

Middle-aged look at fun of elderly

Dear Joe:
Have you ever seen or heard the poem, "When I Am An Old Woman I Shall Wear Purple"? I heard it on the radio a few weeks ago and found it amusing -- I'm sure your readers would, too. If you can find it, could you print it? It is an interesting look at aging by a middle-aged woman.

Mrs. K.S.,
Another middle-aged woman

I guess middle-aged woman is my "category" too. Right now, it's rather a nice place to be!

I had some difficulty finding the poem. I had read it a few years ago in a newspaper and neglected to clip it for my files. Nevertheless, I found it in a book, "When I Am An Old Woman I Shall Wear Purple: An Anthology of Short Stories and Poetry."

It's edited by Sandra Martz and published by Paper-Mache Press, Manhattan Beach, Calif. (1988). So here's the poem titled "Warning," written by Jenny Joseph:

When I am an old woman I shall wear purple
With a red hat which doesn't go, and doesn't suit me.
And I shall spend my pension on brandy and summer gloves
And satin sandals, and say I have no money for butter.
I shall sit down on the pavement when I'm tired
And gobble up samples in shops and press alarm bells
And run my stick along public railings
And make up for the sobriety of my youth.

Sex addicts often abused as children

AP — A high percentage of sexually addicted adults surveyed in a recent study said they were abused as children, and a researcher in compulsive sexual behavior says addicts often put themselves at risk.

Patrik Carnes, a senior fellow at the Institute for Behavioral Medicine in Golden Valley, delivered some of the preliminary results of a two-year study of 350 sexual addiction patients to the National Conference on Sexual Compulsivity-Addiction, held at the University of Minnesota.

Carnes' study found 83 percent of the respondents had been sexually abused as children. 72 percent physically abused and 97 percent emotionally battered.

Carnes' study also found that 17 percent of the respondents have attempted suicide, and 62 percent say they don't use safe sex precautions despite being aware of the dangers of AIDS, Carnes said.

"We are talking about an illness that kills people in many ways," Carnes said. "But when you combine it with what we know about AIDS, it becomes a very important problem."

The Golden Valley Institute claims to have been the first in-patient treatment center for sexual addiction in the country. The study is the first time many aspects of the problem have been measured statistically, Carnes said.

ABOUT 80 percent of sexual addicts are men, but women may report it less because often they are not believed or they are victimized by mental health professionals to whom they've turned for help, Carnes said.

EXPERTS IN the field say sexual addicts exhibit addition-like behavior toward sex that is better compared to eating disorders than drug addiction. But many addicts describe sex as a "fix" when they are depressed, fearful or lonely.

gerontology

A. Jolayne Farrell

I shall go out in my slippers in the rain
And pick flowers from other people's gardens
And learn to spit.
You can wear terrible shirts and grow more fat
And eat three pounds of sausages at a go
Or only bread and pickle for a week
And hoard pens and pencils and beermats and things in boxes.
But now we must have clothes that keep us dry
And pay our rent and not swear in the street
And set a good example for the children
We must have friends to dinner and read the papers.
So people who know me are not too shocked and surprised
When suddenly I am old, and start to wear purple.

Readers can write to Jolayne Farrell at 11 Cynthia Crescent, Richmond Hill, Ontario L4E 1J3.

CFS are threat to ozone layer

Q. What are chlorofluorocarbons and how do they affect the ozone layer?

A. For the past 15 years, chlorofluorocarbons, CFCs, and some related other chemicals have been at the center of the debate over the causes of ozone depletion.

New scientific findings indicate that CFCs pose more threat to human and environmental health than previously thought. The findings have reopened this debate and resulted in several dozen nations agreeing to cut production and use of CFCs.

CFCs, discovered around 1930, are a group of chemicals that contain varying numbers of chlorine, fluorine, carbon and sometimes bromine atoms.

BECAUSE CFCs do not react with other chemicals, they are essentially non-toxic, non-caustic, non-corrosive and non-flammable. For this reason, they appear safe for a variety of purposes and are found everywhere. CFCs are what keep refrigerators cool. They air-condition our homes, schools, cars and offices. They are used to make the plastic insulation foam that increases energy efficiency, the containers that keep hot foods hot and cold foods cold and the material that makes furniture cushioned springs.

CFCs are used as a solvent to clean computer chips and circuit boards and other electronic products.

CFCs are used to sterilize some medical equipment.

WHAT MAKES CFCs so useful is also the problem: their chemical stability.

Once released into the air, whether through an aerosol spray can (banned in the U.S. but not most other countries), a leaky air conditioner or a food container that has begun to decompose, CFCs do not break down. They may last 10 years or more.

These released CFCs rise slowly into the upper atmosphere. Here they are bombarded by the sun's ultraviolet radiation, which contains enough energy to break down even the most stable compounds.

As the CFCs break down, the freed chlorine atoms re-form into new

chemical compounds that react with the ozone. This reaction causes the depletion of the ozone layer.

The ozone layer absorbs the harmful ultraviolet radiation and protects all living things. An increase in the amount of radiation reaching the earth's surface can cause an increase in the occurrence of human skin cancer and a reduction in the production of some food crops.

THE FDA BANNED the use of CFCs in aerosol cans beginning in 1978.

However, because most CFC-containing products are not regulated by the FDA, the total CFC production worldwide now exceeds the 1978 levels.

The current agreement to reduce CFC levels calls for a freeze of CFC use at 1986 levels and to cut it by 50 percent in two stages by 1993.

Two solutions to the CFC problem are to find ways to use CFCs more efficiently and to use CFCs that break down faster chemically so they are less likely to damage the ozone.



Terry Gibb

ANTIQUES AND FINE ARTS HIGHLIGHT STALKER SEPTEMBER 29 AUCTION

Stalker Gallery's September auction will include eight paintings and drawings by Edmund Osthaus along with works by Frederick Mac Namara Evans, Henry T. Harvey, Albert Hertel, Charles Norton, William H. Scott and Henry H. Vickers, etc. and etchings by Rembrandt and Dali.

Fine furniture includes an inlaid center table by L. Marjorelle, buried wood art nouveau bedroom suite, art, fine and unusual Victorian carved wood sideboard, black lacquer breakfast, etc.

Art nouveau sterling silver tea service, art nouveau continental silver bowl from the Andy Warhol collection, Chinese and Japanese porcelain, pair Baccarat crystal candelabra, art glass by Galie, DeGue, Loetz and LeVerre Francois, African art, oriental carpets and 19th c. decorative arts.

EXHIBITION: Tuesday, September 27, noon until 8 p.m.
Wednesday, September 28, noon until 8 p.m.
Thursday, September 29, 10 a.m. to 2 p.m.
AUCTION: THURSDAY, SEPTEMBER 29, 1988, 7:00 P.M.

Stalker Gallery, Inc.
APPRAISERS • AUCTIONEERS
2975 W. Maple Road, Troy, Michigan 48064 • (313) 288-3820

SALE STARTS SEPTEMBER 7

Sale

30 to 60% OFF
All Wallcoverings

25% OFF
All Fabrics

60% OFF Kirsch
Mini & Micro Mini
Aluminum Blinds

55% OFF All Other
Kirsch Blinds

Stop in and have a cup of coffee. Let our talented staff help give your home that special look and feeling that only wallpaper can.

Ash
Showroom

2374 Franklin Road
Bloomfield Hills
858-7010

Hours: 9-5 p.m. Mon. thru Fri. - 10-4 p.m. Sat. Visa/MC

We'll take your two-car discount one step further.

Save on auto insurance with Prudential's extra 5%-10% discount.

Most companies will give you a discount for insuring two cars. But Prudential goes above and beyond and takes the two-car discount one step further. If you have a safe driving record and select adequate liability coverage, our auto insurance plan can save you an **additional 5%-10% off** our already low two-car rates.

discount on auto insurance. There's no obligation. Simply mail the coupon today or call 1-800-422-9001 ext. 304D

FREE INFORMATION
1-800-422-9001 ext. 304D
Or mail to: The Prudential
P.O. Box 5222
Clifton, NJ 07015

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone () _____ best time to call _____ am/pm

The Prudential
ABOVE AND BEYOND™

Mail or call for free information

Find out how you can review the coverage you now have and save money with Prudential's extra

DOLLHOUSES TO DREAM HOUSES
Kits & Assembled Models
\$29.95 & Up
START NOW FOR THE HOLIDAYS

• Miniature Furniture & Accessories
• Building Supplies

The Doll Hospital & Toy Soldier Shop
1942 W. 12 Mile • Detroit • 48215
Mon-Sat 10-5, Tu & Fr 10-7

Children's Dentistry Doesn't Have To Be Expensive

Specialized Dental Care Starts Now

INTRODUCTORY SPECIAL

\$8

CALL 528-2330 Troy
855-6613 West Bloomfield
For Your Appointment TODAY

Monday Only!

12 HOUR SALE!

YEAR

\$88

NON-RENEWABLE

Call NOW!

OFFERED AT ALL LOCATIONS:

WOMEN:

- SPA • SPORTS CLASS
- SEPARATE EXERCISE FACILITIES
- PARABOLIC WEIGHT EQUIP
- CYCLING WEIGHT ROOM
- PARABOLIC SHOWER & LOCKERS
- WOMEN'S WEIGHT ROOM & BATHS
- EXERCISE POOL
- NUTRITIONAL GUIDANCE
- CERTIFIED INSTRUCTORS

NEW:

- PARABOLIC WEIGHT EQUIP
- PRIVATE SHOWERS & LOCKERS
- SEPARATE EXERCISE FACILITIES
- METRIC WEIGHT ROOM & BATHS
- CYCLING WEIGHT ROOM
- PRIVATE DRESSING ROOMS & BATHS
- NUTRITIONAL GUIDANCE
- CERTIFIED INSTRUCTORS

• FACILITIES VARY BY LOCATION

PORTAC North Oaks Shopping Ctr. 2430 Elizabeth Lake Rd. 681-5010	ANN ARBOR Arlow Shopping Center 3515 Waverline 973-2186	TROY 3645 Rochester Road 524-2882	ROSELAND 23211 Grand 778-4022
WARREN 28200 Dearborn 573-9340	NEW ROSELAND 20781 13 Mile 294-6700	LYONIA 18000 Shadeland 261-1940	DEARBORN 22016 Michigan Ave. 277-4000
SOUTHGATE 18785 Euclid Road 388-6181	OAK PARK Green Pointe Bldg 2500 Green 347-9000	FLINT 2840 E. Court Hwy 745-3889	FARMINGTON HILLS Orchard 12 Shopping Center 27873 Orchard Lake Rd. 325-3600