Nongame Wildlife Fund serves many needs

T'S THAT time of year. The time people dread most. Not because hunting scason is drawing to a close. Not be-couse Old Man Winter is caressing the state with his key fingers. And not even because the holidays are over and there won't be another holi-day for months. It's worse than all of that. It's tax time.

that. It's tax time. Now don't worry, this isn't a col-umn about taxes. I'm not going to waste this space trying to explain to the space trying to explain the space trying trying to the space trying tryi

Myrna Partrich

zen contributions from state income tar refurns. The funds support the Nongarne Wildlife Program which is aimed at preserving populations of desirable non-game wildlife species (wildlife which is not hunted) and their habi-tat, and increasing people's enjoy-ment, understanding and apprecia-tion of plant and wildlife resources.

outdoors 🖪 Bill Parker

Dick Lehman, Public Affairs Coordi-nator with the Nongame Wildlife Fund. "Donations were up about one-third from previous years, which is very encouraging. If you multiply \$1 of \$2 by 110 or 115,000 it really adds up."

TILE NONGAME WILDLIFE Fund provided the financial support for better than 30 projects statewide in 1980. Projects ranged from field tests to control predation of plping plover eggs, to baid eagle banding and research. The fund also provided support for such projects as the eval-uation of the lake sturgeon popula-

tion, a wildlife observation tower and nature trail in Manistee County, completion of the Manual of Michi-gan Ferra, and several Iree work-shops on the construction of bluebird nest boxes including one workshop held in Rochester Hills, (The blue-bird nest box workshops are sched-uled again this year. One will be held March I3 at the Rochester Hills Mu-nicipal Building. Call 656-0990 for details). Two 61 the biggest projects fi-manced by the fund are the develop-ment of the Breeding Bird Atlas and the Natural Features Inventory. The Breeding Bird Atlas is ap-

proaching the fourth year of a siz-year effort to pinpoint the distribu-tion and abundance of 230 resident birds species in Michigan. The Natural Features Inventory is a survey of natural plant communi-ties and unique, undisturbed habi-tats, such as prairies and welabai, on a county-to-county basis.

on a county-to-county basis. FINANCING FROM the Nongarte Wildlife Fund provided the founda-tion on which the Peregrine Return Nongare Wildlife Statistic Statistics tion on which the Peregrine Return is a project designed to establish 10 peregrine fails of the endangered state. The vo peregrine fails of the endangered state. The vo peregrine project designed to establish 10 peregrines were placed in a nesting bay peregrines are scheduled to be released in Detroit. Five more havy peregrines are scheduled to be released in Detroit. Five more daglin in 1987. The other sites include ed in the plan are Grand Rapids and Volunteers from the Michigan

United Conservation Club, the Sierra Club and the Detroit Audubon Soci-ety also assisted in the Inaugural percertine release. Lehman awas quick to point out that volunteer help is needed in many projects support-ed by the Nongame Wildlife Fund. "We're not just alter donations." explained Lehman. "We need people to get involved. We need their help, we need people to report sightings of loons, eagles and purple martins. People working on the Breeding Bird Atlas need assistance in locating many species of birds across the pergrine project last summer was tetale. The volunteer help with the pergrine project last summer was very helpful and I'm sure we'll need help again." Anyone wishing to donate to the forwoig their Michigan tax return for Miles 35) or by direct donations to Nongame Wildlife Fund. P.D Box 20180, Lansing 48909. Volunteer in-formation may also be obtained at this address.



Wrestling a trio of exercise questions

Dear Myran: I bave a few fliness questions to ask. I want to start an exercise program. I am a woman 42 years old and never exercise. Should 1 sees doctor before starting this program? Should I work out during my period? Is there anything special I should do or avoid at that time of the month? How many times a week should I exercise just to atsy feeling good?

To the second question about working out during your second question of a stand an exercise program in a reputable studio or club, make sure to talk to the teacher and know exactly what you are getting into (to what degree is the intensity level of the class). I highly recommend a good beginner-level exercise class. If it is weights you want, be careful not to work with too heavy a weight. weight to the second question about working out during your weight.

(Myrna Partrich, co-owner of The Workout Company of Bloonfield Township, is happy to answer any questions readers may have requaring exercise. Please send your signed letters to: Sports Department, Myrna Partrich, 1225 Bowers, Birming-ham 48012.)

outdoors calendar

IMPORTANT DATES-EVENTS

Tom Halbelsen, Inc. 435 Haynes 847-3370 CLAWSON INDEPENDENT DEALER "Phil Cavid"o Tire & Auto Ctr. 1200 W. 14 Mile 435-7070



353-2500 353-0454

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