

club circuit

WESTSIDE SINGLES meet at 8:30 p.m. Friday for a dance party in Livonia. Eik's Club, Plymouth Road, east of Meridian. Admission is \$4 at the door. The singles hotline is 552-3170.

LAMAZE CHILDBIRTH EDUCATION ASSOCIATION OF LIVONIA hosts a presentation on Cesarean Childbirth at 7 p.m. Monday, Feb. 22, in St. Matthew United Methodist Church, 30900 Six Mile Road. The presentation will be followed by a group discussion on breastfeeding, scheduled to begin at 8 p.m.

Childbirth preparation classes begin at 7 p.m. Wednesday, Feb. 24, in Novi High School; Monday, Feb. 29, in Newburgh United Methodist Church in Livonia; and Monday, March 14, in Fairbairn Community Presbyterian Church in Novi.

Inquiries and registration on all events are taken by calling the association, 592-8618.

NORTH FARMINGTON invite guests to their annual "Bowling and Pizzazz" day that begins at 10:30 a.m. Tuesday, Feb. 23, in Northwest Lanes. Reservations, at \$8 each, are taken by Marion Prover, 471-4367.

FAMILY FIRST invites guests to its luncheon and program that begins at noon Tuesday, Feb. 23 in Farmington Hills Branch Library, 32737 12 Mile.

Speaker for the afternoon is Richard H. Glueck, special agent for the U.S. Customs Service. His topic is "Stopping Child Pornography."

Reservations are requested by calling Family First, in Livonia, 591-1980.

WOMEN'S DIVORCE GROUP, sponsored by Schoolcraft College Women's Resource Center, begins at 7 p.m. Tuesday, Feb. 23 in Lower Waterman Campus Center, 18600 Haggerty, Livonia.

Speaker for the evening is Kathleen McCann, a divorce attorney.

Attendance is free. Registration is not required. For information, call the women's center, 591-6400, Ext. 430.

WOMEN'S BAR ASSOCIATION, Oakland County Region Women

6 classes on blood pressure set

Oakland County Health Division will offer a series of six blood pressure control classes to residents of Oakland County. The classes will be held weekly, from 2-4 p.m., Wednesdays, beginning Feb. 24, in Oakland County Health Division's South office, 27725 Greenfield Road, Southfield. All classes are free, but pre-registration is required, by calling 424-7042.

All classes will be taught by Oakland County Health Division public health nurses and nutritionists. Activities and information shared will help class participants better understand high blood pressure and self-care skills. Spouses and/or family members are encouraged to attend.

Lawyers Association of Michigan, hosts its "New Lawyers Reception" 5:30-7:30 p.m. Wednesday, Feb. 24, in the home of Arda Barenholtz, 10484 Kingston, Huntington Woods. The address is one block south of 11 Mile, east of Coolidge.

Local attorneys and judges are invited to meet the new lawyers.

FARMINGTON HISTORICAL SOCIETY meets at 8 p.m. Wednesday, Feb. 24, in Farmington Branch Library, State and Liberty streets.

Program for the evening is called "Anatomy of a House." Slides and

commentary will be presented on

two area historical homes, known as the "Yerkes-Barber House" and the "Eber Durham-Stewart House." The Yerkes house has been in the family since it was built in 1837. John Barber will tell about the family history and give architectural details of the Greek revival home.

Sherrice Stewart will talk about the house that Stephen Jennings built for his daughter, Jane, when she married Eber Durham. Jennings was the owner of 16-Mile Inn in Clarenceville, which later became the Botsford Inn.

ASSOCIATION FOR WOMEN IN SCIENCE, Detroit Area Chapter, meets at 6 p.m. Thursday, Feb. 25 in Room 2038C, Education and Research Building, Ford Hospital, 2799 Grand Blvd., Detroit.

Speaker for the evening is Diane Varisto, an elementary school science teacher. Her talk is called "Science Education Today — We Do Need Your Help."

The event is free and open to the public.

SATURDAY NIGHT SINGLES meet for a "Farewell February" dance party at 8 p.m. Feb. 27 in Troy Hilton, Stephenson Highway and Maple. Admission is \$4 at the door. Open to all singles over 21.

All club news and announcements for this column are to be addressed to Club Circuit, Farmington Observer, 32003 Grand River, Farmington 48024.

John Liadis

John Liadis was born in Detroit and is a graduate of Wayne State University where he received a bachelor's degree in political science and a master's degree in public administration.

He is president of Nu-Vest Associates, a Southfield-based commercial real estate firm specializing in sales and management of shopping centers and medical buildings. He and his wife, Kathleen, have two children, Stephen and Nicholas.

Serving with Liadis as new council members are Andrew Karay of Farmington Hills, Dr. Peter Manolopoulos of Bloomfield Hills, James Prappas of Southfield and Gus Spanos of Bloomfield Hills.

Remaining members of the council are Tino Boudouris of Southfield, Tim Keros of West Bloomfield and Kostas Voutsinas of Livonia.

The oath of office was administered to the newly elected president and parish council members by the Rev. Stephen J. Anthony, parish priest.

Speaker for the evening is Kathleen McCann, a divorce attorney.

Attendance is free. Registration is not required. For information, call the women's center, 591-6400, Ext. 430.

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Friday, March 4th
10 A.M.-9 P.M.

Saturday, March 5th
10 A.M.-5 P.M.

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Parish elects new council president



John Liadis

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Breaking the cycle

Continued from Page 1

Abraham Low's book "Mental Health Through Will Training" coupled with attendance at Recovery meetings.

"It was the best thing I could have done — for everybody," he said.

WILSON HAS had setbacks since that time, but hasn't been in a hospital for five years and does not take any anti-depression medication.

He is also working, as a substitute teacher, "in the worst of all possible grades for the nervous patient, junior high, and all of those classroom periods have gone well, exceptionally well since I've been back," he said.

And he is also leader for a Recovery group, which meets on Saturday afternoons in a Detroit church.

"We take the day in what we call part acts, maybe only five minutes at a time. It's all based on common sense, doing one thing at a time," he said.

"We learn how to break the cycles of fear, worry and anger. We learn how to get the muscles moving to get out of bed when the fear is so great it's starting to strangle us."

"We forbid talk on sex, religion and politics. We keep reminding ourselves how much we've improved and how much we are improving."

Through all of the worst times and continuing through his recovery Wilson kept a journal that he is now in the process of turning into a book that will be titled "He Gave Himself a Name."

"The title tells the story," he said. "My main character was cut off from so much of his adult life that it won't be until maybe the chapter before the last that he feels enough like a person to give himself a name."

Fly the flag

The Quakerstown Chapter Daughters of the American Revolution urges all Americans to observe American History Month in February by flying our country's flag and by learning the Pledge of Allegiance: "I pledge allegiance to the flag of the United States of America, and to the republic for which it stands, one nation under God, indivisible, with liberty and justice for all."

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Therapy groups to assist grown children of alcoholic parents in managing the unresolved issues that can interfere with current life situations

Couples Groups
Therapy groups for couples, one or both of whom may be suffering with or recovering from the disease of alcoholism

Family Groups
Therapy groups to help individuals examine their reactions and adjustments to living with the disease of chemical dependency

Children's Groups
Therapy groups for children (ages 5-11) of alcohol or chemically dependent parents

For additional information regarding, evaluation, therapy, enrollment and fees, please contact Admissions and Appointments at (313) 764-9190.

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