

Side effects harmful to man and beast

plans for me.



fitness
Barry Franklin

THE REVELATION that Ben Johnson, Canada's Olympic gold medal winner, had used anabolic steroids was not really surprising to me. I had never seen a sprinter with such tremendous upper body development. His torso looked as if it

There are also well-substantiated reports that steroid users in their 30s — otherwise healthy men in the prime of their life — have died of

Barry A. Franklin is director of cardiac rehabilitation and exercise laboratories, William Beaumont Hospital, Royal Oak, and associate professor of physiology, Wayne State University, School of Medicine.



Luxury Abounds

The elegance of simplicity, the richness of wool are the elements of this season's softer, more feminine suits and tailored separates. Featured is a wool/cashmere cardigan jacket, \$355, skirt, \$155.

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1110 John and Ed about 8:30 pm. Back to the water table.

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