

Artist shows work in library

Fran Hopkins, a newcomer to Farmington Artists Club, has a collection of her work on display now in Farmington Hills Branch Library, 12 Mile Road east of Farmington Road.

Hopkins said she was always interested in art and spent a lot of time exploring in the Detroit Institute of Arts but always backed off trying her own hand at it.

"I was a writer. I was afraid of getting started in art so I began by reading some self-help books," she said.

Her first attempts with oils and acrylics were realistic, and remained that way until she began taking instructions from Lincoln Lacey, a professor at Schoolcraft College.

"Professor Lacey is constantly expanding my vision, challenging me to combine direct observation with abstract expressions. I love it," she said. "Now I'm using abstract expressions working with color and learning to see color."

Some of the wall space in both the Farmington and Farmington Hills branch libraries is utilized every month to showcase the work of members of Farmington Artists Club. Some of the work is for sale, some not.

Other space is given in both libraries to display work of the club members that can be rented on a monthly basis, or purchased.

The one woman show on exhibit in Farmington Hills Branch Library for the month of March is the work of Monica Leaning. It consists entirely of miniatures done in oil.

While these two exhibits remain on display, Farmington Artists Club members are preparing for their annual spring show and sale. The event this year will run Friday through Sunday, April 28 to May 1 in Mercy Center.

The show always contains 100 juried art works, another 100 unjuried pieces, and a budget gallery of unframed pieces. Admission is free and refreshments are complimentary.



The acrylic paintings, "Mums," above and "Birthday" below, are the work of Fran Hopkins.



Friends Ball

Barbara Rydosky (at left) Sharon Otiewski and James McLaughlin go over the invitation list for the Friends Ball, Saturday, March 26, in Fairlane Manor, when Providence Hospital Foundation honors long-term members of the medical staff and members of Our Lady of Providence League, its volunteer support group. McLaughlin is a resident of Farmington and director of special events for the foundation.



Weight management course for teens set

A weight management program designed exclusively for people ages 12-20 will be introduced in the Detroit metropolitan area in early March. The 12-week session in Farmington begins at 5:30 p.m. Tuesday, March 15, in Adult-Youth Services. Inquiries are taken by Jan Bagchi, 855-7116.

The program, called Shapedown, was developed at the School of Medi-

cine, University of California, San Francisco. It integrates the latest findings about diet, exercise, obesity, adolescence and the family.

Shapedown is taught by interdisciplinary teams of health professionals. A physician, dietitian, mental health professional and exercise specialist are involved. All instructors have received technical and applied training in adolescent medicine and obesity.

Twenty to 25 percent of today's teens are overweight, according to Bagchi, program director of Shapedown. Fifty to 95 percent of overweight teenagers will be overweight adults. Shapedown addresses all the factors that contribute to the problem and promotes changes in exercise and food habits, self-esteem and weight. No aggressive or potentially harmful techniques, such as low calorie or restrictive diets, are used. The emphasis is on producing changes now that can be sustained in the long run.

Quilts shown

Quilts are an important and colorful part of American textile and social history. Earliest known American examples date from 1650. Quilting was an integral part of a woman's life, both as a domestic art and a reason for social gathering.

The special gift exhibit in Plymouth Historical Museum features 40 quilts dating from 1841 to 1930. Various patterns include pieced antique quilts, appliqued Kentucky Rose and morning glory patterns, as well as very old mosaic patterns quilted round paper.

The Plymouth Historical Museum, 155 S. Main St. is open to the public 1-4 p.m. Thursday, Saturday and Sunday. Admission is \$1 for adults, 50 cents for youth and 25 cents for children.

Benefit set for ballet

"A Day at the Races" is planned to benefit Michigan Ballet Theatre. The event begins with dinner at 4:30 p.m. Sunday, March 20, in Northville Downs Raceway.

MR. AND MRS. GARY HAENSHEID of Suttons Bay, Mich. announce the birth of their son, Ryan Coleman, born Nov. 11, 1987.

The infant's grandparents are Merle and Pat Haensheid of Farmington Hills.

MR. AND MRS. SCOTT HAENSHEID of Farmington Hills announce the birth of their daughter, Allison Marie, born Feb. 10.

She is the granddaughter of Connie and Pat Manley and Merle and Pat Haensheid, all of Farmington Hills.

DAR honors great leaders

Alexander Hamilton, a New York lawyer, was the first Secretary of the Treasury for President George Washington under the new constitution.

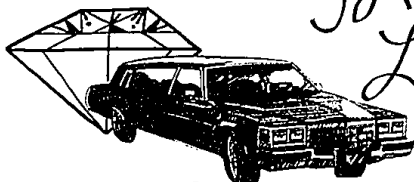
Tickets, at \$25 each, include park entrance, buffet and souvenir program. Reservations are taken by calling the dance academy at 669-9444.

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