

## Hills hosts vehicle extrication seminar

Farmington Hills Fire Department hosted the Oakland Fire Training Institute vehicle extrication seminar April 22.

The instructors, Lt. Tom Fitzpatrick and John Vignano, both New York City firefighters, conducted the eight-hour seminar. The course included four hours of instruction in the morning and four hours of practical experience in the afternoon.

Thirty-seven firefighters participated, representing 15 fire departments from southeast Michigan.

"This is one of many ongoing programs, offered by the newly formed Oakland Fire Training Institute, that's geared to providing training to area fire departments," said program coordinator Deborah Rietzer-Wagner.

The institute is based in Southfield.



Firefighters hone their skills with a Hurst "Jaws of Life," an extrication tool used to free people trapped in wrecked vehicles.

PETER BALDWIN

## YMCA highlights

These YMCA highlights appear courtesy of the Farmington YMCA, 28100 Farmington Road, Farmington Hills. For information, call 553-4020.

**HEALTH SCREENING** — The YMCA goal is to enhance the health of the community around them. To help you better understand your health and current fitness level, the YMCA provides you with a fitness screening. You will learn your ideal body weight, blood cholesterol level, resting blood pressure, resting heart rate and the heart rate at which you should strive for during exercise. This will take only 20 minutes. This is available Saturday, May 14, 8-10 a.m. Call the Y for more information, 553-4020.

**SLEEPOVER** — Come to the YMCA for a sleepover filled with fun and games. Swimming, games, in the gym, movies and a pizza party are all part of the evening activities. The fun begins at 8 p.m. Saturday, June 4, and concludes the next morning.

ing at 8:30 a.m. Bring your pajamas, sleeping bag, pillow, swimsuit and towel. Registration ends on June 2.

**GOLF CLASSIC** — The Farmington YMCA will be hosting a golf outing for men and women on Friday, May 20. All proceeds go to the Farmington YMCA Capital Fund. The event is being sponsored by Tom Holtzer Ford. Call the Y at 553-4020 for more information or to reserve a spot for your foursome.

**SKIN CANCER** — The Farmington YMCA will be sponsoring a Skin Cancer Detection Clinic from 9 a.m. to 3 p.m. Wednesday, May 25. The clinic is free with no obligations. Call the Y at 553-4020 to set up an appointment.

**SUMMER CAMPS** — The

YMCA will be offering its summer camps for children of various ages. Registration is in progress and continues throughout the summer.

Camping programs include resident camps, Nissokone for boys and girls 10 through 15 and Camp Oblyssa for boys and girls 7 through 10.

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## Canadian travel is focus of Hills AAA activities

Canadian travel via train, bus, recreational vehicle and plane will be highlighted during "Canada Week," which ends Friday, at the Farmington Hills AAA Travel Agency, 33153 12 Mile.

"Travelers considering a Canadian trip can view videos and receive information, brochures and prices on accommodations, world-famous attractions, entertainment and tours during our week-long program from 9 a.m. to 6 p.m. daily," said Diane Willard, AAA Travel Agency director.

"From the breathtaking beauty of Niagara Falls — which attracts 15 million visitors annually — to such

historic cities as Quebec and Montreal, Canada offers a trip to suit everyone's taste and travel budget," she said.

Among the Canadian tours offered through the AAA Travel Agency this year are:

- A nine-day bus "Heart of the Canadian Rockies," including a 178-mile Globus Gateway tour through a panorama of peaks and glaciers, stays in Victoria and Vancouver. Trips depart twice weekly May 14 through Sept. 24.

- A three-day bus trip to Niagara's Shaw Festival, Sept. 7-9.

- A six-day "Canadian Fly-In Fishing" trip for trophy walleye and northern pike May-September.

## Mercy Health picks new chief

Dennis Renander was named president and chief executive officer of Mercy Health Services North, effective June 6.

Mercy Health Services North comprises Mercy Hospital, Cadillac, and Mercy Hospital, Grayling.

Renander is the former administrator of Cass County Memorial Hospital, a 100-bed acute care hospital in Atlantic, Iowa. He has held prior positions as assistant administrator and administrative director of the

laboratory at the same facility, said Sister Mary Corita Heid, president of the Farmington Hills-based Sisters of Mercy Health Corp.

A native of Essex, Iowa, Renander received his bachelor's degree in medical technology from the University of Nebraska, a master's degree in health care management from Central Michigan University and completed a three-year program in health care administration through the University of Minnesota.

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