

Creative Living

Marie McGee editor/591-2300



Monday, June 27, 1988 O&E

(C11E)



designing
ways
Eve
Garvin

YOUR WHOLE color scheme may evolve from the pattern of a fabric or a wallpaper you fall in love with. Two or three appealing prints may suggest two or three entirely different color schemes.

Or you might begin at the end, with the mental image of a particular color range, and search until find a pattern you like within it.

The size of the room and the furniture shape your formal choice. Scale and mood are almost as important as the color.

Great bold prints can overpower a small room, but can be strikingly beautiful in a large one. Of course, you can't get into too much trouble going for patterns that are small, but the effect will be extremely dull.

For scale's sake, you should, before your final selection, see a sample length in the room and on the furniture it will be used to cover. When you have narrowed the field down to two or three alternative color schemes, spreading them out on the furniture makes your decision almost obvious.

THERE IS no established formula or rule of thumb for mixing patterns, stripes, mini prints and solid colors. I enjoy seeing the same print repeated again and again — walls, upholstery and draperies.

In using a print on upholstery, i.e. chintz, I would use it again on the windows and another upholstered chair. From there, a stripe, check, plaid or mini print for your smaller pieces, solid for your larger scale.

Variety of texture makes a tremendous difference in the total effect of decorating scheme. The effect of texture is subtle.

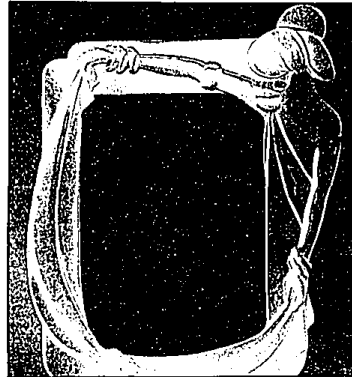
Try to picture this

WHAT TO do with all those wedding and graduation pictures; those wonderful snaps of glorious vacation days; the photo of the new baby in the family; or treasures rescued from old family albums?

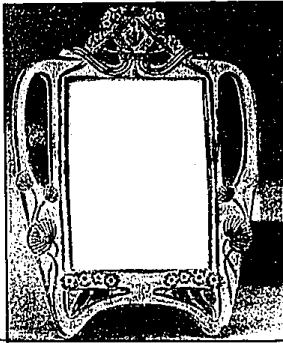
The answer is to group them all together on a cloth-draped table near the sofa or in the bedroom. Of course, photographs are also nice grouped on top of the grand piano, matching the subject to the frame. Or, showcase them throughout the house in frames to match the interior styles of your rooms.

It's the latest decorating trend, and the more frames you have, the better the look. Here are some ideas, but as one shop has commercially already determined — frames are unlimited.

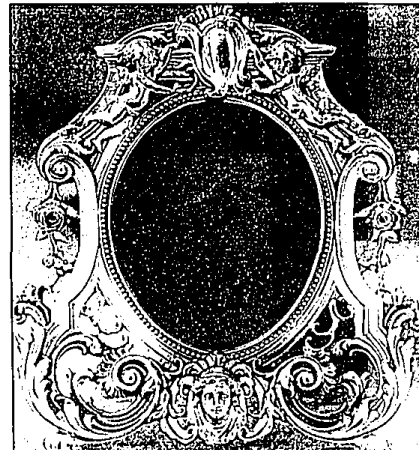
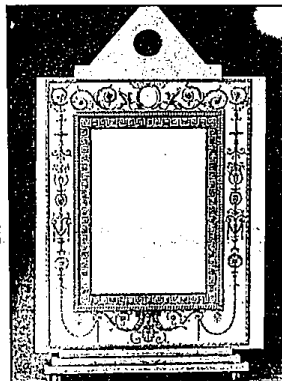
Staff photos by
Dan Dean



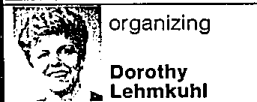
Fine powder is perfect for people whose frame of mind is effortless elegance. A 1920s flapper in a wide-brimmed cloche hat drapes an Iandora Duncan-style scarf to frame a 3-by-4½-inch picture. \$35. Lois Wright Inc., Birmingham.



Antique buffa will feel right at home peering from this metal frame that looks like etched bronze. \$35. Jacobson stores. Architecture inspired this contemporary frame holder (right). Two pieces of glass support a pediment top and slotted bottom, offering double-sided viewing. Holds 8-by-10 photographs. \$34. Detroit Institute of Arts, Museum Shop.



Romantic outwork easel frame would be striking on the piano or wherever traditional accents seem at home. \$143. Curiously Shoppe, Franklin.



organizing
Dorothy
Lehmkuhl

Q. I can't afford central air and about die when it gets so hot. Is there a way to organize for heat waves?

A. Yes. It's important to plan ahead for heat — otherwise, you won't have what you need when you need it. Since I'm originally from the Southwest, I've dealt with extreme heat and will share some of the little things that help me:

First, don't plan to accomplish as much on oppressive days. People in the tropics take afternoon "siestas" for a reason — it's too darned hot to work.

Remember that heat rises and cool air descends. Do heavy physical activity or work in higher areas early while it's still cooler and, if possible, "hide out" on a shady patio or in a basement to do quieter tasks later in the day. If your basement is dank, invest in a dehumidifier and "mildew stop" packets (from the hardware store) to enhance the atmosphere.

RETAIN MIDDAY temperatures some 15 degrees cooler by closing things down early and keeping hot air out.

Using the "cool and dark" method, shut tight all doors, windows, shades and curtains by around 7 or 8 a.m., leaving a few windows on the shady side slightly open for ventilation. Then throw open your windows at night to cool off for the next day. (A simple guide is to close doors and windows when inside air is cooler, open when outside air is cooler.) Keep off all lights, ovens or other heat-producing elements.

Window air conditioning units can be lifesavers. Keep fans running, moving air has a cooling effect. Try installing a ceiling fan in your office or living area.

An attic fan in an upper/central hallway will make sleeping cooler by drawing hot air up and out through the roof and bringing cooler night air in through the windows. Also, it may be cooler to sleep down on the floor than up on the bed or with your head to the foot of the bed for better cross-ventilation.

KEEP BODY heat down by wearing light-colored, loose-fitting clothing made of cotton, not polyester. Dark colors attract heat. Wear a brimmed straw hat to escape the sun's rays, yet allow heat to escape up through the hat.

Since calories heat the body, eat light, cool foods like fruits and veggies that need no cooking, and drink plenty of water — not alcohol. Curtail physical activity. If you lack a pool, several cool baths or showers followed by body or baby powder will keep you more comfortable.

Do your driving early or late and spend the day's peak heat in treed parks or air conditioned offices, movies, malls, libraries, etc. Park in the shade when possible, leaving windows slightly open. Protect your front car seat and steering wheel with paper shades.

On your return, open doors wide to air out the vehicle and stand back to avoid that first blast of heat before getting in. Never leave a child or pet alone in the car — it could kill them.

If you are repeatedly caught being miserable, plan ahead. Plant fast growing shade trees on the south side of your building. Invest in the right clothes, room darkening shades, fans, or other equipment that can keep you cooler. Better yet, go jump in the lake.

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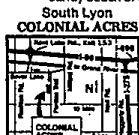
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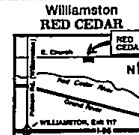
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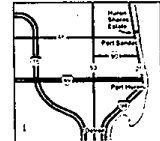
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