to dusk. Volunteer Nordic Ski Patrol on duty as available on weekends.
- Rentals: Available on weekends and by arrangement only. Cost is \$6 for four hours. Drivers license ID required.
- Lessons: Saturday and Sunday 10-11:30 p.m. Cost is \$6 for lesson only, \$11 for equipment rental and lesson. Private and semi-private lessons available by arrangement only for \$30 per hour.
- Location: Sashabaw Road, 2 1/2 miles north of I-75 near Clarkston. Telephone: 625-0877.
- Special events: Observer & Eccentric Ski Clinic, Jan. 23, 30, Feb. 6, 13, 8:30 and 10 a.m. Pre-registration required by Friday the week before the clinic. Call 625-0877 for details.

HURON-CLINTON METROPARKS

Eight of the 13 Huron-Clinton Metroparks are offering cross country skiing and equipment rental for the 1987-88 season. Trails are marked and groomed and rental rates are the same at each park. Rental rates are based on half day (four hours) prices. Cost for a full set of equipment is \$6.50. Skis only are \$2.50. Boots only are \$2.50. Poles only are \$1.50.

An insurance fee of \$2 per rental is required on all equipment along with identification, which must be left at the rental office during the time of rental. Identification and \$1 of the insurance will be returned when the equipment is returned in satisfactory condition. Use of the trails is free and operation of all facilities depends upon the weather.

METRO BEACH

- Trails: 4.5 miles over relatively flat terrain.
- Facilities: Ski Touring Center at park office features coin-operated lockers.

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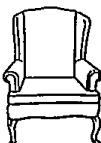
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ers, heated restrooms and food service (weekends only).

- Lessons: None.
- Location: Metro Parkway east of Jefferson Ave. on Lake St. Clair. Telephone: 463-4581.

STONY CREEK

- Trails: Over 15 miles covering hilly and flat terrain. Suitable for beginners, intermediate and advanced skiers.
- Facilities: Ski Touring Center featuring coin-operated lockers, heated lounge and restrooms is located at the East Beach site. Food service with vending machines during the week and a snack bar on weekends located near the ice skating area.
- Lessons: Available on weekends only for \$3 per person. Advanced registration is required. Call 781-4242 for more information.
- Location: 4300 Main Park Road, Washington. Telephone: 781-4242.

INDIAN SPRINGS

- Trails: More than eight miles over varied terrain.
- Facilities: Ski rental on weekends only.
- Lessons: None.
- Location: 5200 Indian Trail, Clarkston. Telephone: 665-1561, Ext. 482.

KENSINGTON

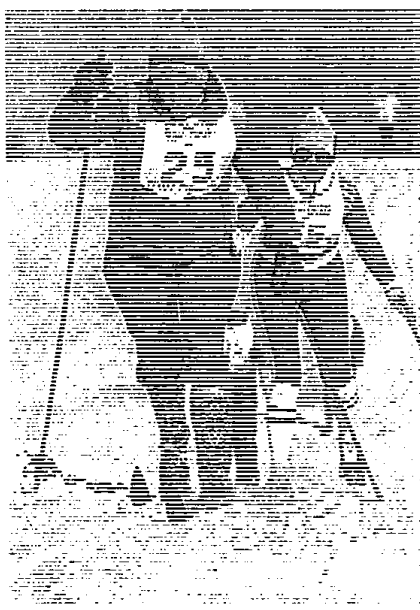
- Trails: Over 15 miles suitable for beginning, intermediate and advanced skiers. Trails cover scenic, hilly and wooded areas and include limited night skiing on golf course trails.
- Facilities: Ski Touring Center at the golf course features coin-operated lockers, restrooms and food service.
- Lessons: Available on weekends only for \$3 per person. Advanced registration is required. Call 665-1561 for details.
- Location: 2240 W. Bono Road, Milford. Telephone: 665-1561.

HURON MEADOWS

- Trails: Over eight miles with varied terrain.
- Facilities: Ski Touring Center at the Golf Center Building features coin-operated lockers, heated lounge, restrooms and food service.
- Lessons: None.
- Location: 4765 Hammel Road, Brighton. Telephone: 665-1561, Ext. 484.

HUDSON MILLS

- Trails: Over six miles with varied terrain.
- Facilities: Ski Touring Center at the Outdoor Activity Center features a heated lounge, restrooms, coin-operated lockers and food service.



- Lessons: None.
- Location: 880 North Territorial Road, Dexter. Telephone: 426-8211.

WILLOW

- Trails: More than six miles over mostly flat terrain.
- Facilities: Ski Touring Center, in the Swimming Pool Center Building, features a heated lounge, restrooms, coin-operated lockers and food service.
- Lessons: None.
- Location: Willow Road, east of I-

LAKE ERIE

- Trails: Close to four miles covering relatively flat terrain.
- Facilities: Ski Touring Center, at the Food Service Building, features a heated lounge, restrooms, coin-operated lockers and food service.
- Lessons: None.
- Location: 32461 W. Jefferson, near Rockwood. Telephone: 979-0020.

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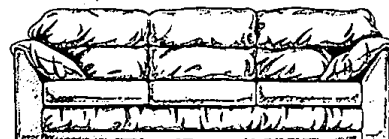
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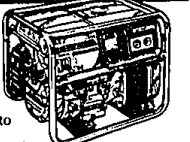
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