

The YMCA strengthens more than muscles.

At the Y you can swim, run, play racquetball, work out with weights, take saunas and whirlpools, stretch, dance, enjoy exercise classes, and all kinds of other exciting physical activities for the whole family.

YMCA
Don't put it off.



So don't let procrastination weigh you down this Spring. Get more out of Life by getting involved in a YMCA activity. New classes begin in Mid-April.

OPEN HOUSE

APRIL 16, 1988 — 11:00 A.M. TO 2:00 P.M.

MEMBERSHIP CAMPAIGN APRIL 16 THROUGH APRIL 30

— Affordable Rates —
Call the YMCA nearest you

Farmington Area YMCA
28100 Farmington Road
553-4020

Livonia Family YMCA
14255 Stark Road
261-2161

Wayne-Westland YMCA
827 S. Wayne Road
721-7044

Financial Assistance Available. Contact the Executive Director.