Why older ladies hide their ages

Dear Jo:
My grandmother won't tell us her age. She'll just say she is an octo-genarian. Exactly what does she mean? And why do older people, particularly women, make such a big "thing" about keeping their age a secret?

Miss E.A.

Miss E.A. Curious Grandchild

Dear Miss A.:

Curious Grandchild
Dear Miss A:
Disclosing a woman's age, back
when your grandmother was a
"girl," was considered improper.
"They" (whoever "they" were) used
to say, "if a woman will tell you they age
— she'll tell you anything," So I
guess that's still her way of dealing
with the subject to this day.

By saying she is an octogenarian
she is letting you know that she is
between the ages of 80 and 89. This
is just one of the five aging
subgroups — those between the ages
of 70 and 79 are referred to as septiagenarians, those between 50 and 93
are nonagenirans those between
100 or 109 are centearians and
the subgroups in the subject of the subgroups
are nonagenirans those between
to all in a subject of the subject of

I agree with you, I don't see what the big secret is either. Frankly, on some trying days, my age is the only thing I know for sure!

Dear Jo:
I would like to add to your column
on prevention and early diagnosts of
akin cancer. This cancer, as you staid,
can concur on any part of the skin, so
it is important that any changes in a
mole, etc. be reported to one's doctor

It is important that any changes in a mole, etc. be reported to one's doctor at once.

One place that is almost impossible to see is the top of the bead. My mother has had three melanomas taken off the top of her head in the limit there years. She feels they reagon to the seed of the top of her head in the limit there years. She feels they reagon without wearing a hat. She only wor a little eye shade on-band—which gave her no protection at all. Her latest melanoma produced a growth of brown halt. She attributed the growth of brown halt. She attributed the growth of half to the vitamin B that she was taking. Neither of her halfdressers floob here and in Florida) alerted her to the problem, and it wasn't until her annual visit to her doctor that the growth was detected. Fortunately the melanoma was removed before it was too late.

Mrs. H.,

Michigan reader

gerontology

Farrell

Dear Mrs. H.:

Thank you for your letter. It is unfortunate that your mother's melanoma went undetected for so long. Observations and reporting of scalp conditions are included in the curriculums of all reputable hair-dressing schools.

Your letter reinforces the fact that the sun is the skin's worst enemy. One out of every seven North Americans will develop skin cancer in his or her illettime — a shame when it can be prevented.

How to order Buckman book

Michigan readers have been unable to locate a book mentioned in Jolayne Farrell's Oct. 20 column — "I Don't Know What to Say" by Dr. Robert Buckman, a cancer specialist. It's a guide to conversing with the duing. the dying.

The University of Toronto book store will take telephone orders with credit cards. Call the university at 1-416-978-2011 and ask for the book

Growing threat: plastic trash

Second of three parts about plastics and their effect on our

environment.

The current plastics proliferation is having a dual impact on our environment.

First, many of the chemicals used in the manufacture and processing of plastics are highly toxic (poisonous). This results in hazardous wastes, toxic emissions and discharges of toxic chemicals into nearby waterways.

Second, at the end of the lifetime for this throw-away plastic packag-ing and products, these materials be-come "post-consumer" trash ending up along the roads as litter or con-tributing to our overflowing solid waste landfills.

AS CONSUMERS, we don't think of plastics as toxic simply because by the time they reach us — they're not.

not.

However, the ingredients in plas-tics production have dangerous prop-erties to those who work in plastics factories or those who live near a plastics factory.

In 1986, 20 chemicals were cited by the EPA for having generated the

most hazardous waste. Five of the top aix chemicals are commonly used in plastics production. They are: propylene (no. 1 on the EPA list), phenol (no. 3), ethylene (no. 4), polystyrene (no. 5), and benezene (no.

6).

In addition, a 1983 scientific review reported that people living within 26 miles of a PVC plant have more risk of cancer due to vinyl chloride emissions, a known carcinogen, than does the general population.

gen, than does the general popula-tion.

In the post-production period, plastics continue to pollute through litter and solid waste disposal.

A 1986 LITTER survey performed by the Michigan Department of Transportation revealed that plastic containers had increased 32 percent over the amount counted in 1980.

MDOT also reported that Stryo-foam containers were the most fre-quent item littered along roadways. Litter is only a small part of the post-consumer pollution, however. Our rapidly filling landfills are where plastics have their greatest inmact.

Terry

A recent study commissioned by the EPA found that plastics account-ed for 9.6 million tons or 7.2 percent by weight of our municipal solid waste. Over half of this, 5 million tons, was plastic packaging.

tons, was plastic packaging.

THE 7.2 PERCENT by weight figure at first seems like a small percentage of the total solid waste. In fact, the plastics industry quotes that figure to show 'how small' the plastics actually problem is.

However, because plastics are so lightweight, it is estimated that plastics actually make up 25-32 percent of all plastics are landfilled. Within the next few years, that will change because usable landfill space will be filled. There are three latendards will be filled. There are three large malves to landfilling plastics ource reduction, recycling or incineration.

NEXT WEEK. The alternative

NEXT WEEK: The alternative disposal methods for plastics.

The Consumer Mailbag an-

The Consumer Mathag an-swers your questions. Address mail to The Consumer Mailbag, Concern Detroit, I Kennedy Square, 4th Floor, Detroit 48226.

Court trains volunteers

Oakland Probate Court will hold training and orientation sessions for volunteers who work with children age 6-16. Times are 7-9 p.m. Mondays, Nov.

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the

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bate Court conference room on the second floor of the Oakland County Courthouse, 1200 N. Telegraph, Pontiac. Kevin Threatt, volunteer coordinator; can be contacted during business hours at 553-0041 for information on the program.





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