

Students celebrated Red Wing Day Nov. 2

Students at the Farmington Training Center celebrated Red Wing Day Nov. 2 — even without an expected visit by Detroit Red Wings player John Chabot.

Chabot was scheduled to appear at the school in downtown Farmington before being sent to the minors two days earlier.

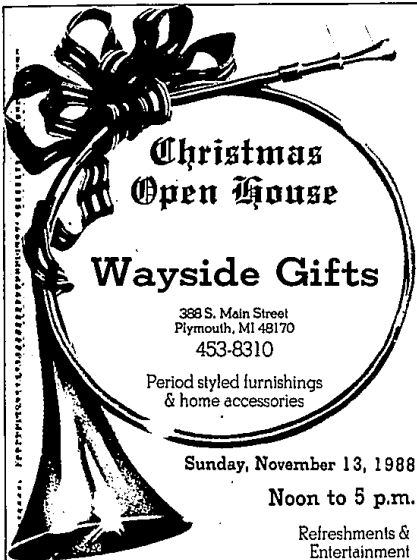
But students chose to celebrate anyway, according to teacher consultant Karen Gaskill.

"They made the best of it. Our students are really involved with sports," she said. "It's something they can relate to."

Enthusiasm and red shirts abounded in the school's gym, where students celebrated their special day.

They participated in games and competition, including around-the-goal shoot-out, hockey shoot relay and a puck-drop competition.

The Red Wings provided pucks, hockey sticks, mugs, buttons and photos of Chabot as prizes for the day.



Christmas Open House

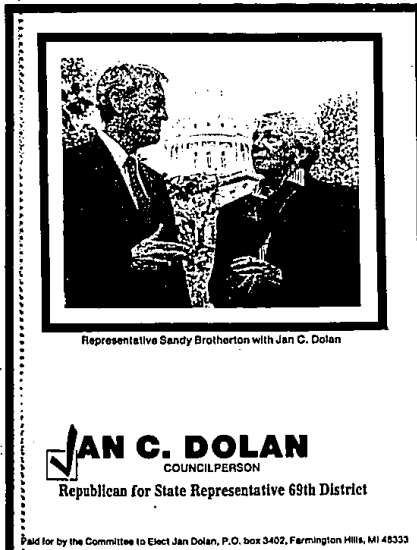
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School grounds concerns PTA

Members of the PTA Council of Farmington say they are concerned about the appearance of Farmington school grounds. They have recommended the district use outside services to improve the situation.

"The parents are concerned about upkeep of the grounds at our buildings," explained school board trustee Janice Roitnick, who is the board's representative to the PTA council.

"They feel people are not doing an adequate job, that the equipment is not adequate."

According to observations by PTA members, district maintenance employees are using large lawn mowers that cannot handle the detail work around flower beds and other decorative areas.

District architect Ron Aten called the suggestion a "very good" one. He added that the district has "limited manpower" to handle flower beds and other beautification being done by the PTAs and other groups. "That just requires more maintenance," he said.

"It's a concern that I have," Aten added. "Around the building, we need some help."

If the district uses an outside service, they should take care to contain costs, warned trustee Susan Remmel.

"We need a very flexible contract," she said. "I would not want to see us get into a contract where they show up rain or shine."

Court and Hills list Veteran's Day hours

Farmington Hills City Hall and the 47th District Court in Farmington will be closed Friday, Nov. 11 in observance of Veteran's Day. Some banks also may be closed to call ahead.

Trash collection in Farmington Hills will not be affected.

Farmington City Hall, the Farmington Community Library, the Farmington-Farmington Hills Chamber of Commerce and the Farmington Observer will be open as usual.

The U.S. Postal Service will operate on a holiday schedule. There will be no regular residential or business mail delivery. Special delivery, Express Mail and Post Office Box service will be provided.

Limited caller service will be available for customers who regularly pick up their mail at either the Farmington Hills Post Office, 33100 Slocum, or the Farmington Hills Post Office, 32455 12 Mile.

Farmington changes its policy on banners

Companies wishing to sponsor seasonal banners in downtown Farmington will pay a flat fee of \$2,700. The fee will include all costs for the banners and installation.

The Downtown Development Authority agreed on the new policy Nov. 1 — part of the DDA's effort to make the banner program self-sustaining.

Typically, a sponsoring company's name has been printed at the bottom of the banners, which grace downtown streets for each season. The banners could potentially be reused during the next several years, according to DDA executive director Wendy Strip Sittsamer.

New learning center opens

Kitty Wehrli of Learning for Everyone Inc., Southfield, has announced the grand opening of a new Wehrli Performance Training Center at 28423 Orchard Lake Road, Suite 200, Farmington Hills.

This learning approach helps students develop a positive feeling toward learning. The new center brings the number of centers in southeast Michigan to 10; others are across the country.

The directors, all certified teachers, using standardized tests place students in a non-threatening program that leads to better performance skills such as listening, comprehension, direction following and problem solving.

The centers, open following school hours, use a second approach to school, thereby avoiding a continuation of more school. Wehrli said. For more information, call 489-8480.

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The leg muscles "speak out" by way of night cramps. The cramps occur because of exaggerated contraction of the muscle to a normal motion such as bringing up your knee or rolling over your leg. Extreme fatigue brought on by the day's stress causes the muscle to lose its ability to control the amount of contraction required for the body movement undertaken.

The result is intense and prolonged muscle contraction, the leg cramp, with attendant severe muscle pain.

Taking additional medicine for the cramps of arthritis is expensive and useless; moist heat is the best immediate treatment. Long term therapy depends on control of the underlying arthritic condition.



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